

ASSEMBLY INSTRUCTIONS

ALL ACCESS CABLE STATION

WARNING !

Important safety instructions for using Equipment

There is a risk assumed by the individuals who use this type of equipment. To minimize risk, you must follow these precautions:

1. **READ ALL INSTRUCTIONS AND WARNING LABELS COMPLETELY PRIOR TO ANY USE OR ASSEMBLY.** Failure to read and follow the safety instructions and warnings within the Assembly and Maintenance Guide may result in possible serious injury or death. Use this product only for the intended uses described in the Assembly and Maintenance Guide and exercise booklet. **DO NOT** modify equipment in anyway. **Any use other than as intended or modification of product will void any and all product warranties.**
2. Consult your physician before starting any exercise program. Warm up properly before engaging in resistance training. Stop exercising and consult a physician immediately if you experience dizziness, nausea, faintness, chest pain, shortness of breath or any other abnormal symptoms during use of this equipment.
3. Certain exercise equipment and/or equipment may not be suitable or appropriate for pregnant women, people with heart conditions, balance impairment or other pre-existing health problems. Persons with disabilities should consult a physician and obtain medical approval prior to using this product and should only use this product under close supervision. **Failure to comply with these instructions will void any and all product warranties.**
4. Carefully inspect equipment before each use. Replace all parts at the first sign of wear or damage. Tighten all loose connections. Pay special attention to cable ends and connections. Do not disassemble, remove any parts or components or otherwise attempt to repair this product. **DO NOT** use product if product appears damaged. **DO NOT** attempt to fix a broken or jammed machine, obtain assistance from your authorized Torque Fitness Dealer. **Failure to comply with these instructions will void any and all product warranties.**
5. Keep body and clothing clear of all moving parts. Wear comfortable clothing which does not impair freedom of movement. Do not wear clothing which is too loose and could get caught in moving parts.
6. Make sure all adjustment spring pins are fully engaged after making an adjustment and before using the product.
7. Make sure weight stack selector pin is completely inserted into the weight stack before beginning any exercise.
8. Children and pets must not be allowed near this machine. Supervise teenagers. This product is not a toy. Owner must notify any user of all warnings and proper use of equipment.
9. This product is designed for Class S, Studio or Commercial indoor use only. Unless directly specified, the maximum user weight is 300 lb (136 kg). If unsure of proper use of this product, contact Torque Fitness Customer service at: **763-754-7533** (8:30 am - 5:00 pm CST) or email **service@torquefitness.com**

Important Safety Instructions for Assembling Equipment

1. **Assistance is required. Torque Fitness recommends using more than one person to assemble this equipment.**
2. This product must be assembled on a flat, level surface to assure its proper function. Locate the unit a few inches from walls or furniture to allow easy access during assembly and use.
3. Read each numbered step in Assembly and Maintenance Guide and follow the steps in sequence. Skipping ahead may result in damage to the equipment and may require components to be disassembled.
4. Wear proper attire during the assembly process. Do not wear clothing which is too loose or open toed shoes.

Obtaining Service

Do not attempt to service the product yourself except for maintenance tasks described in this manual.

Refer to the Adjustments and Maintenance section at the back of this manual and the included workout booklet for information on product operation and service.

For further information, visit our website at www.torquefitness.com or contact us at service@torquefitness.com

If you call or email customer service, have the model number and serial number(s) available. The location of the model and serial numbers are indicated in the back of this manual. For future reference, write the model and serial number(s) in the space below.

Model Number: _____

Serial Number(s): _____

Torque Fitness
11201 Xeon Street NW Suite 101
Coon Rapids, MN USA 55448

GENERAL NOTES

CAUTION: More than one person is required to assemble this unit. Do not attempt to assemble by yourself.

Unpacking the Equipment

This product may be packaged and shipped in multiple boxes. Parts from all of the boxes are required for various steps during the assembly process.

Carefully open each box and arrange all the parts near the area where assembly is to take place.

CAUTION: Use extreme care when cutting plastic tie wraps and package banding. A wire cutter works best for protecting yourself and the parts.

CAUTION: Some of the internal boxes may contain upholstery. Do not use a utility knife to open any boxes or the pads may be damaged.

The hardware is packed in bags. Carefully open each bag and sort them per parts list on the next page.

Before starting assembly, identify each part and hardware item as listed in the parts list on the next page. If any items are missing, contact Torque Fitness Customer service at: 763-754-7533 (8:30 am - 5:00 pm CST). Email: service@torquefitness.com

Note: Some items listed in the parts list may already be pre-installed on the product.

Tools Required

- Rubber mallet or hammer
- 3/4" Box wrench or adjustable wrench
- 9/16" Box wrench or adjustable wrench
- Ratchet with 9/16" socket
- 5/32", 7/32", 3/16", 5/16", 3/8" Allen wrench
- Flat head screwdriver
- Wire snips (to cut plastic tie wraps)
- Scissors or utility knife (to cut hardware bags)
- Step stool or ladder
- Tape measure
- Level

Optional Equipment

Optional equipment may be available for this product.

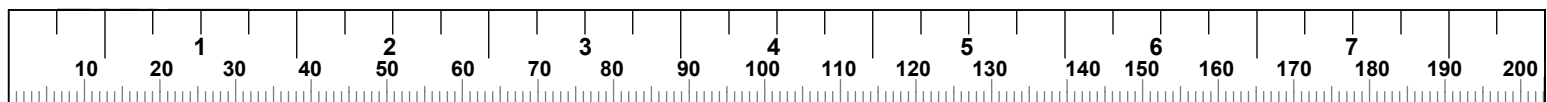
Follow the instructions included with the optional equipment to assemble it to the base product.

Assembly Tips

- In a continual effort to improve our products, specifications are subject to change.
- A 6" scale is provided at the bottom of every page. To correctly measure the bolts, measure from underneath the bolt head to the end of the bolt as illustrated below.
- Read all notes on each page before beginning that step.
- Some of the items shown in the assembly steps may already be pre-assembled.

Assembly Tips Continued

- **Note:** Some items have been hidden for assembly clarity.
- **Note:** Some pre-assembled parts may need to be temporarily removed in order to complete the step. Follow the instructions or damage to the product could occur.
- Some parts may have extra holes that will not be used. Use only the holes depicted in the instructions.
- Certain parts make reference to the right and left side of the machine. In order to determine the left and right side, stand with your back to the front of the machine.
- Provide ample space around the product for ease of assembly.
- **DO NOT** fully tighten any connections until instructed to do so. This will help insure that the alignment of all of the parts will be correct.
- Insert all bolts in the direction indicated in the instructions. Failure to do so may result in clearance issues and will degrade the aesthetics of the product.
- Carefully follow instructions for all pivot points. In general, primary rotating parts have connections that should be securely tightened, while secondary connections need to be loosen 1/4 turn.

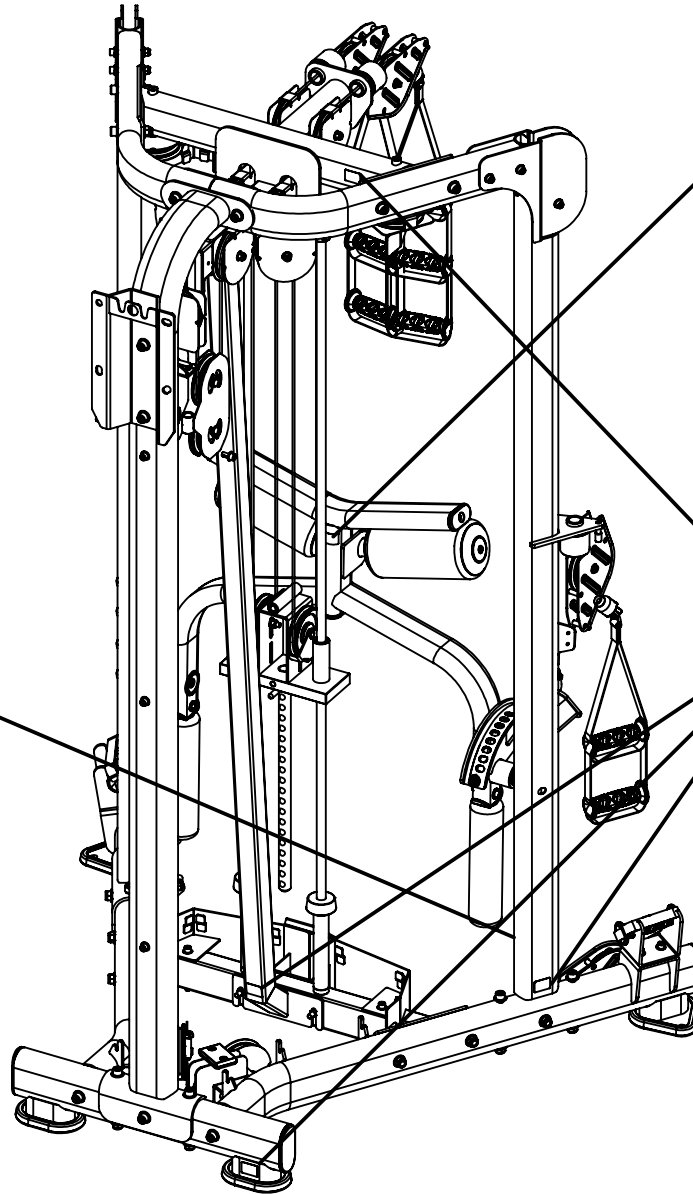


WARNING

SERIOUS INJURY CAN OCCUR ON THIS EQUIPMENT. YOU MUST FOLLOW THESE PRECAUTIONS TO AVOID INJURY!

1. Before using, read all warnings and obtain instruction on the use of this machine. Use only for intended exercise. **DO NOT** modify the machine.
2. Obtain a medical exam before beginning any exercise program.
3. Keep body, hair and clothing free of all moving objects.
4. Inspect the machines before use. **DO NOT** use if it appears damaged. **DO NOT** attempt to fix a broken or jammed machine. Notify staff immediately.
5. Be certain that weight pin is completely inserted. Use only the pin provided by the manufacturer. If unsure, seek assistance.
6. Never pin the weights or prop plate into an elevated position. **DO NOT** use the machine if found in this condition. **DO NOT** attempt to fix. Seek assistance.
7. Inspect cables and their connections before using machine. **DO NOT** attempt to fix. Seek assistance.
8. Use only the incremental weights supplied by the manufacture. **DO NOT** use dumbbells or other means to add resistance to the machine.
9. Children must not be allowed near this machine. Supervise teenagers.
10. **DO NOT REMOVE THIS LABEL. REPLACE IF DAMAGED.**

P/N 5342301



WARNING

**KEEP OFF
DO NOT STAND OR SIT**

TORQUE USA

Model:

S/N:




MADE IN CHINA

TORQUE FITNESS
11201 Xeon St NW Ste 101
Coon Rapids, MN 55448

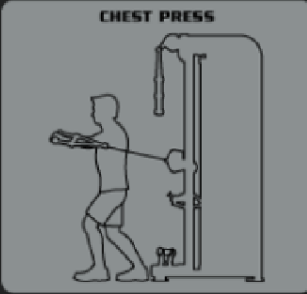
Exercise Instructions

STANDING


SHOULDER PRESS




CHEST PRESS



ROW



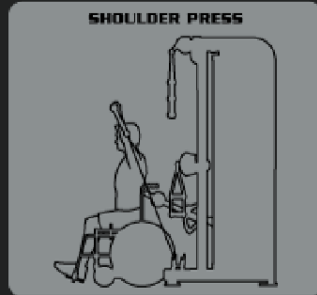
LAT PULL DOWN



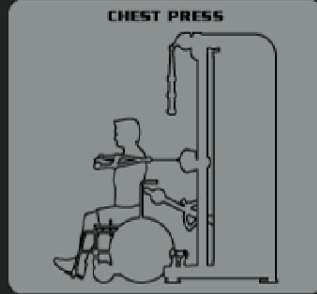
TORQUE USA

SEATED

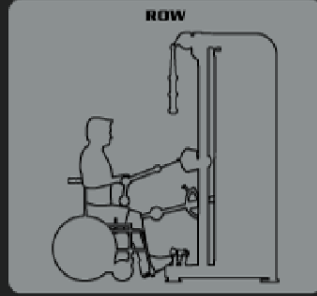
SHOULDER PRESS



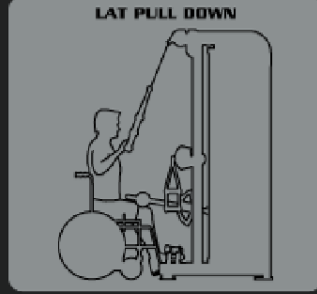
CHEST PRESS



ROW

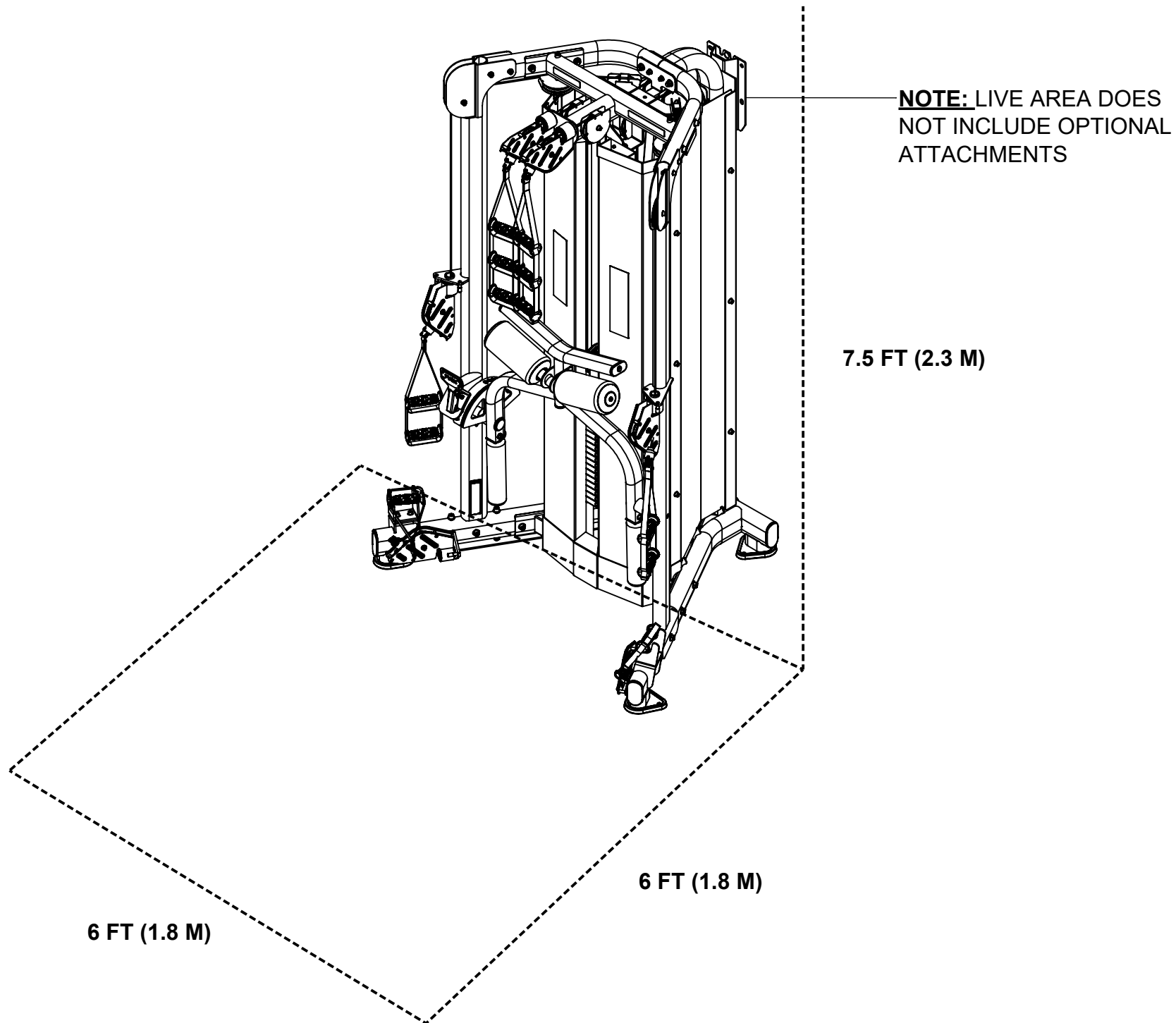


LAT PULL DOWN



TORQUE USA

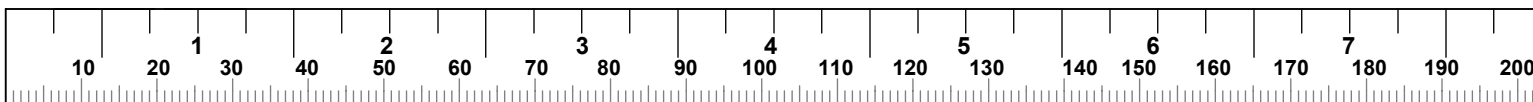
LIVE AREA



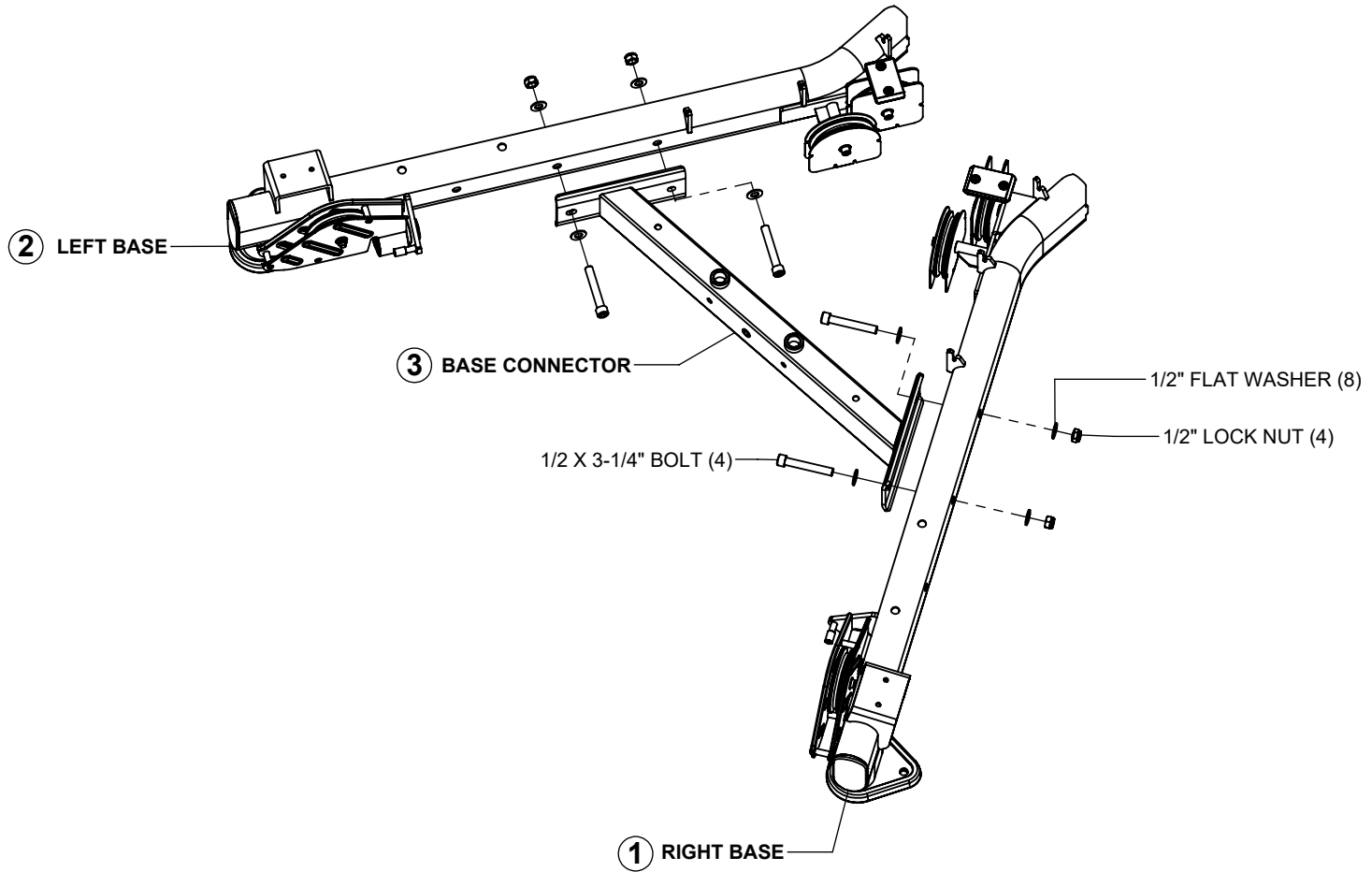
AA-CS PART LIST

ITEM NO.	PART NUMBER	DESCRIPTION	QTY
1	59513PA	PTD ASSY, BASE FRAME RIGHT	1
2	59514PA	PTD ASSY, BASE FRAME LEFT	1
3	5954701	WLDMT, BASE CONNECTOR	1
4	59516PA	PTD ASSY, REAR BASE	1
5	5952801	WLDMT, REAR UPRIGHT	1
6	59522PA	PTD ASSY, UPRIGHT RIGHT	1
7	59523PA	PTD ASSY, UPRIGHT LEFT	1
8	5957901	BTUBE, TOP FRAME	2
9	59544PA	PTD ASSY, TOP FRAME	1
10	59532PA	PTD ASSY, GUIDED FLOATING PULLEY	2
11	5643201	GUIDE ROD, 19 DIA X 1912	2
12	5996401	BUSHING, GUIDE ROD RETAINER	2
13	2005001	WASHER, 2" OD X 13/16" ID X 4MM	2
14	5513601	CUSHION, WEIGHT STACK	2
15	5992401	SHAFT COLLAR, TWO-PIECE CLAMPING	2
16	5956901	TUBE, ADA WEIGHT STACK STILT	2
17	5955701	PTD ASSY, 20 PLATE HEAD PLATE	1
18	56351PA	PTD ASSY, 20 LB WEIGHT PLATE	10
19	56349PA	PTD ASSY, 10 LB WEIGHT PLATE	10
20	6086901	LABEL, 20 PLATE WEIGHT STACK 10 - 160 LB (4.5 - 72.6 KG)	1
21	5956301	CABLE ASSY, FLOATING PULLEY GUIDE	2
22	5956401	CABLE ASSY, MID - LOW PULLEY	2
23	5956501	CABLE ASSY, HIGH PULLEY	1
24	5955101	WLDMT, SHROUD BASE	1
25	6045601	WLDMT, TOP FRAME CENTER SUPPORT	1
26	5955201	WLDMT, SHROUD TOP	1
27	5955901	SHROUD, FRONT	2
28	5951201	PLACARD, ALL ACCESS CABLE STATION SEATED	1
29	5954201	PLACARD, ALL ACCESS CABLE STATION STANDING	1
30	61028PA	PTD ASSY, LEFT SIDE SHROUD	1
31	61029PA	PTD ASSY, RIGHT SIDE SHROUD	1

ITEM NO.	PART NUMBER	DESCRIPTION	QTY
32	5956001	SHROUD, REAR CAP	1
33	5957601	BRKT, HANDLE STORAGE	2
34	59621PA	PTD ASSY, USER SUPPORT HOOP	1
35	5961701	SHAFT, COUNTER WEIGHT	2
36	6068201	CAP, END 40MM ID TUBE	2
37	5956701	ASSY, TRIPLE HANDLE	2
38	5961901	ASSY, DOUBLE HANDLE	2
39	5956101	ASSY, SINGLE HANDLE	2
40	6065201	HOUSING, CABLE COUPLER (5958801 REPLACEMENT)	6
41	5962401	CORE, LOCKABLE CABLE COUPLER	6
42	2004001	BOLT, 3/8-16 X 3/4" BUTTON HEAD W/NP	6
43	2003201	CAP SCREW, M5 X 0.8 X 6MM SOCKET HEAD	12
44	2005820	BOLT, 1/2-13 X 5-1/4" (133mm) SOCKET HEAD	6
45	2006816	BOLT, 1/2-13 X 4-1/4" (108mm) SOCKET HEAD W/NP	2
46	2006814	BOLT, 1/2-13 X 3-3/4" (95mm) SOCKET HEAD W/NP	4
47	2005812	BOLT, 1/2-13 X 3-1/4" (83mm) SOCKET HEAD	9
48	2005811	BOLT, 1/2-13 X 3" (76mm) SOCKET HEAD	4
49	2008415	BOLT, 3/8-16 X 4" (102mm) ST HT SOCKET HEAD	2
50	2008414	BOLT, 3/8-16 X 3-3/4" (95mm) ST HT SOCKET HEAD	2
51	2008411	BOLT, 3/8-16 X 3" (76mm) ST HT SOCKET HEAD	6
52	2009411	BOLT, 3/8-16 X 3" (76mm) ST HT SOCKET HEAD W/NP	3
53	2008408	BOLT, 3/8-16 X 2-1/4" (57mm) ST HT SOCKET HEAD	2
54	2008403	BOLT, 3/8-16 X 1" (25mm) ST HT SOCKET HEAD	2
55	2002902	BOLT, 3/8-16 X 1" HEX HEAD	1
56	2009402	BOLT, 3/8-16 X 3/4" (19mm) ST HT SOCKET HEAD W/NP	17
57	2001401	NUT, 1/2-13 LK ST ZN	19
58	2001301	WASHER, FLAT 1/2 SAE ST ZN	44
59	2001201	NUT, 3/8-16 LK ST ZN	14
60	2001101	WASHER, FLAT 3/8 SAE ST ZN	45
61	6067901	SPACER, FLNG 16.2 X 10.1 X 7.5	4
62	6033801	WLDMT, ATTACHMENT BRACKET (OPTIONAL)	1

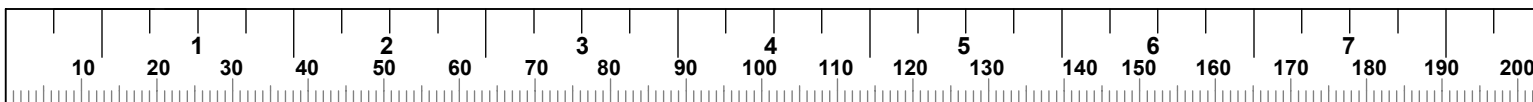


STEP 1

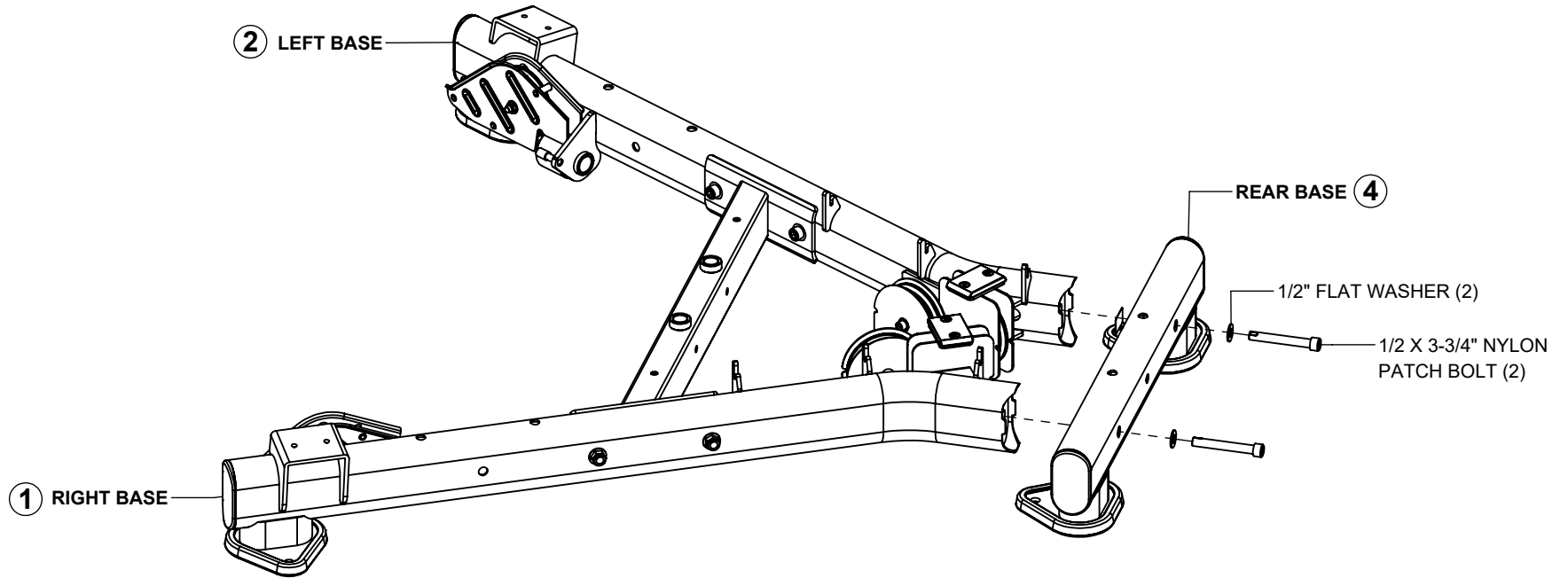


NOTES:

LOOSELY tighten bolt connections in this step.

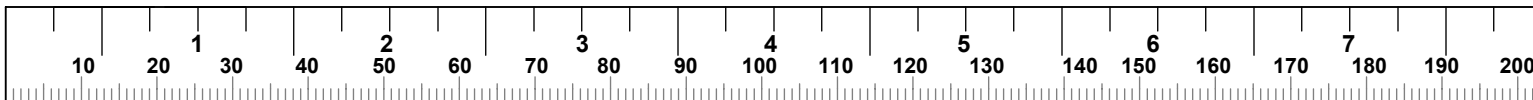


STEP 2

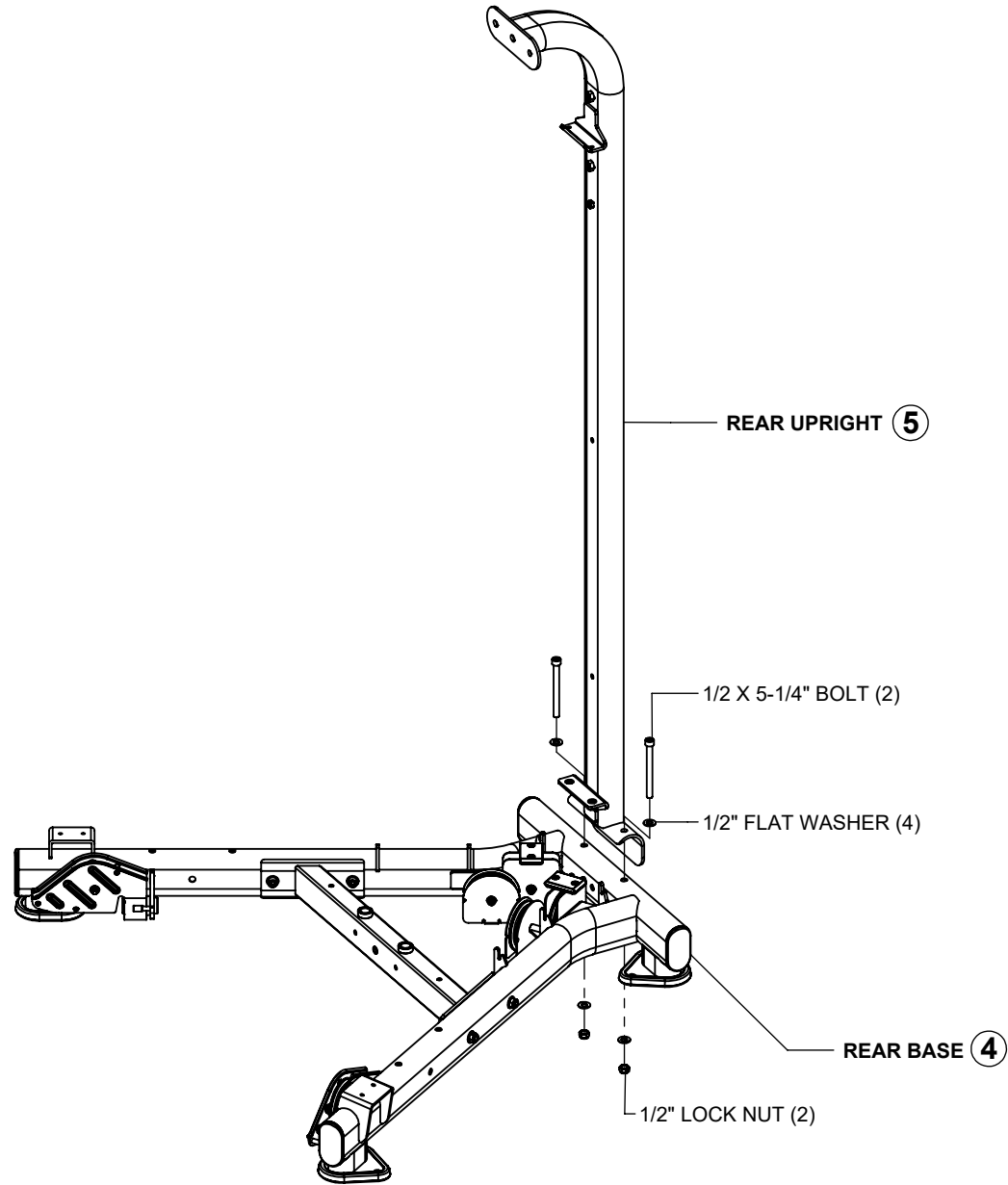


NOTES:

SECURELY tighten bolt connections in this step.

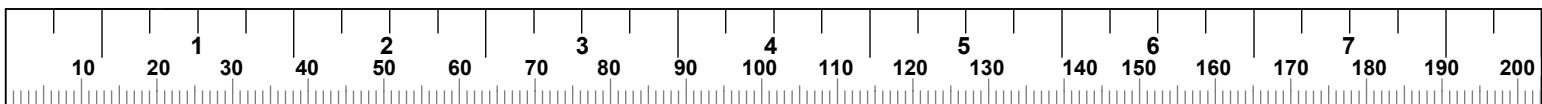


STEP 3

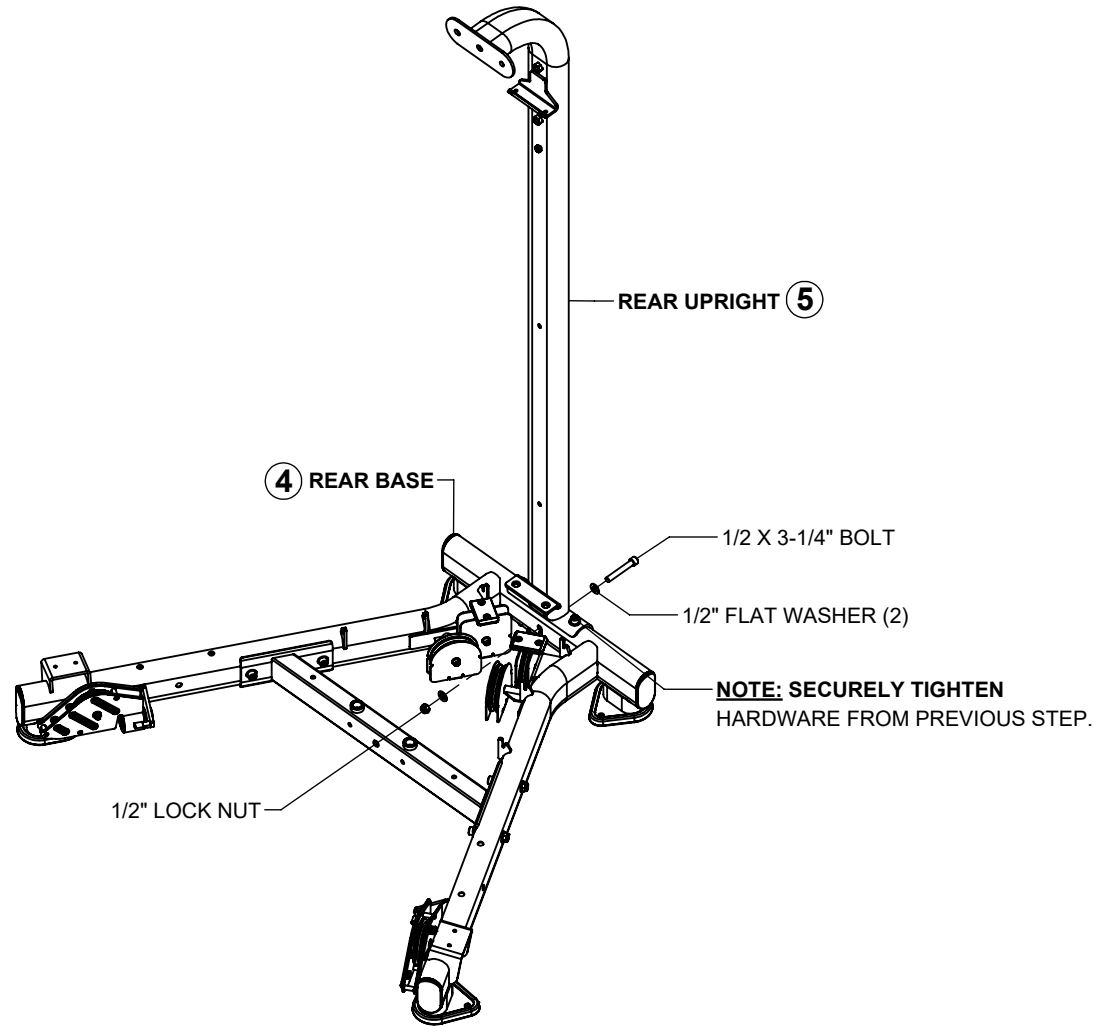


NOTES:

LOOSELY tighten bolt connections in this step.

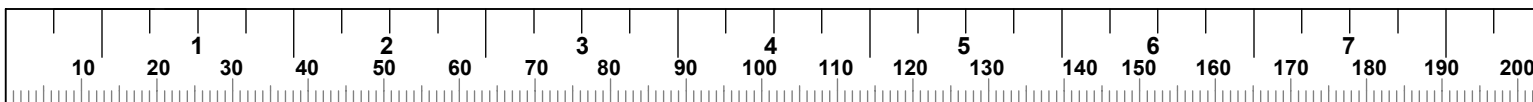


STEP 4

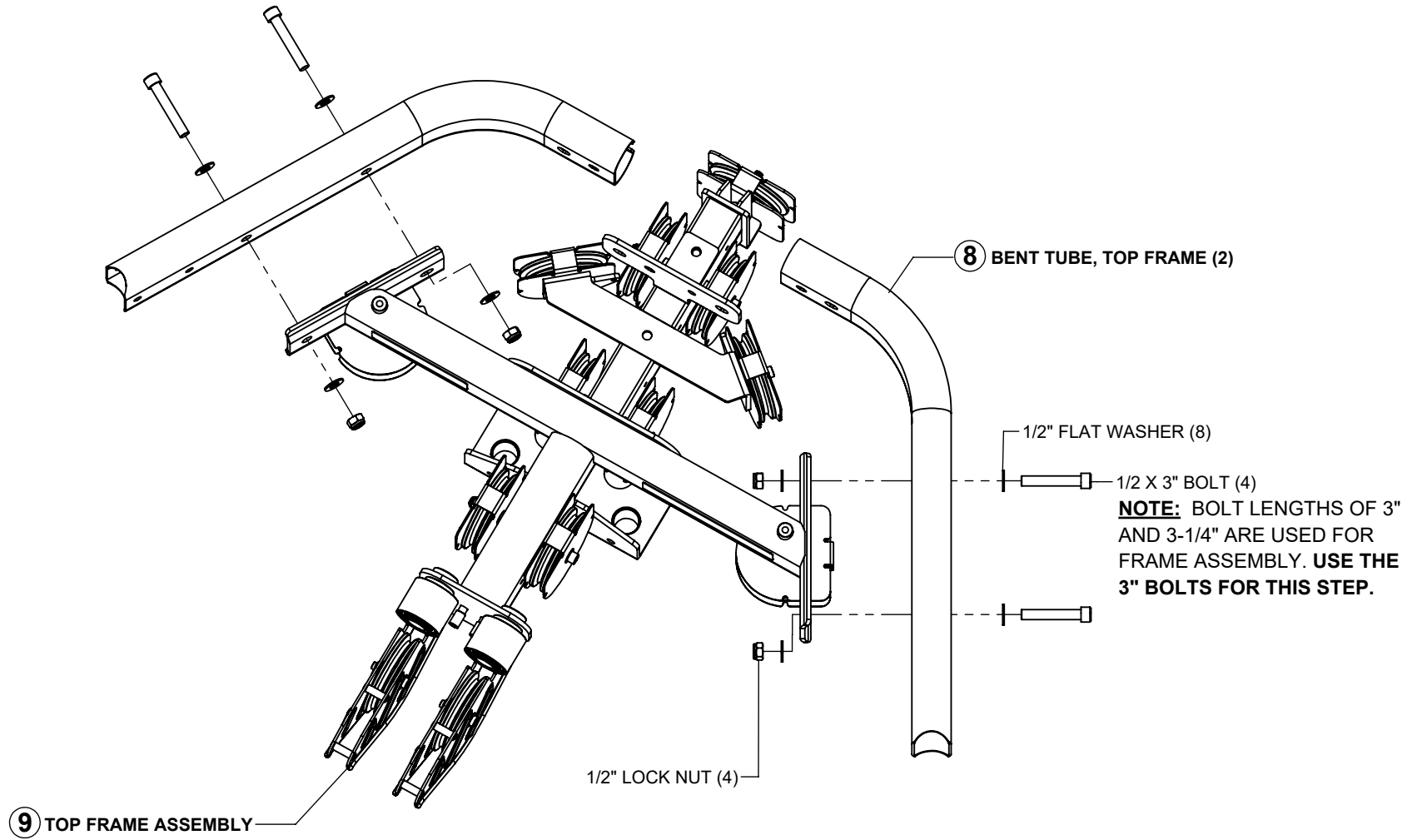


NOTES:

SECURELY tighten bolt connections in this step and from previous step.

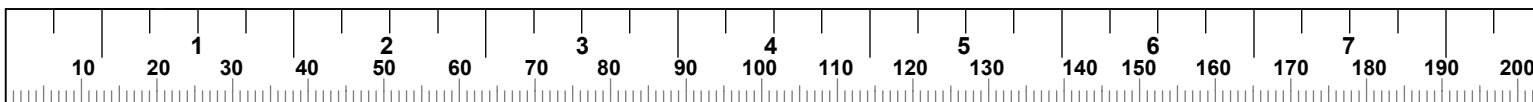


STEP 5A



NOTES:

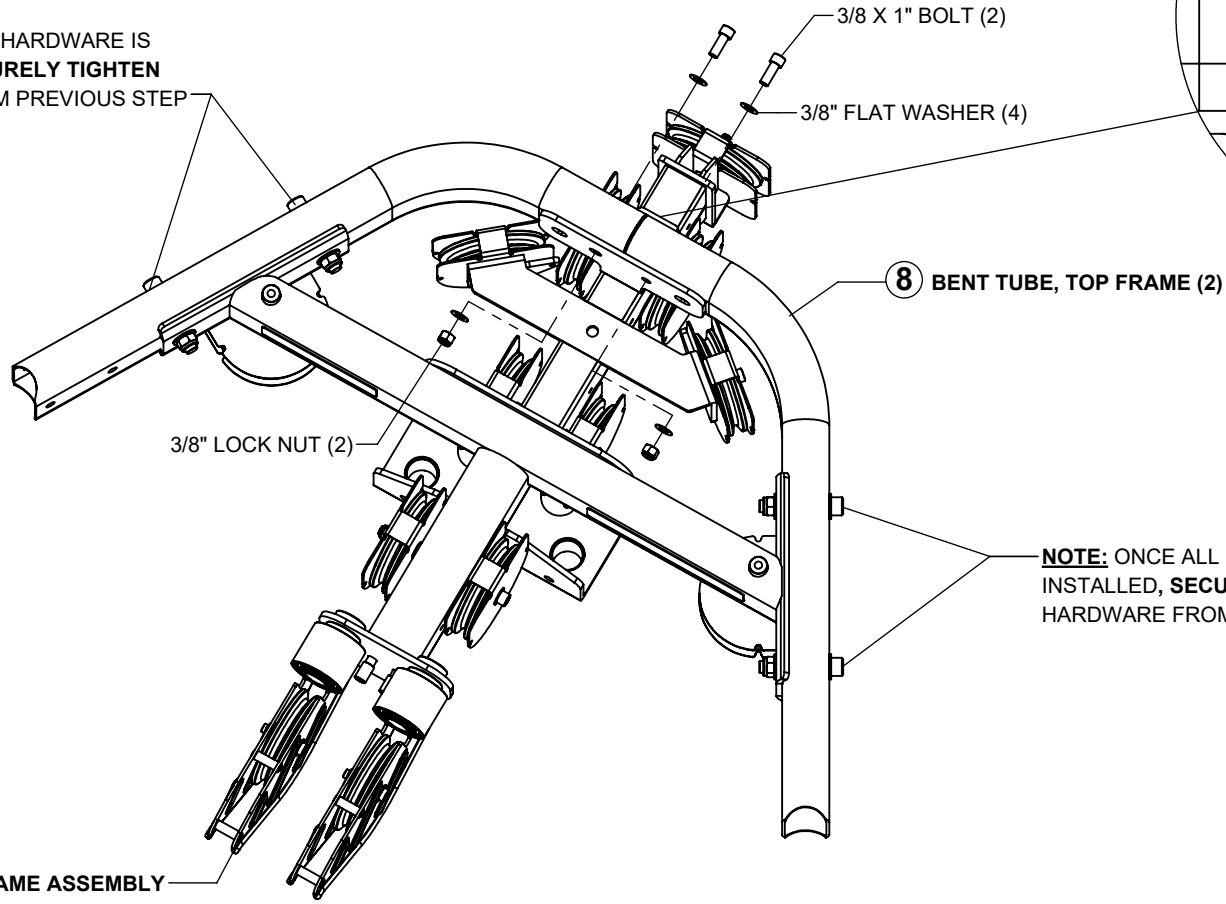
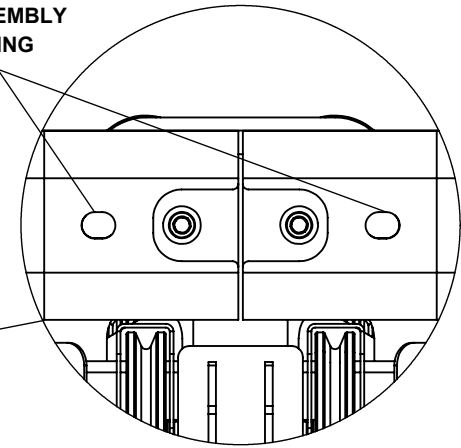
LOOSELY tighten bolt connections in this step.



STEP 5B

NOTE: MAKE SURE THE 2 OUTSIDE HOLES ARE ALIGNED WITH THE TOP FRAME ASSEMBLY HOLES BEFORE **SECURELY TIGHTENING** HARDWARE IN THIS STEP.

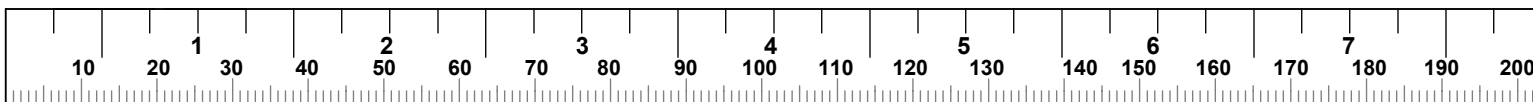
NOTE: ONCE ALL HARDWARE IS INSTALLED, **SECURELY TIGHTEN** HARDWARE FROM PREVIOUS STEP



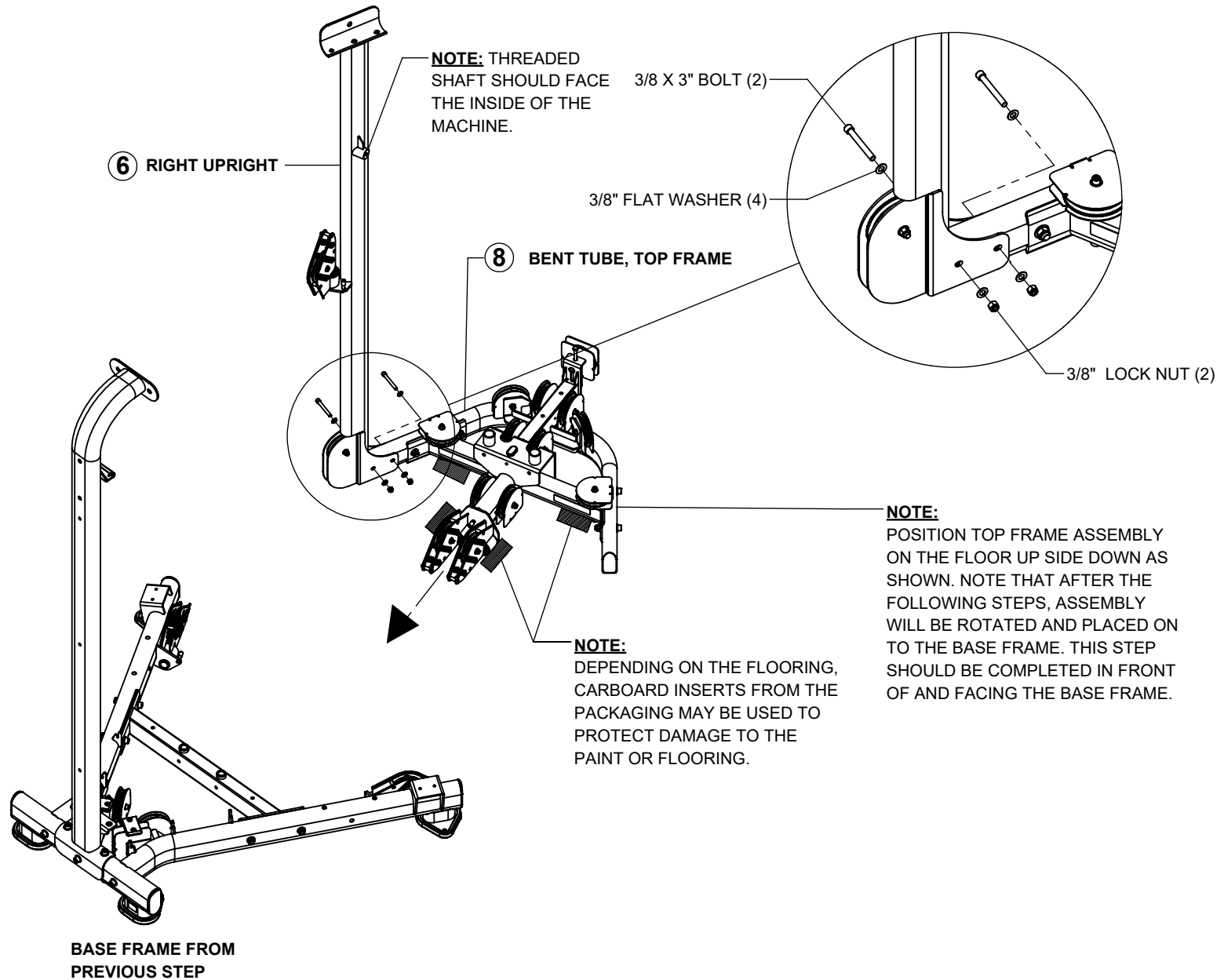
NOTE: ONCE ALL HARDWARE IS INSTALLED, **SECURELY TIGHTEN** HARDWARE FROM PREVIOUS STEP.

NOTES:

SECURELY tighten bolt connections in this step and previous step.

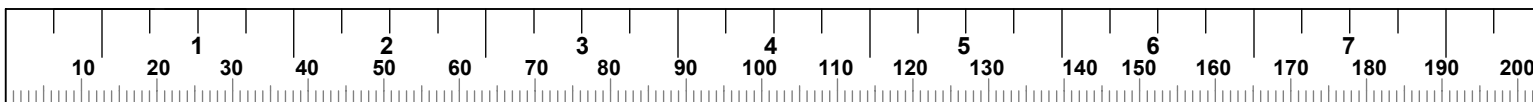


STEP 6



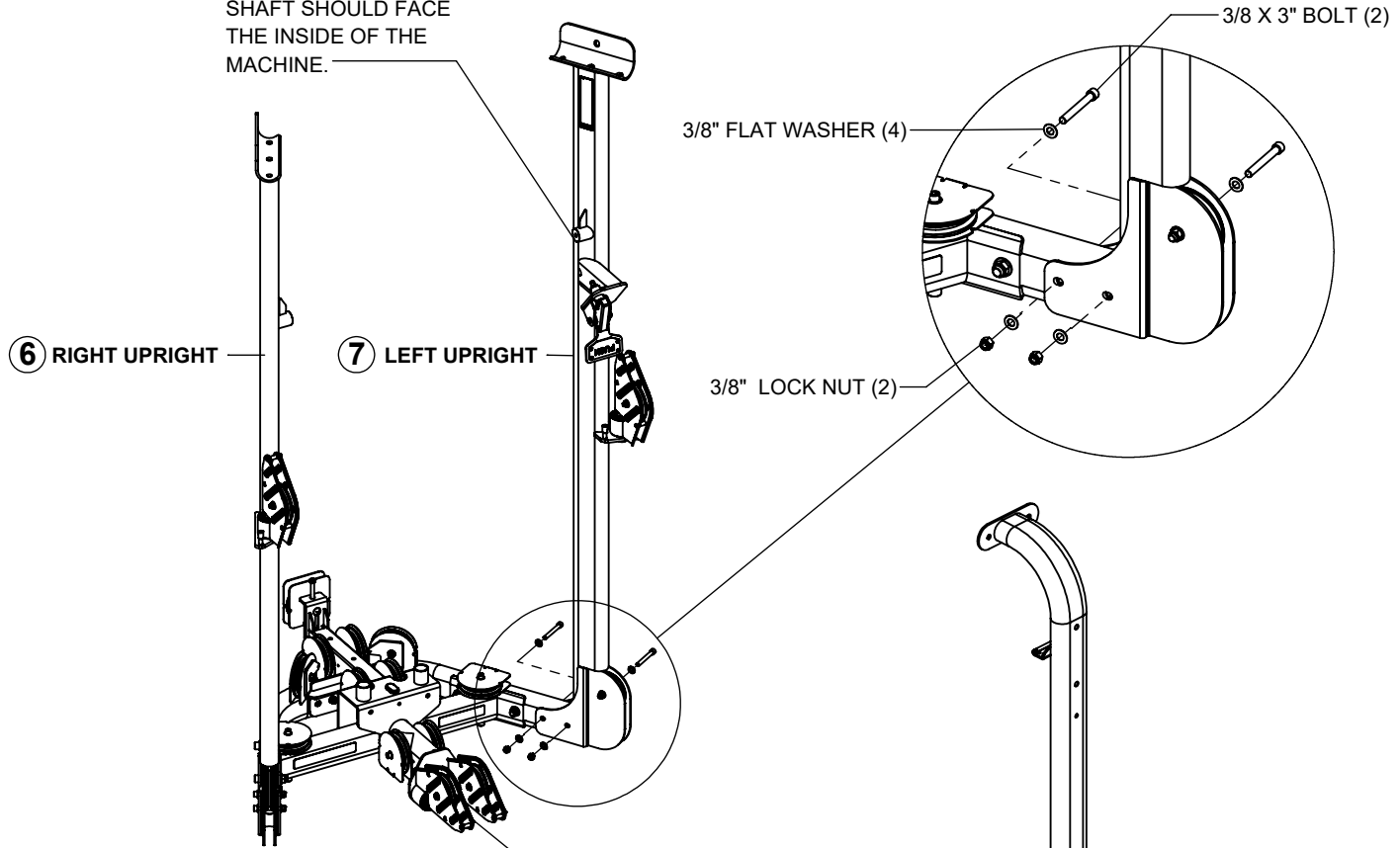
NOTES:

SECURELY tighten bolt connections in this step.



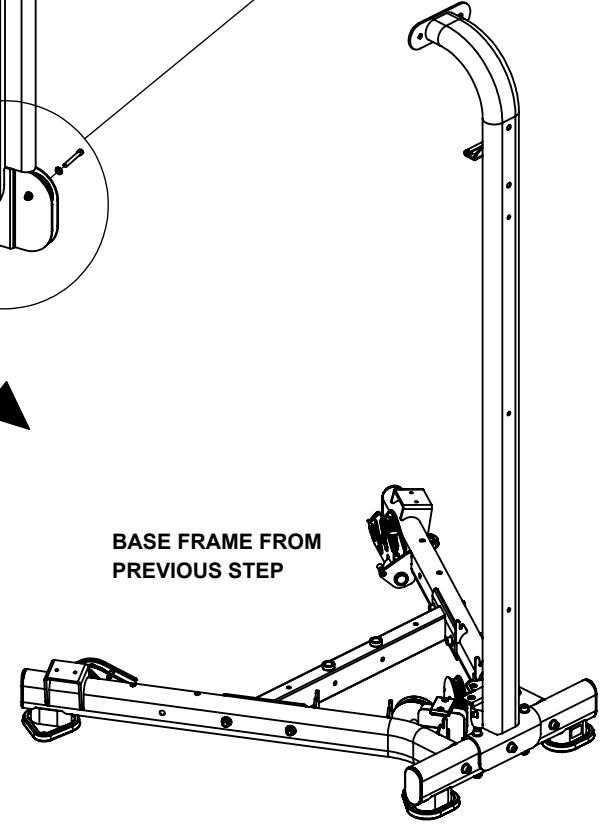
STEP 7

NOTE: THREADED SHAFT SHOULD FACE THE INSIDE OF THE MACHINE.



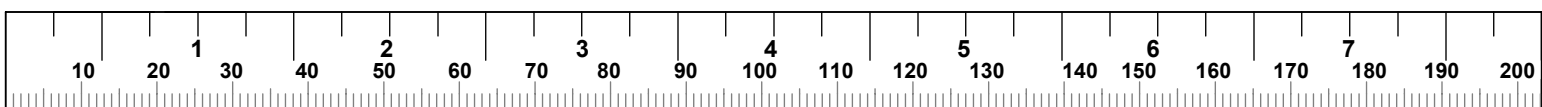
NOTE: POSITION TOP FRAME ASSEMBLY ON THE FLOOR UP SIDE DOWN AS SHOWN. NOTE THAT AFTER THIS STEP ASSEMBLY WILL BE ROTATED AND PLACED ON TO THE BASE FRAME. THIS STEP SHOULD BE COMPLETED IN FRONT OF AND FACING THE BASE FRAME.

BASE FRAME FROM PREVIOUS STEP

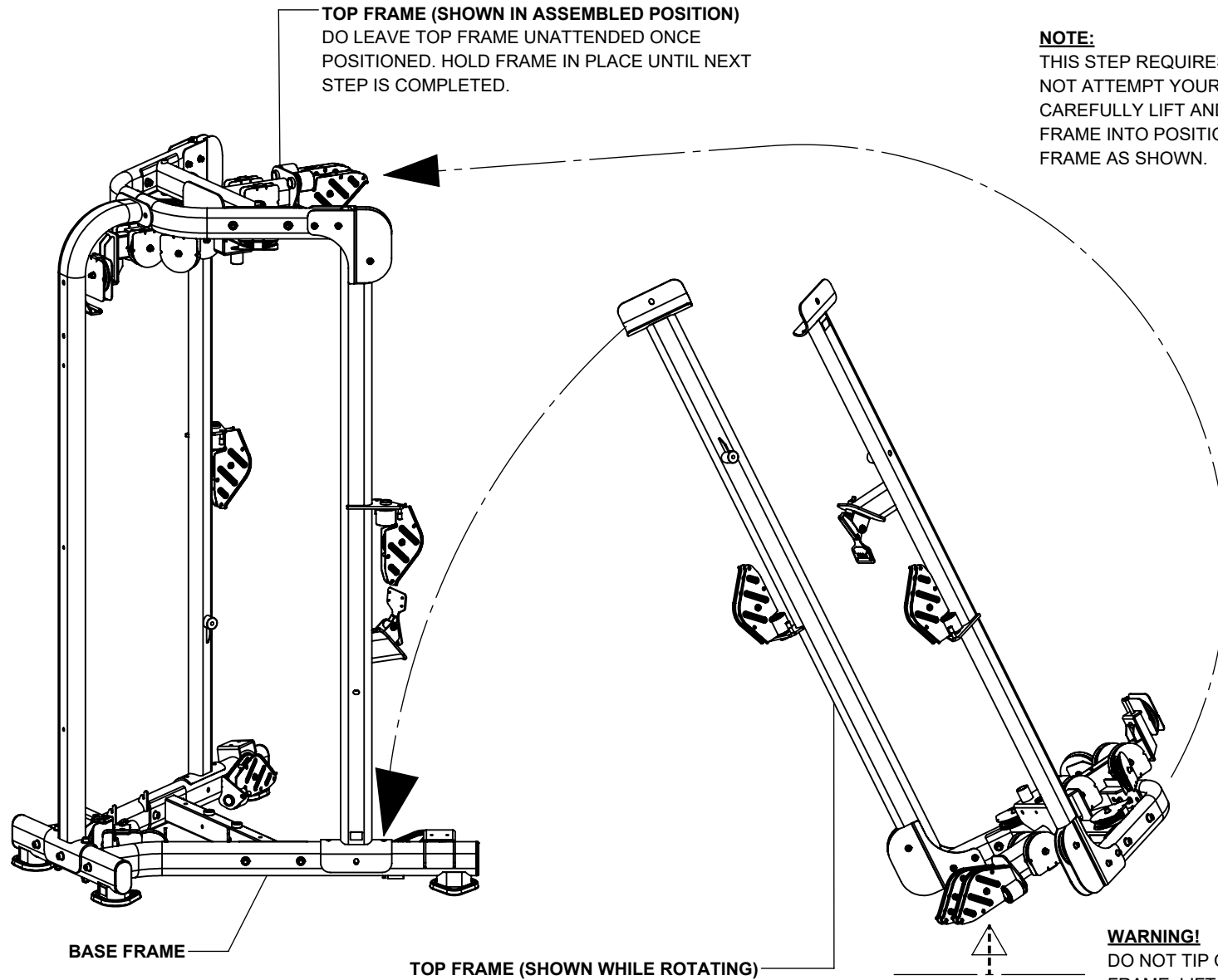


NOTES:

SECURELY tighten bolt connections in this step.



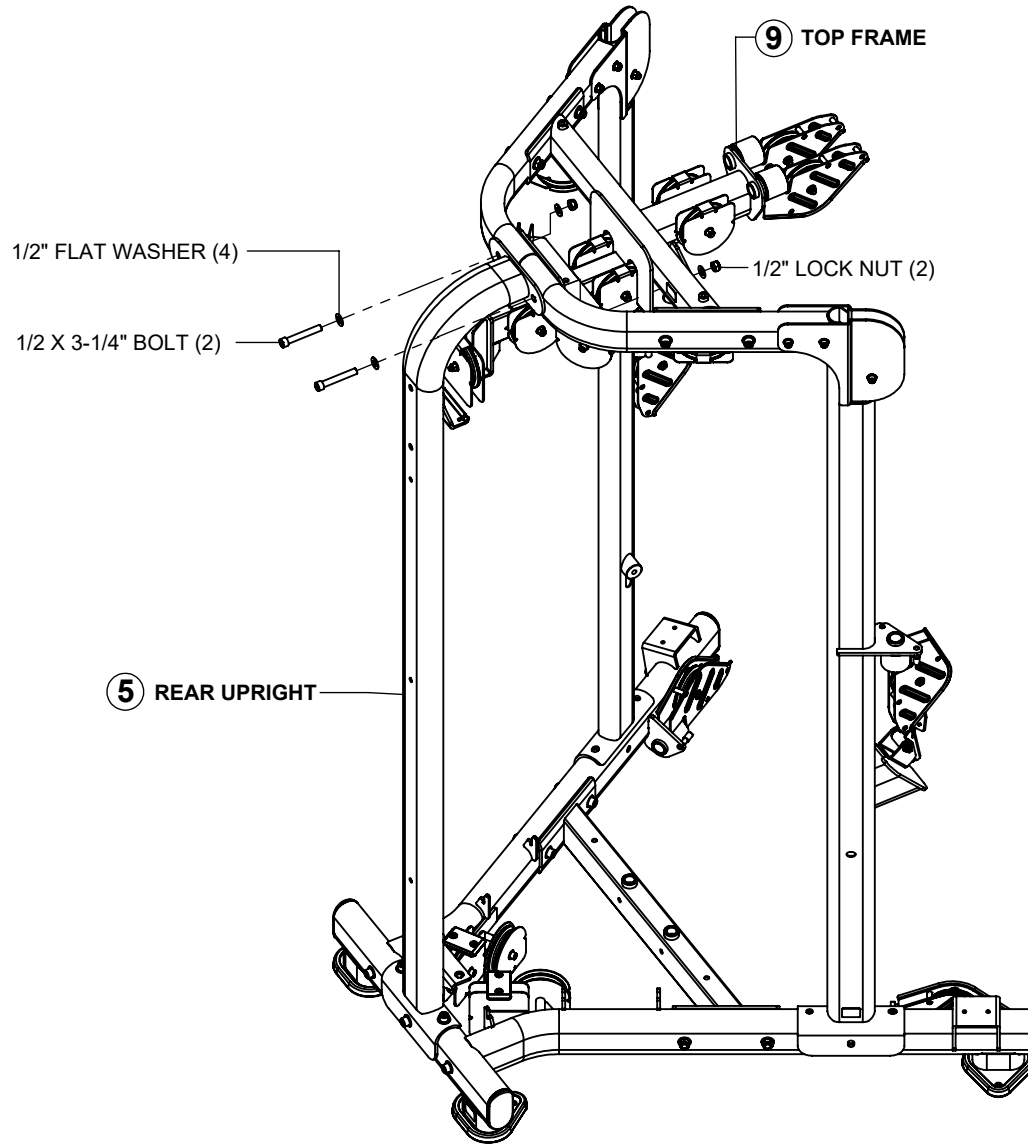
STEP 8



NOTE:
THIS STEP REQUIRES 3 PEOPLE, DO NOT ATTEMPT YOURSELF. CAREFULLY LIFT AND ROTATE TOP FRAME INTO POSITION ON THE BASE FRAME AS SHOWN.

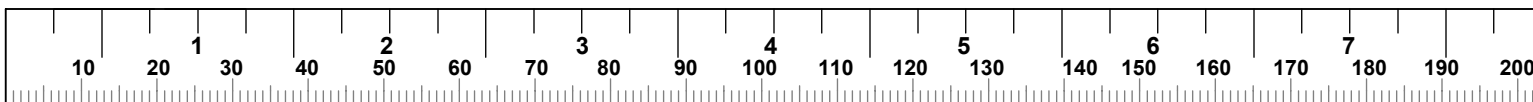
WARNING!
DO NOT TIP OVER ON THE TOP FRAME. LIFT FRAME OFF THE GROUND BEFORE ROTATING. TIPPING OVER ON THE SWIVEL PULLEYS MAY RESULT IN DAMAGE TO THE MACHINE.

STEP 9

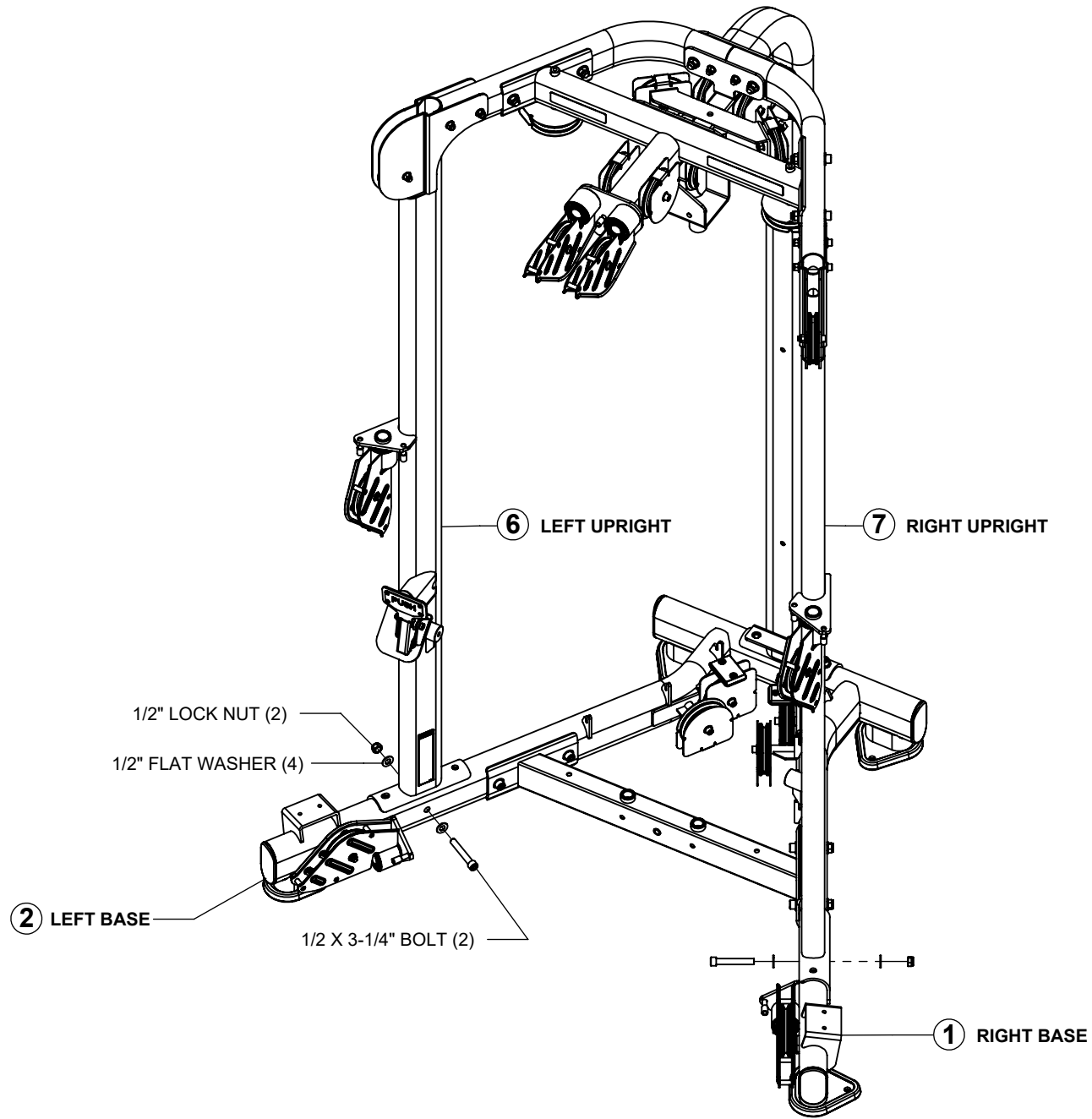


NOTES:

LOOSELY tighten bolt connections in this step.

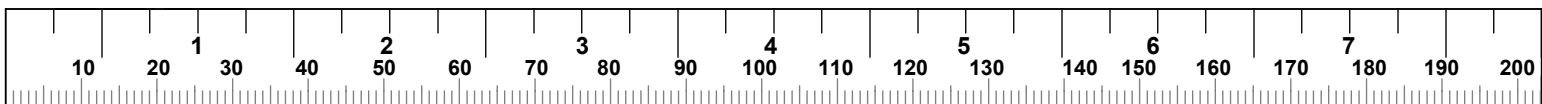


STEP 10

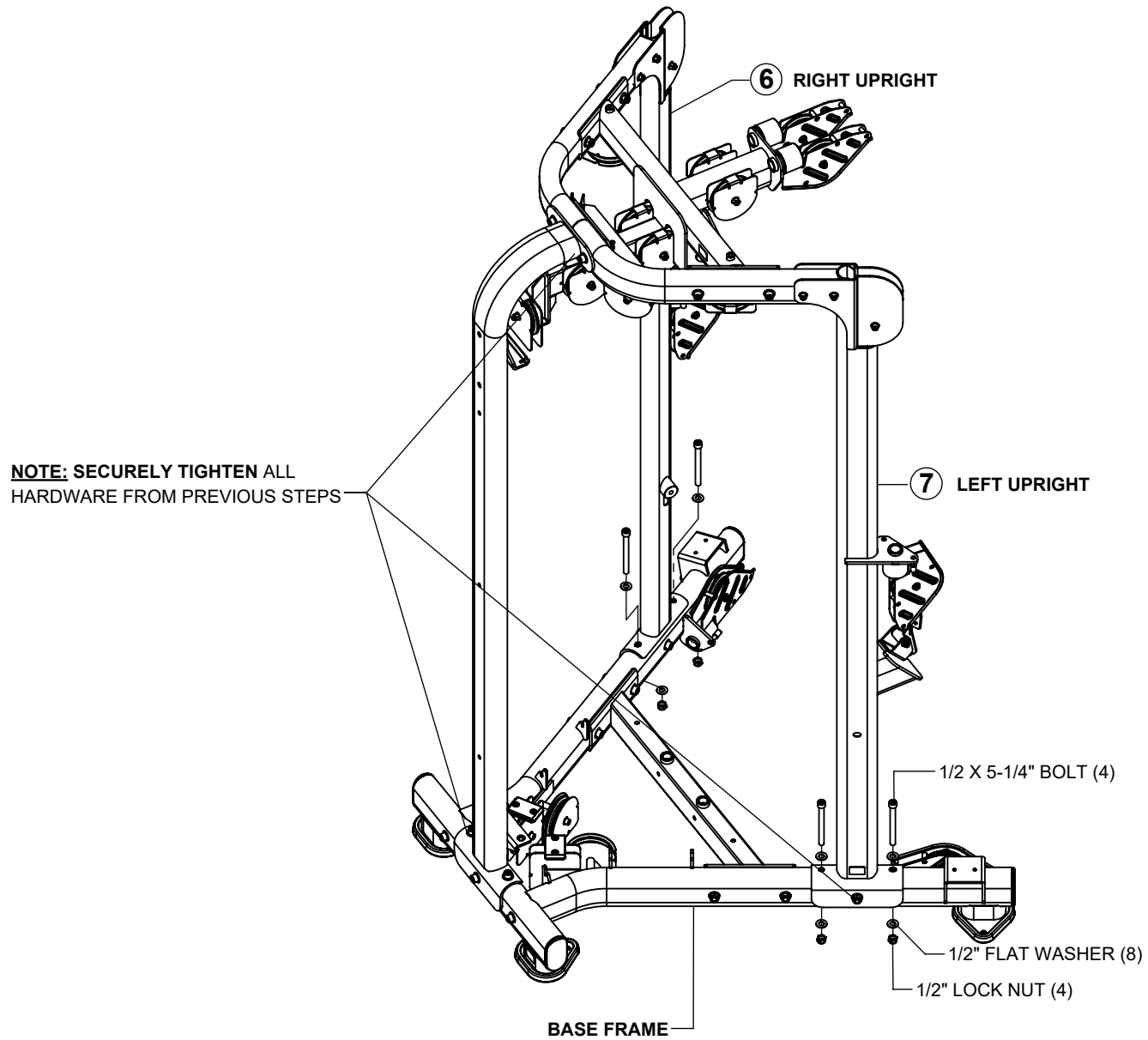


NOTES:

LOOSELY tighten bolt connections in this step.

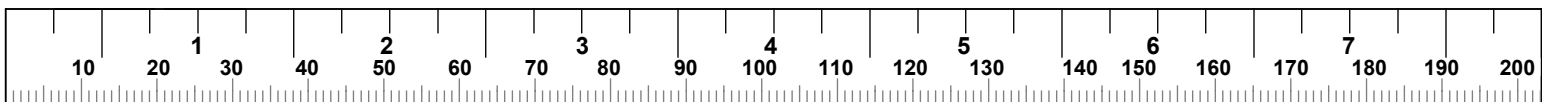


STEP 11

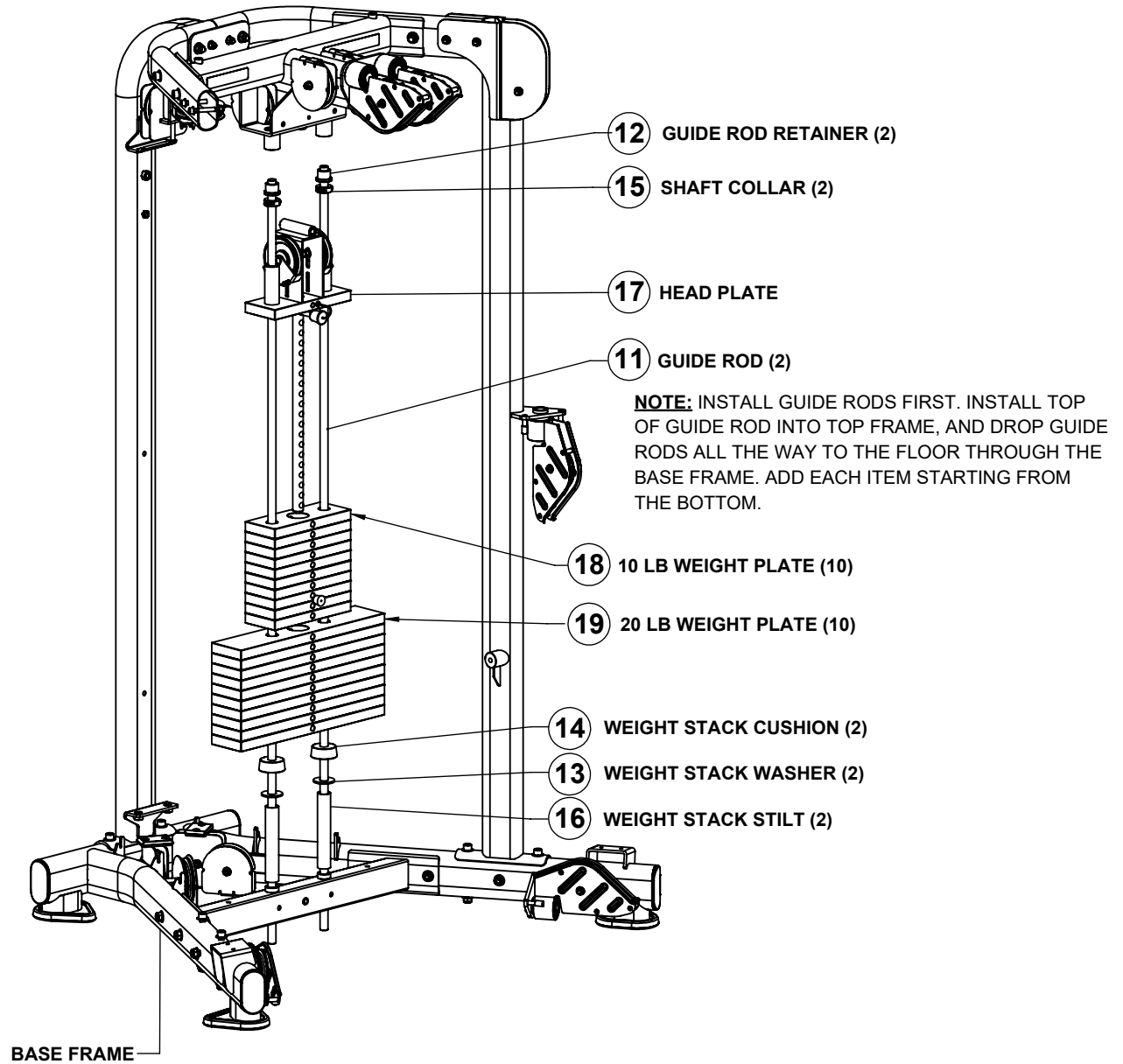


NOTES:

SECURELY tighten all bolt connections in this step and from previous steps.

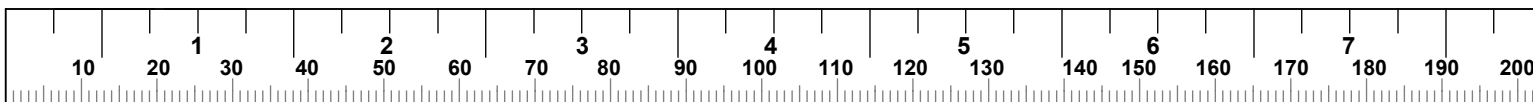


STEP 12

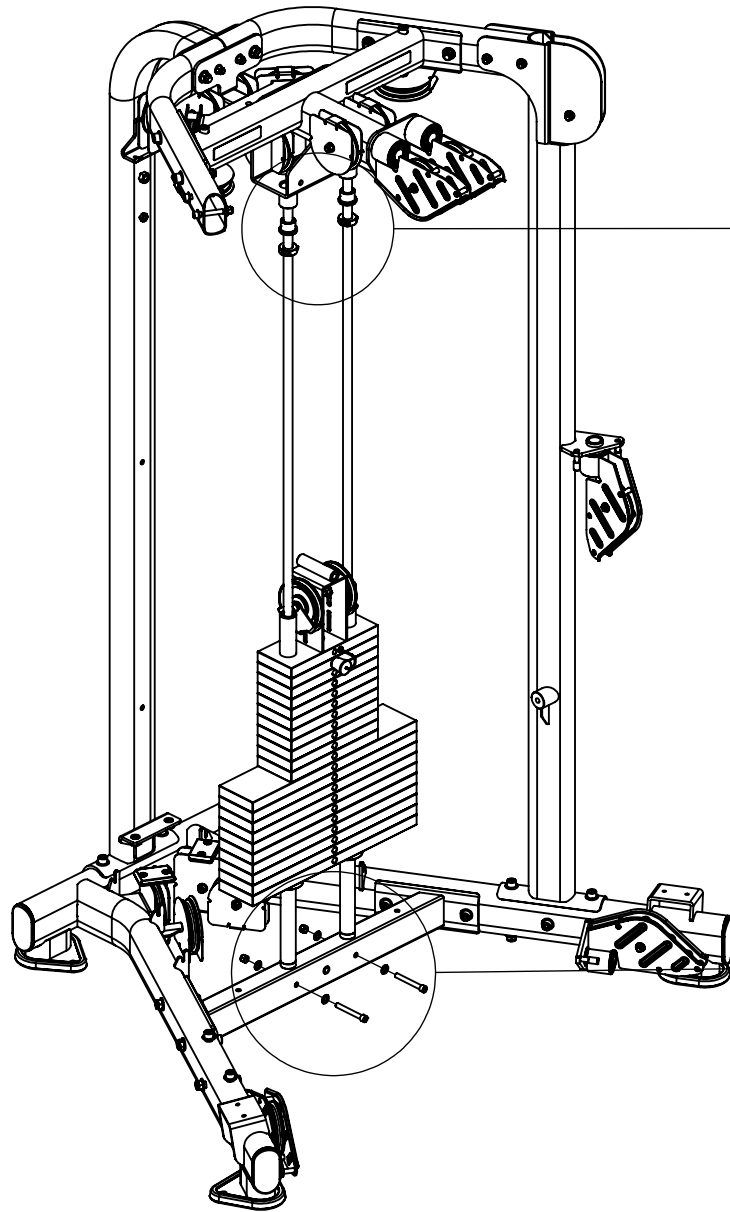


NOTES:

LEFT UPRIGHT Hidden for assembly clarity.



STEP 13A



- 12 GUIDE ROD RETAINER (2)
- 15 SHAFT COLLAR (2)
- 11 GUIDE ROD (2)

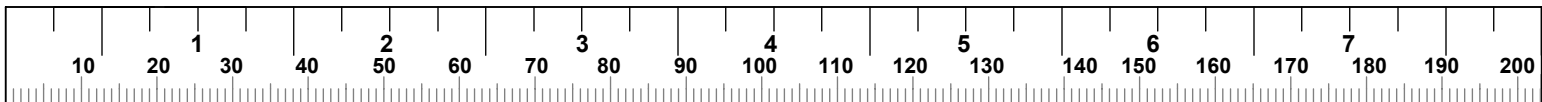
NOTE 2: ONCE THE STEP BELOW IS COMPLETE, SLIDE THE GUIDE ROD RETAINERS UP INSIDE TOP BOOM. SLIDE SHAFT COLLARS UP AGAINST GUIDE ROD RETAINERS AND **SECURELY TIGHTEN** BOTH SCREWS OF SHAFT COLLARS.

- 3/8" LOCK NUT (2)
- 3/8" FLAT WASHER (4)
- 3/8 X 3" BOLT (2)

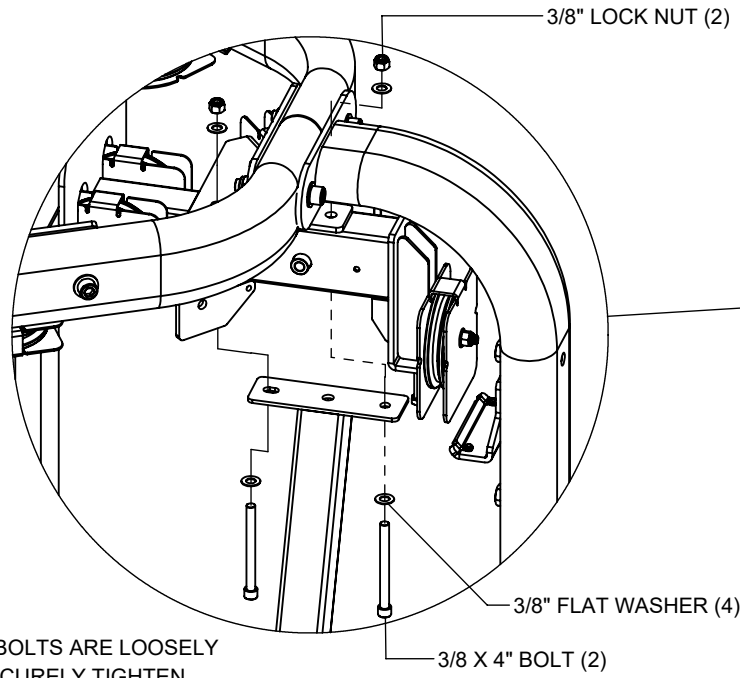
NOTE 1: LIFT UP ON THE GUIDE RODS AND **LOOSELY TIGHTEN** HARDWARE. SEE NEXT STEP BEFORE TIGHTENING.

NOTES:

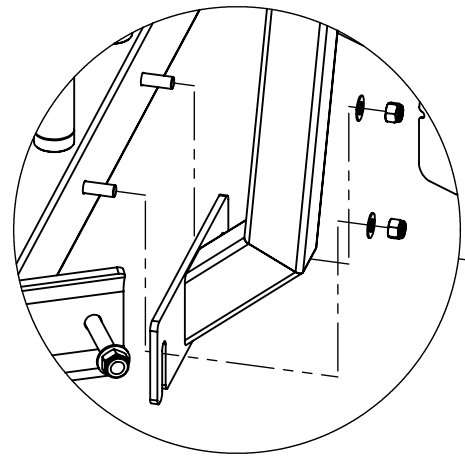
LEFT UPRIGHT Hidden for assembly clarity.



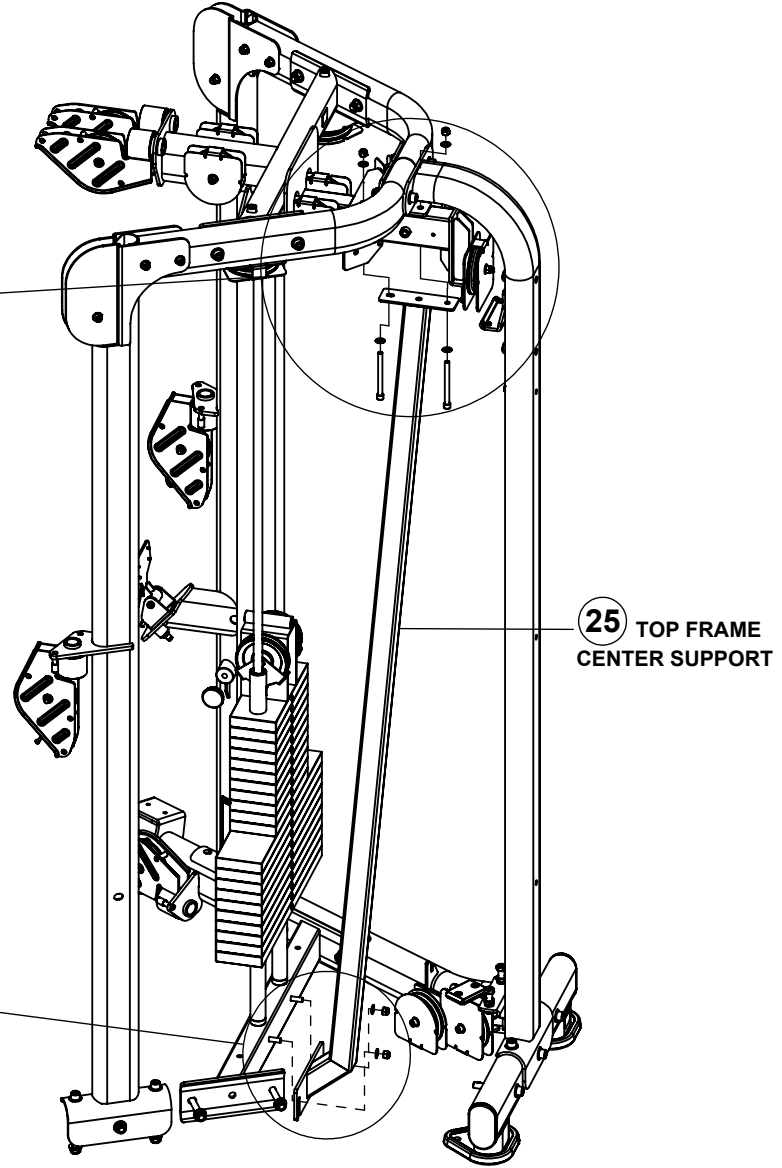
STEP 13B



NOTE 1:
ONCE BOTTOM BOLTS ARE LOOSELY ASSEMBLED, SECURELY TIGHTEN STARTING WITH THE TOP 2 BOLTS.



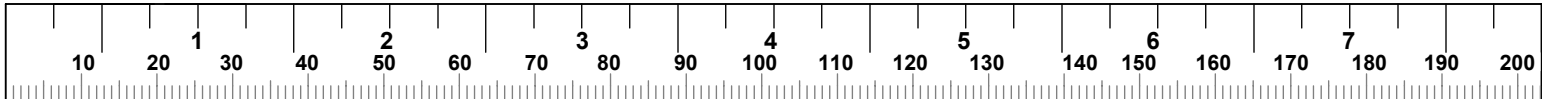
NOTE 2:
USING THE HARDWARE FROM THE PREVIOUS STEP. LOOSELY ASSEMBLE, ONLY TIGHTEN ONCE THE TOP BOLTS ARE SECURELY TIGHTENED.



NOTES:

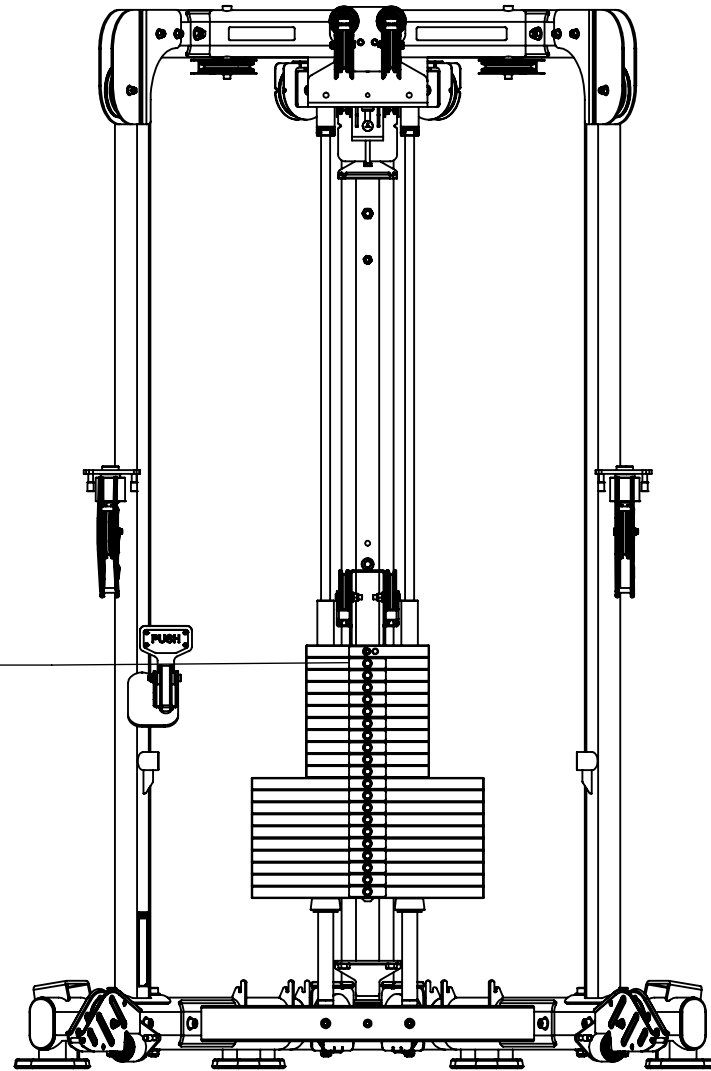
SECURELY TIGHTEN bolt connections in this step.

Frame parts hidden for assembly clarity.



STEP 13C

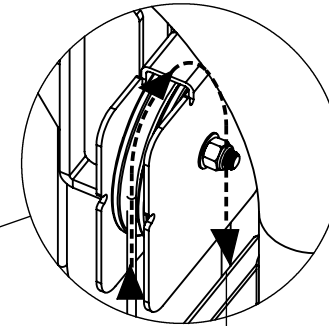
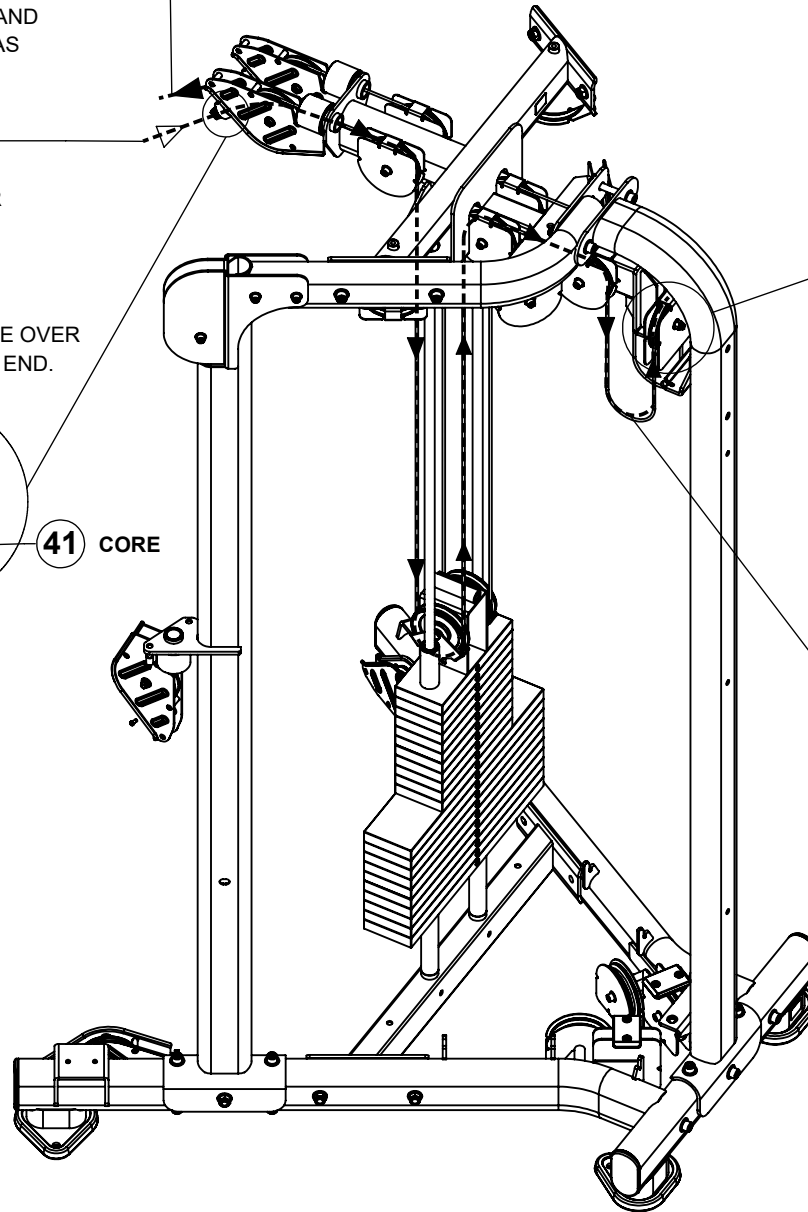
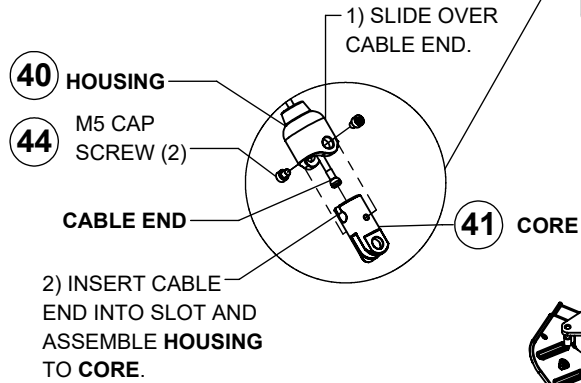
NOTE: ATTACH THE
WEIGHT STACK
LABELS TO THE
WEIGHT STACK
STARTING WITH
THE HEADPLATE.



STEP 14

TO END, ROUTE CABLE OUT OF THE TOP PULLEY AND INSTALL CABLE END AS SHOWN BELOW

TO START, INSTALL ONE CABLE END AS SHOWN BELOW. ROUTE THE OTHER END OF CABLE INTO TOP PULLEY AS SHOWN.



NOTE:

ONCE CABLE IS ROUTED AROUND THE REAR PULLEY, FOLLOW THE SAME PATH IN REVERSE ORDER ON THE OPPOSITE SIDE. MAKE SURE CABLE IS ROUTED UNDER ALL RETAINING BRACKETS OR PINS.

HIGH PULLEY CABLE (5956501)

NOTE: BEFORE CABLE ROUTING CHECK FOR THE PART NUMBER ABOVE NEAR THE CABLE ENDS. IF THE PART NUMBER IS MISSING OR NOT LEGIBLE, COMPARE THE CABLE LENGTHS AND SEE NOTES BELOW.

LONGEST CABLES (QTY 2) - MID-LOW PULLEY (5956401).
MID LENGTH CABLE (QTY 1) - HIGH PULLEY (5956501).
SHORTEST CABLES (QTY 2) - FLOATING PULLEY GUIDE (5956301)

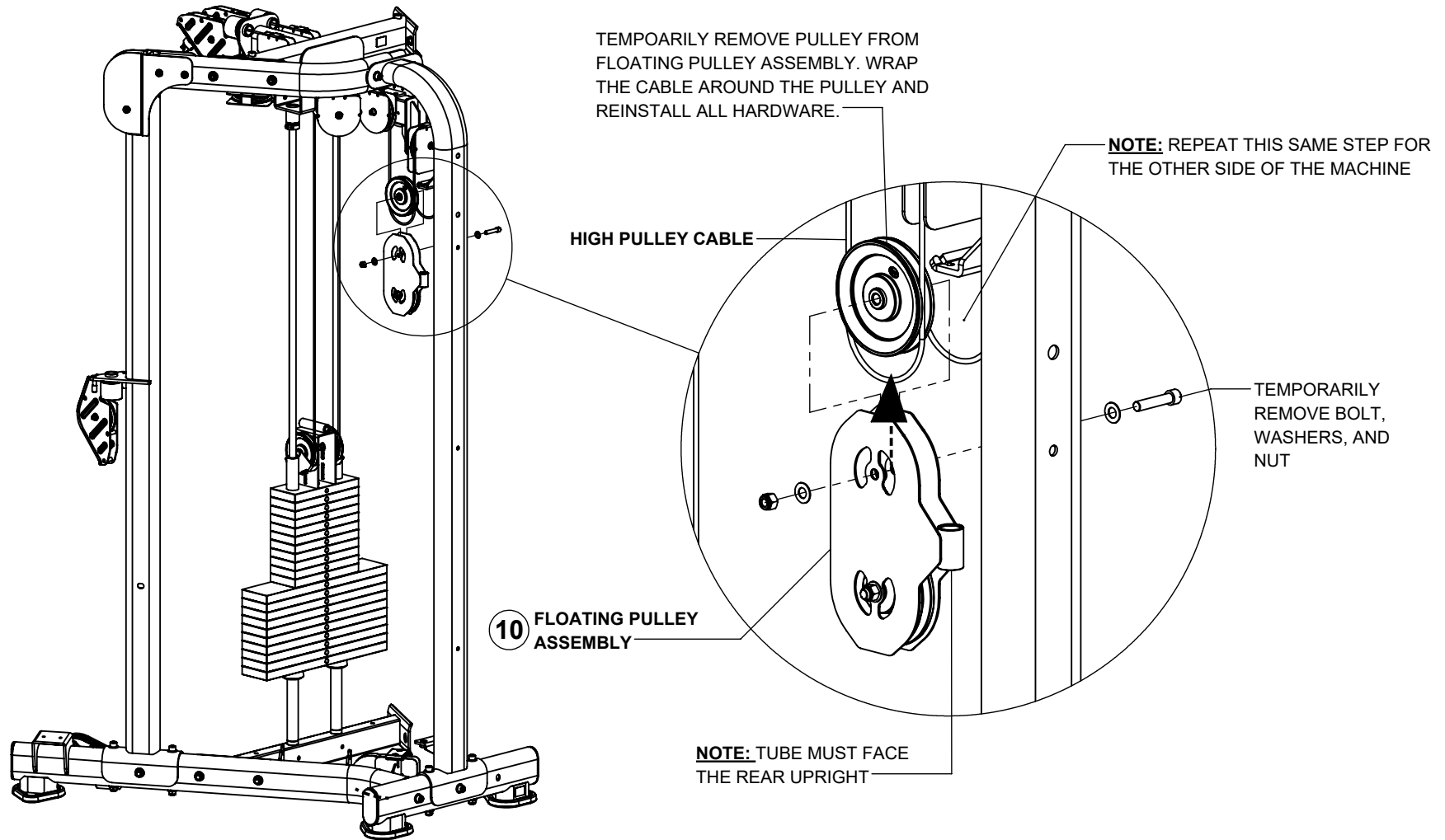
NOTES:

Part of frame hidden for assembly clarity.

SECURELY tighten bolt connections in this step.

CAUTION: When routing cables, make sure that the cable is seated in the groove of all pulleys and underneath all retaining bolts, pins or brackets. **Failure to do so, may result in damage to cable.**

STEP 15

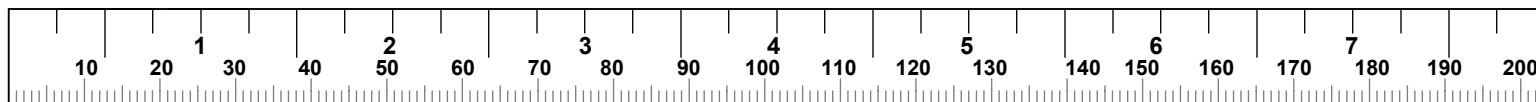


NOTES:

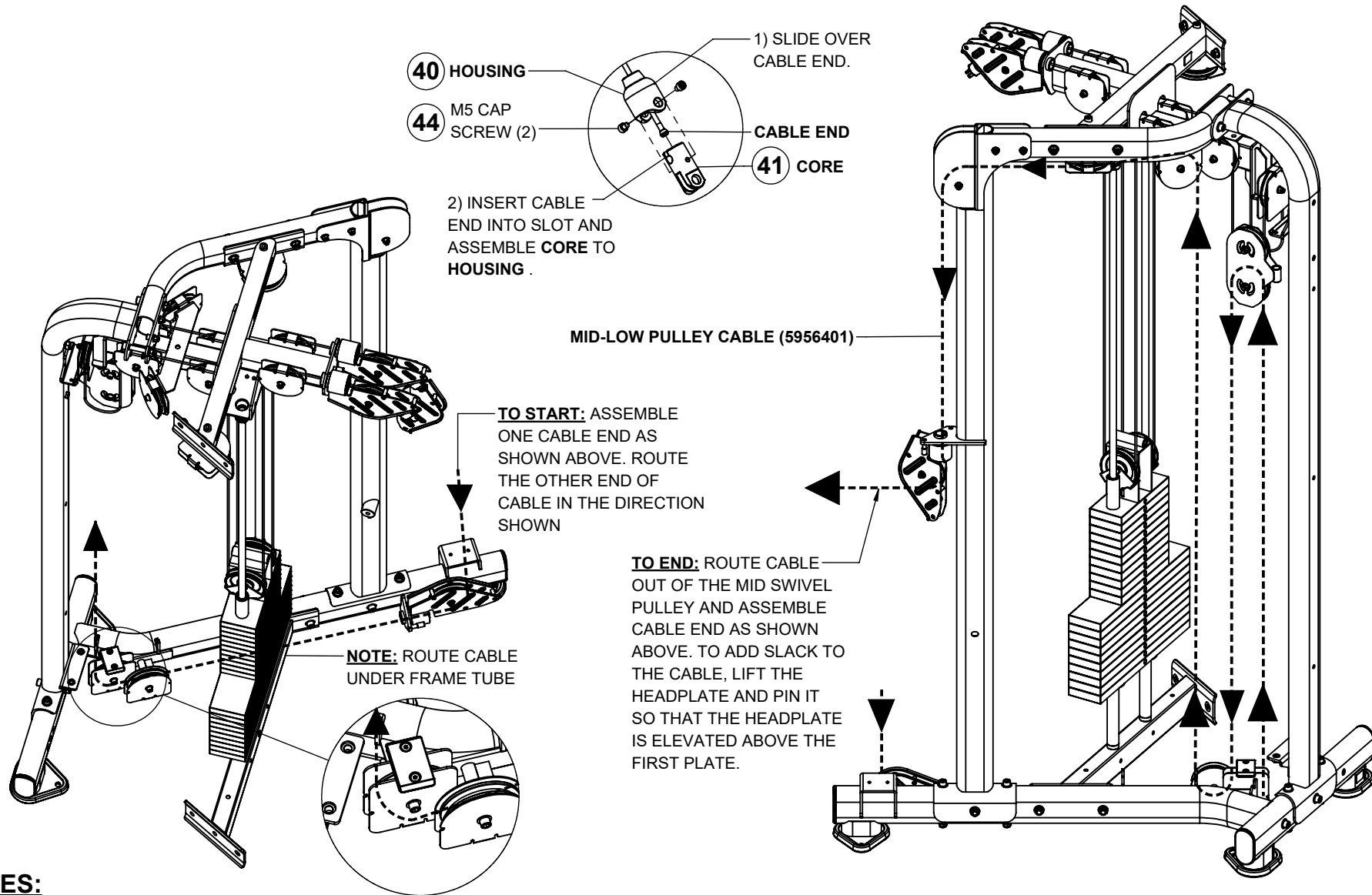
Part of frame hidden for assembly clarity.

Follow the exact same steps for assembling the floating pulley on the left side of the machine.

SECURELY tighten bolt connections in this step.



STEP 16



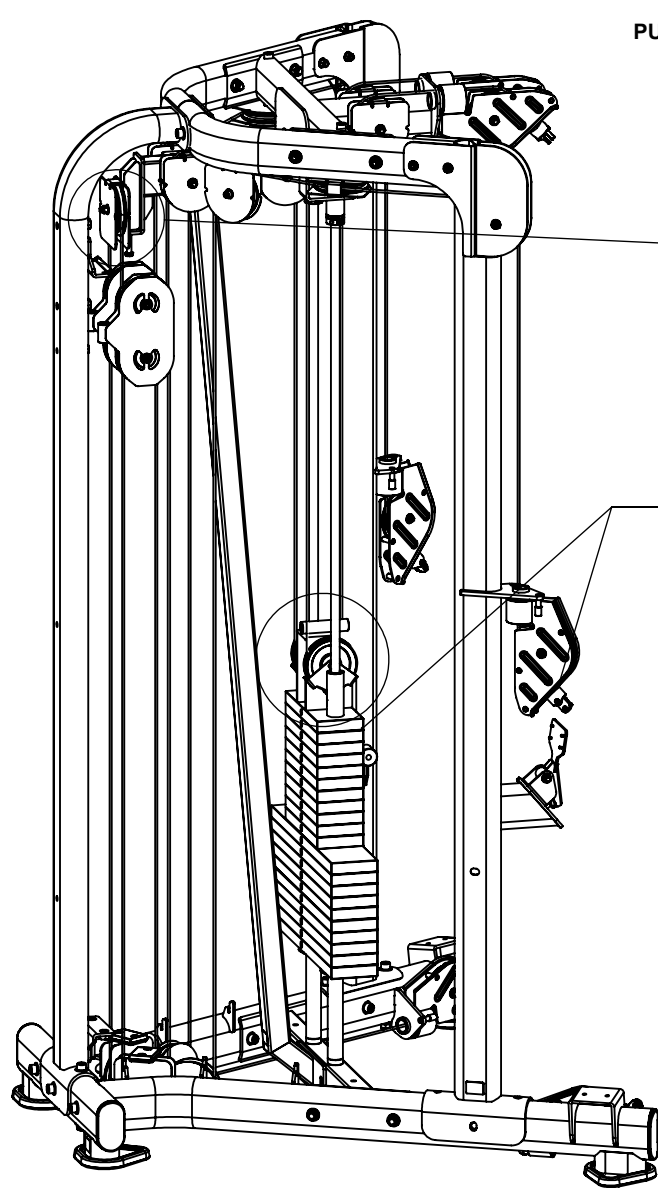
NOTES:

Left side of frame hidden for assembly clarity. Follow the exact same steps for routing the cable on the left side of the machine.

SECURELY tighten bolt connections in this step.

CAUTION: When routing cables, make sure that the cable is seated in the groove of all pulleys and underneath all retaining bolts, pins or brackets. **Failure to do so, may result in damage to cable.**

STEP 17



PULLEY BRACKET NUT

NOTE 1:

LIFT HEAD PLATE UP AND REMOVE THE WEIGHT STACK PIN. LOWER THE HEAD PLATE BACK DOWN ON TOP OF THE FIRST PLATE. IF IT DOES NOT TOUCH, SEE **NOTE 2**. CHECK EACH CABLE END, IF ANY FEEL LOOSE OR ARE NOT TOUCHING THE PULLEY BRACKETS, SEE **NOTE 3**.

NOTE 3:

IF THERE ARE GAPS BETWEEN ANY OF THE CABLE ENDS AND THE PULLEY BRACKET. TEMPORARILY LOOSEN BUT DO NOT REMOVE **PULLEY BRACKET NUT**.

TIGHTEN **TENSION ADJUSTMENT BOLT** IN SMALL INCREMENTS AND CHECK CABLE TENSION AS WELL AS THE HEADPLATE. IF THE HEADPLATE LIFTS OFF THE FIRST PLATE, LOOSEN UNTIL IT TOUCHES AND **SECURELY TIGHTEN THE PULLEY BRACKET NUT**.

TENSION ADJUSTMENT BOLT

NOTE 2:

IF THERE IS A GAP BETWEEN THE HEAD PLATE AND FIRST PLATE, LOOSEN ONE OR BOTH OF THE NUTS SHOWN AND ADJUST PULLEYS UP UNTIL HEAD PLATE TOUCHES THE FIRST PLATE. RETIGHTEN BOLT CONNECTIONS **SECURELY**.

IF THERE IS EXCESS SLACK IN THE CABLE ENDS, LOOSEN ONE OR BOTH OF THESE BOLTS AND ADJUST PULLEYS DOWN AS NEEDED. RETIGHTEN BOLT CONNECTIONS **SECURELY**.

STEP 18

FLOATING PULLEY
GUIDE CABLE (5956301)

NOTE 1:
ROUTE CABLE END THROUGH THE
TUBE OF THE FLOATING PULLEY.
INSERT CABLE END INTO SLOT.

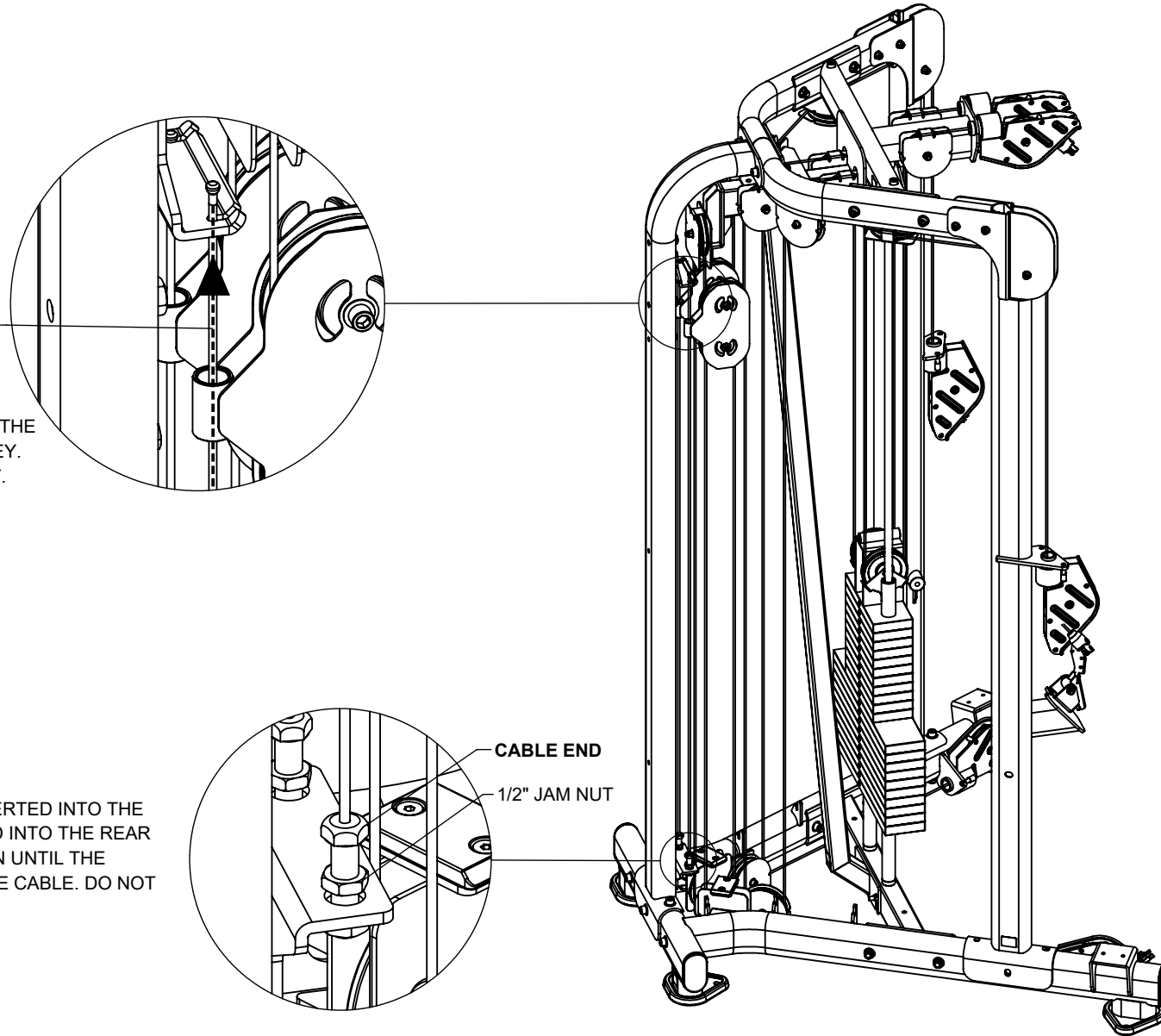
NOTE 2:
ONCE TOP CABLE END IS INSERTED INTO THE
SLOT, THREAD OPPOSITE END INTO THE REAR
UPRIGHT AS SHOWN. TIGHTEN UNTIL THE
SLACK IS REMOVED FROM THE CABLE. DO NOT
OVERTIGHTEN.

CABLE END
1/2" JAM NUT

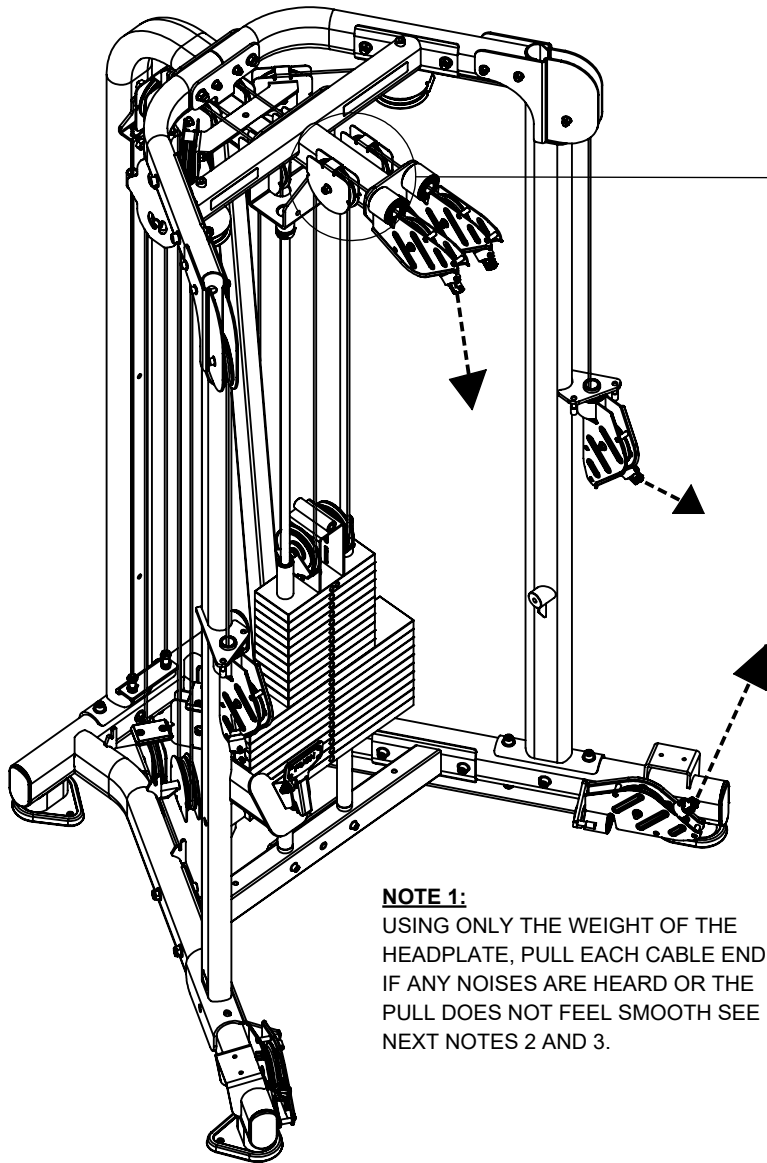
NOTES:

Repeat this step on both sides.

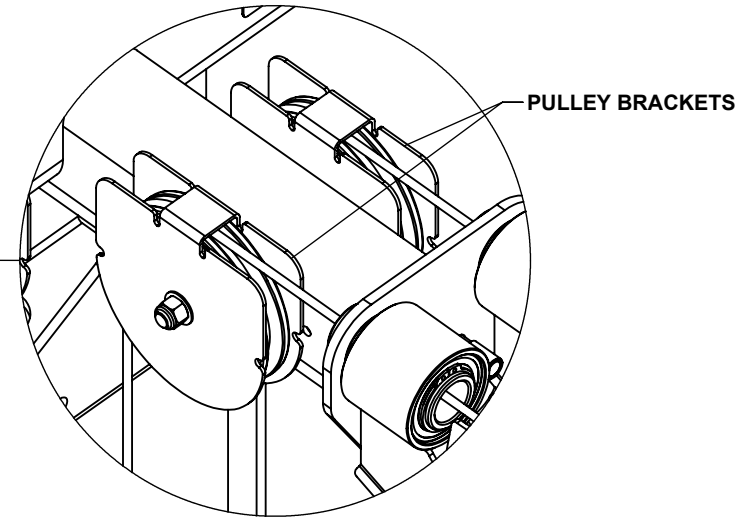
SECURELY tighten bolt connections in this step.



STEP 19

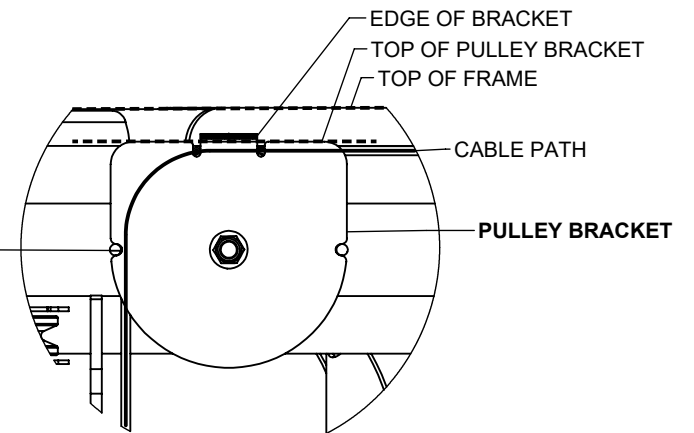


NOTE 1:
USING ONLY THE WEIGHT OF THE HEADPLATE, PULL EACH CABLE END. IF ANY NOISES ARE HEARD OR THE PULL DOES NOT FEEL SMOOTH SEE NEXT NOTES 2 AND 3.



NOTE 2:
FOLLOW THE PATH OF EACH CABLE. VERIFY THAT ALL PULLEY BRACKETS ARE TIGHT AND DO NOT SPIN EASILY BY HAND. CHECK THAT CABLE IS ROUTED UNDER ALL RETAINING BRACKETS AND PINS.

NOTE: ALIGN HOLE IN FRAME WITH SLOT IN PULLEY BRACKET WHERE POSSIBLE.

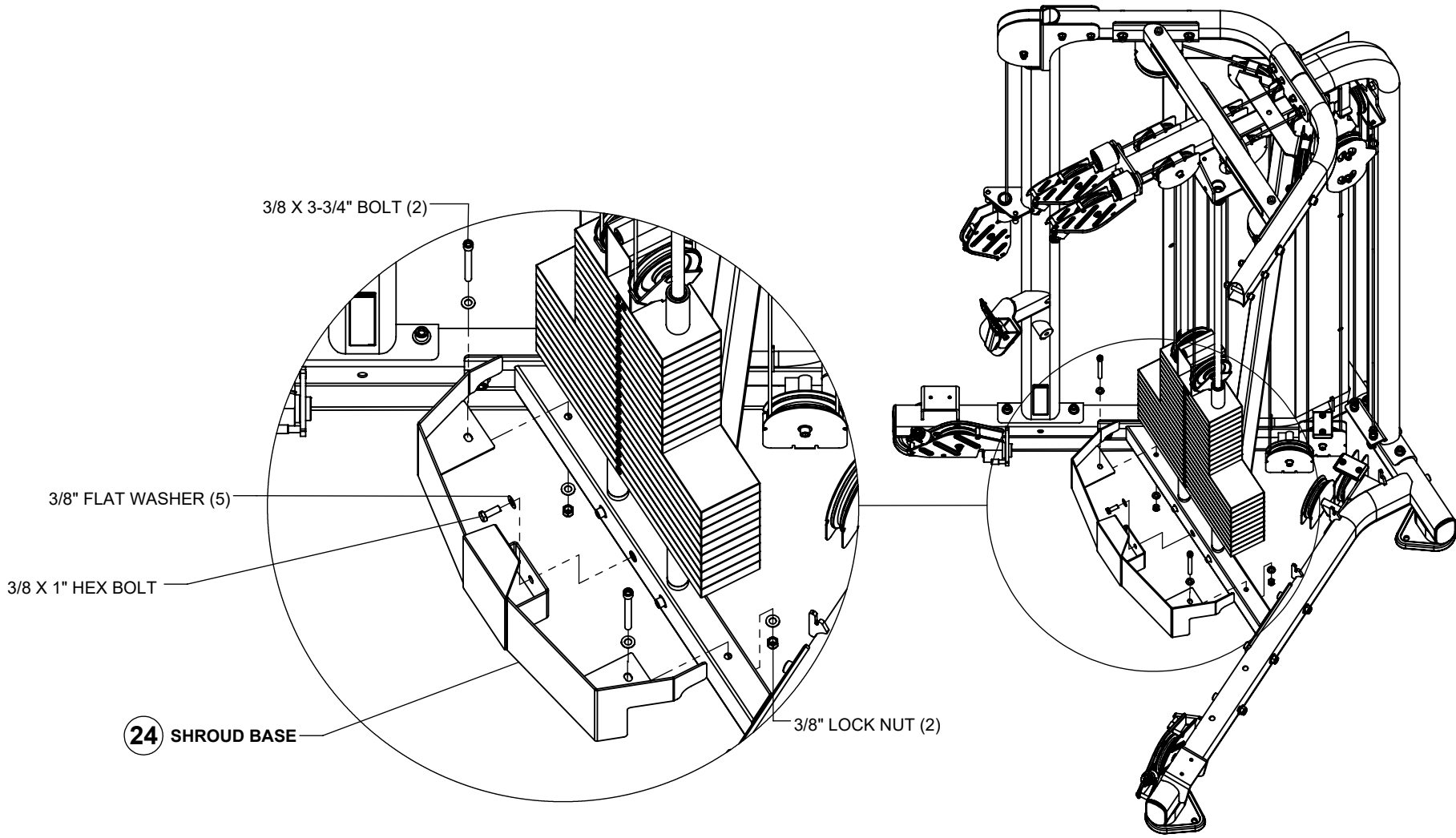


NOTE 3:
CHECK THAT EACH PULLEY BRACKET IS PARALLEL TO THE FRAME AS SHOWN. IF THE BRACKET IS ANGLED TOO FAR TO ONE SIDE, THE EDGE OF THE BRACKET MAY RUB ON THE CABLE. LOOSEN HARDWARE ADJUST ANGLE AS NEEDED AND SECURELY TIGHTEN.

NOTES:

CAUTION! THIS STEP MUST BE COMPLETED BEFORE PROCEEDING.

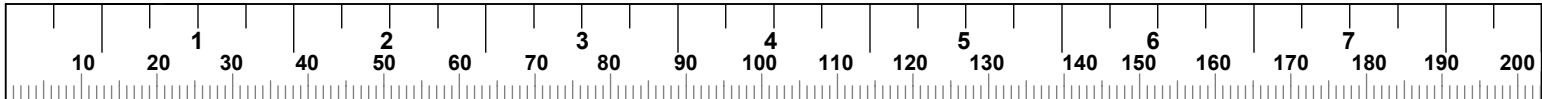
STEP 20



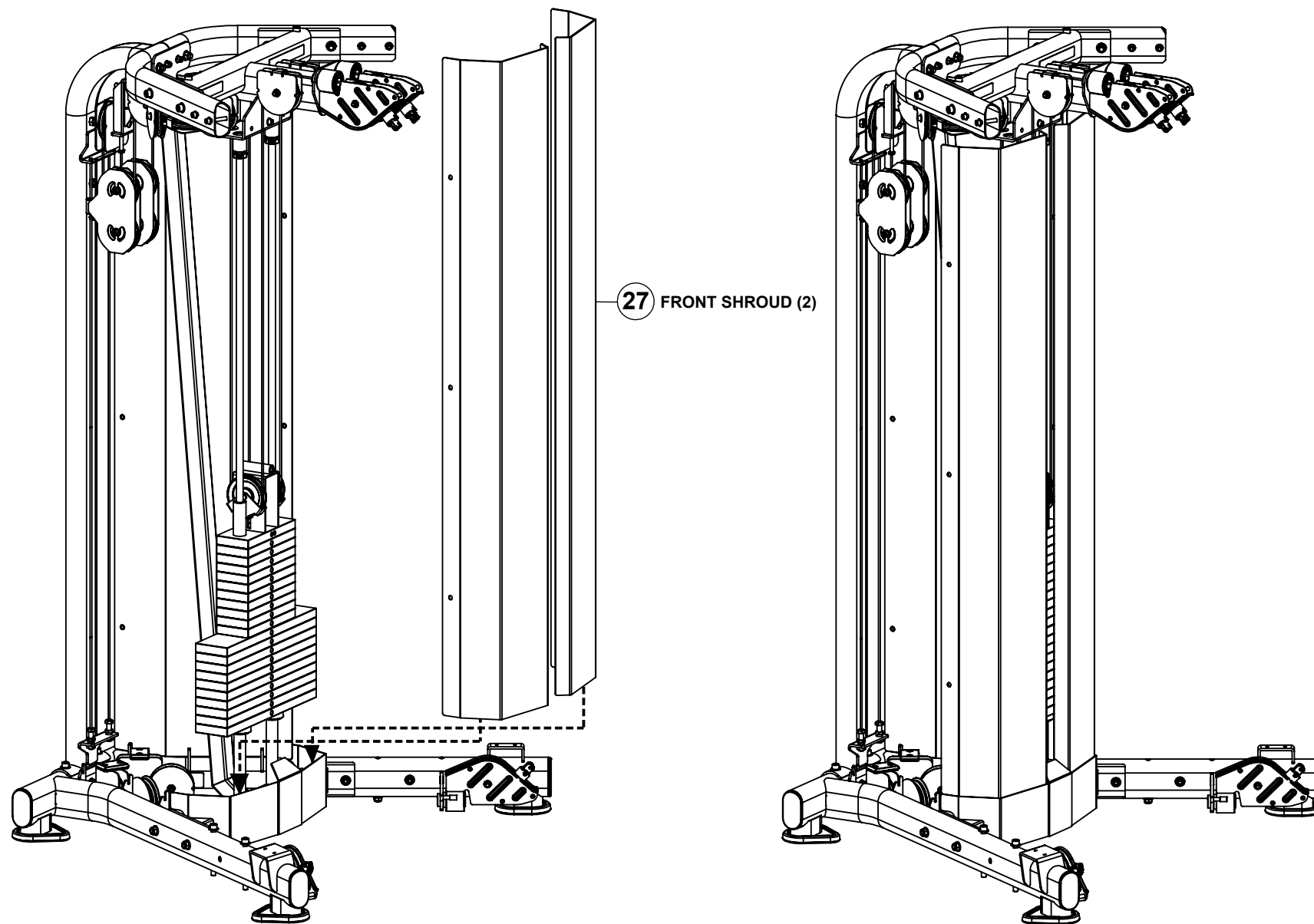
NOTES:

Repeat this step on both sides.

SECURELY tighten bolt connections in this step.



STEP 21



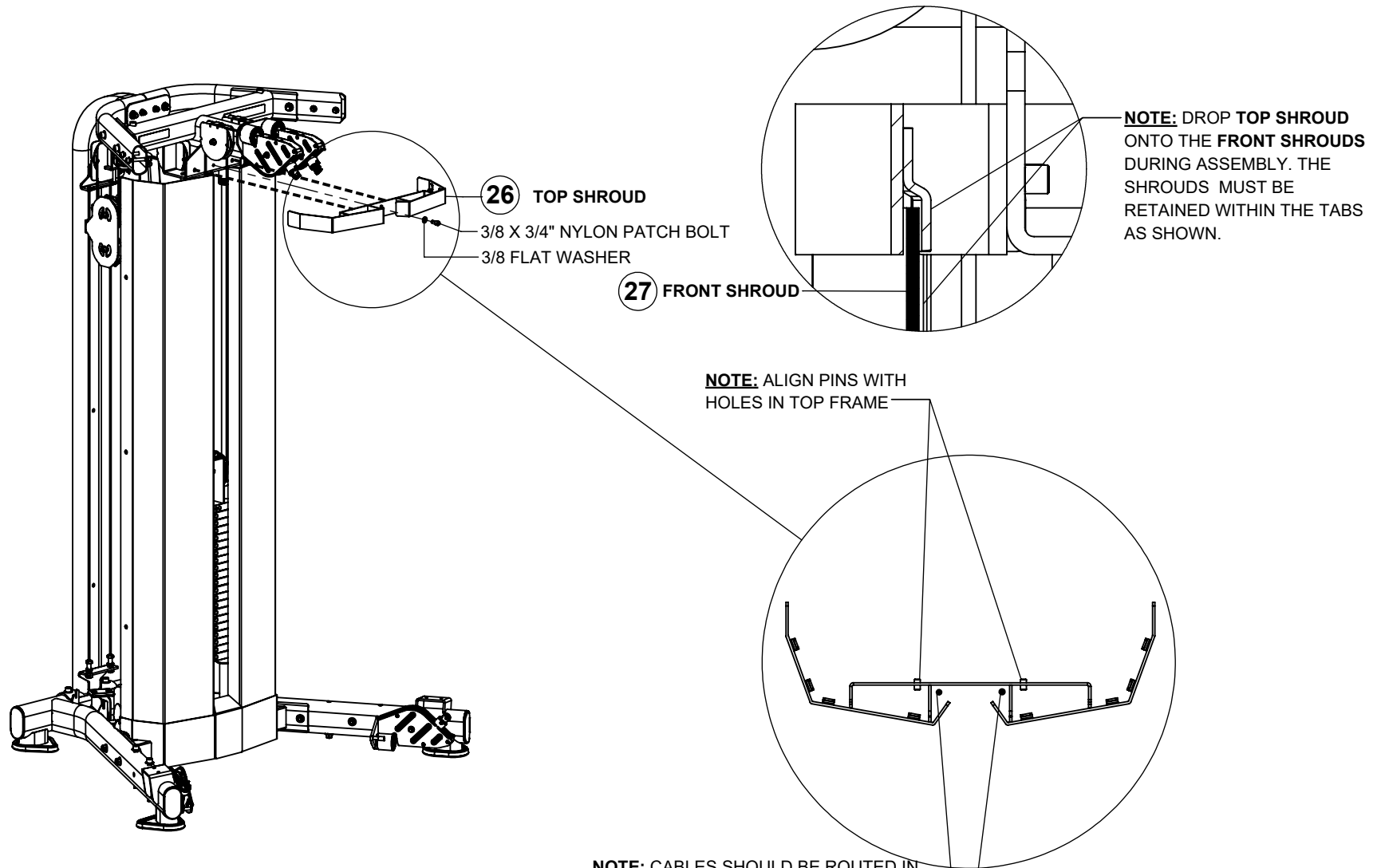
27 FRONT SHROUD (2)

ASSEMBLED VIEW

NOTES:

Uprights hidden for assembly clarity.

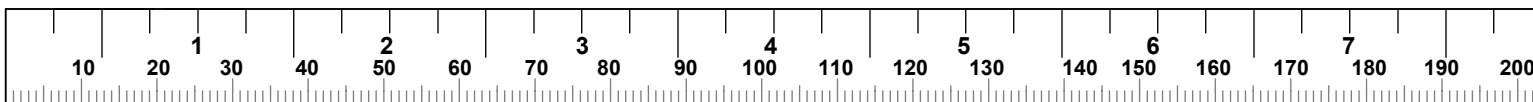
STEP 22



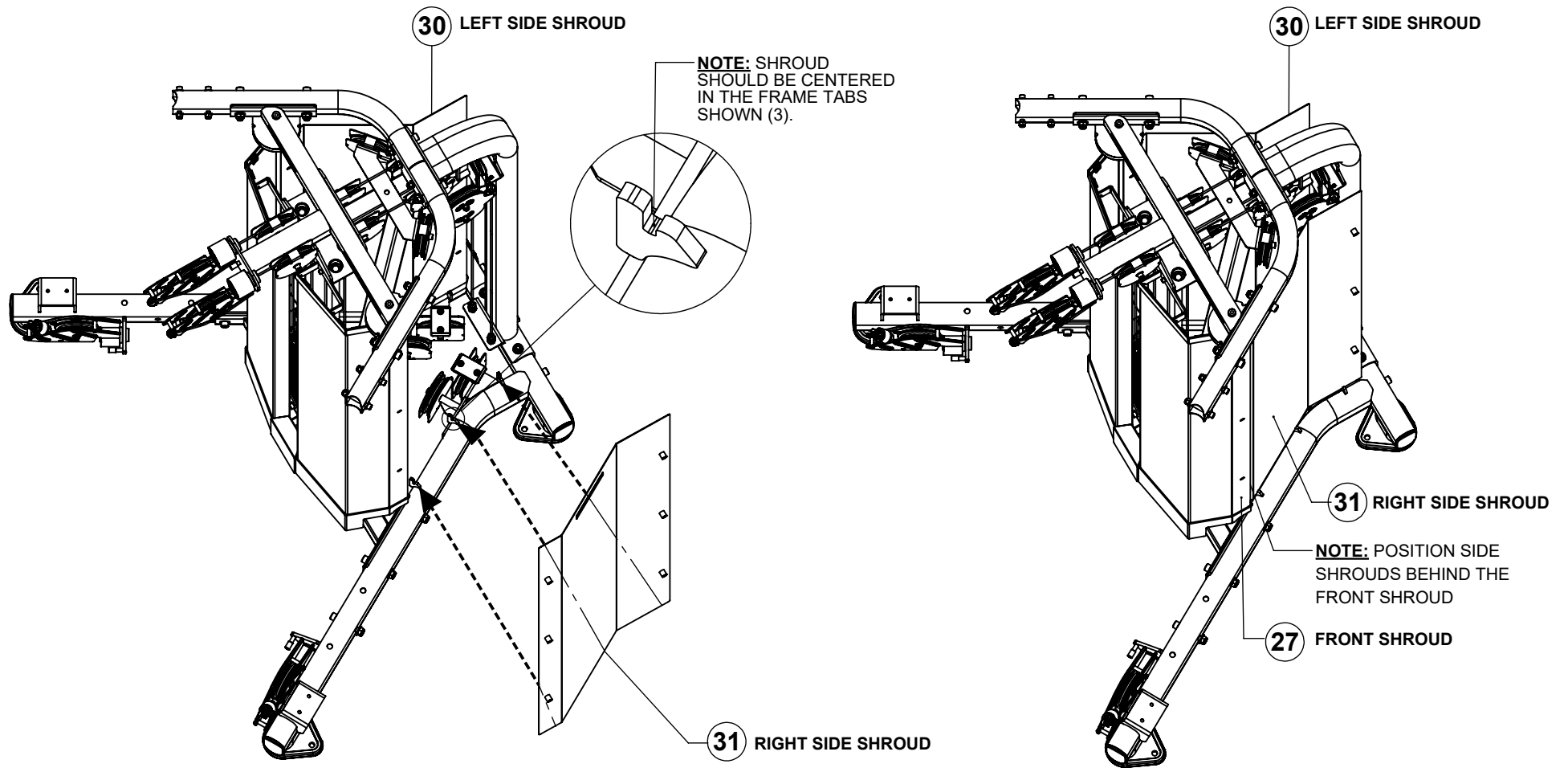
NOTES:

Uprights hidden for assembly clarity.

SECURELY tighten bolt connections in this step.



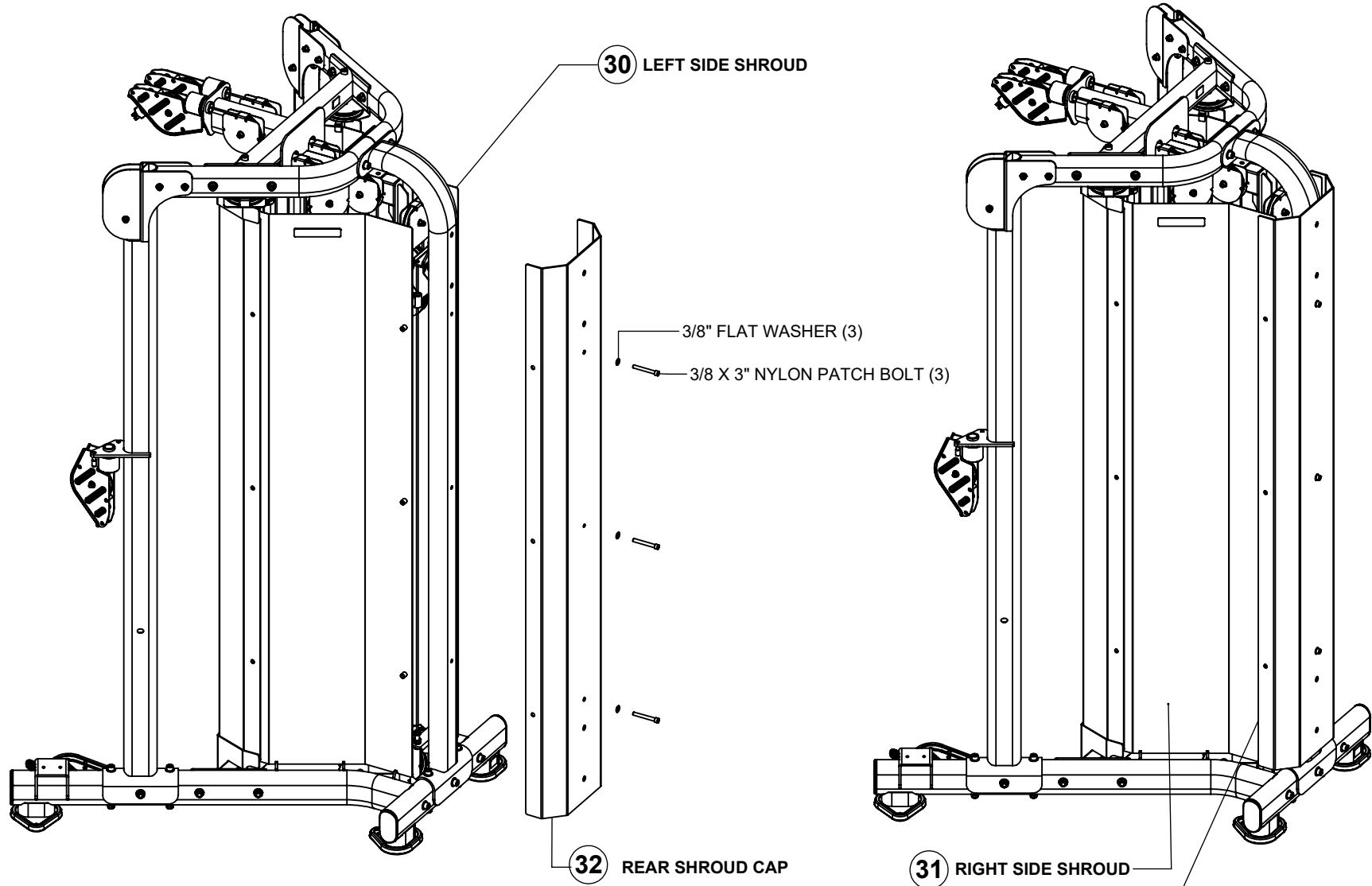
STEP 23



NOTES:

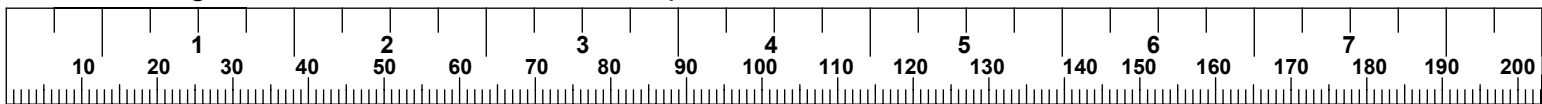
Repeat this step for both side shrouds on the left and right side of the machine.

STEP 24

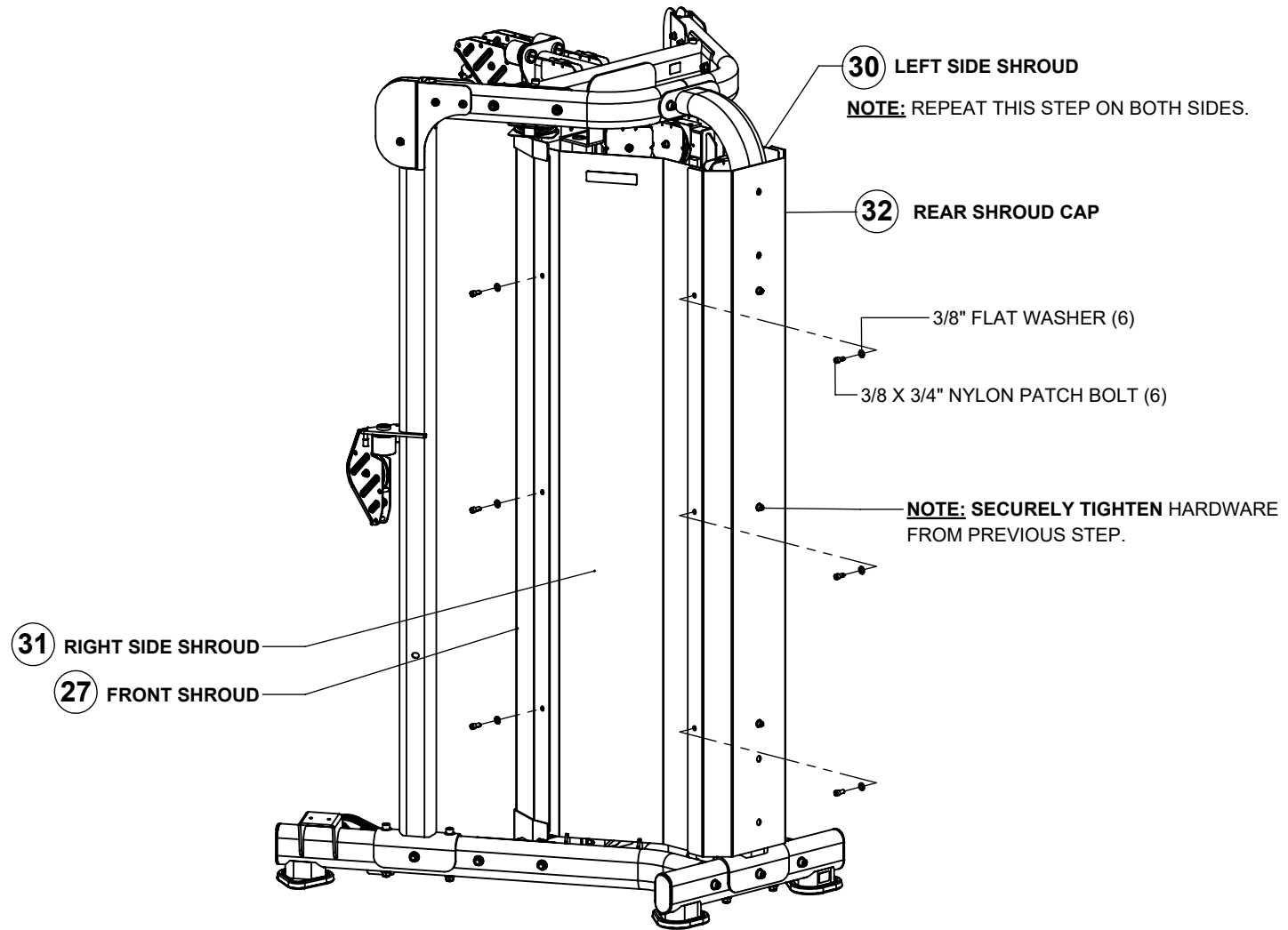


NOTES:

LOOSELY tighten bolt connections in this step.



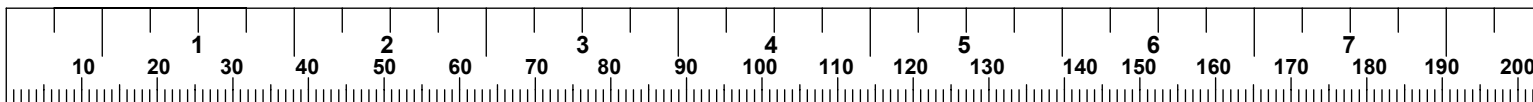
STEP 25



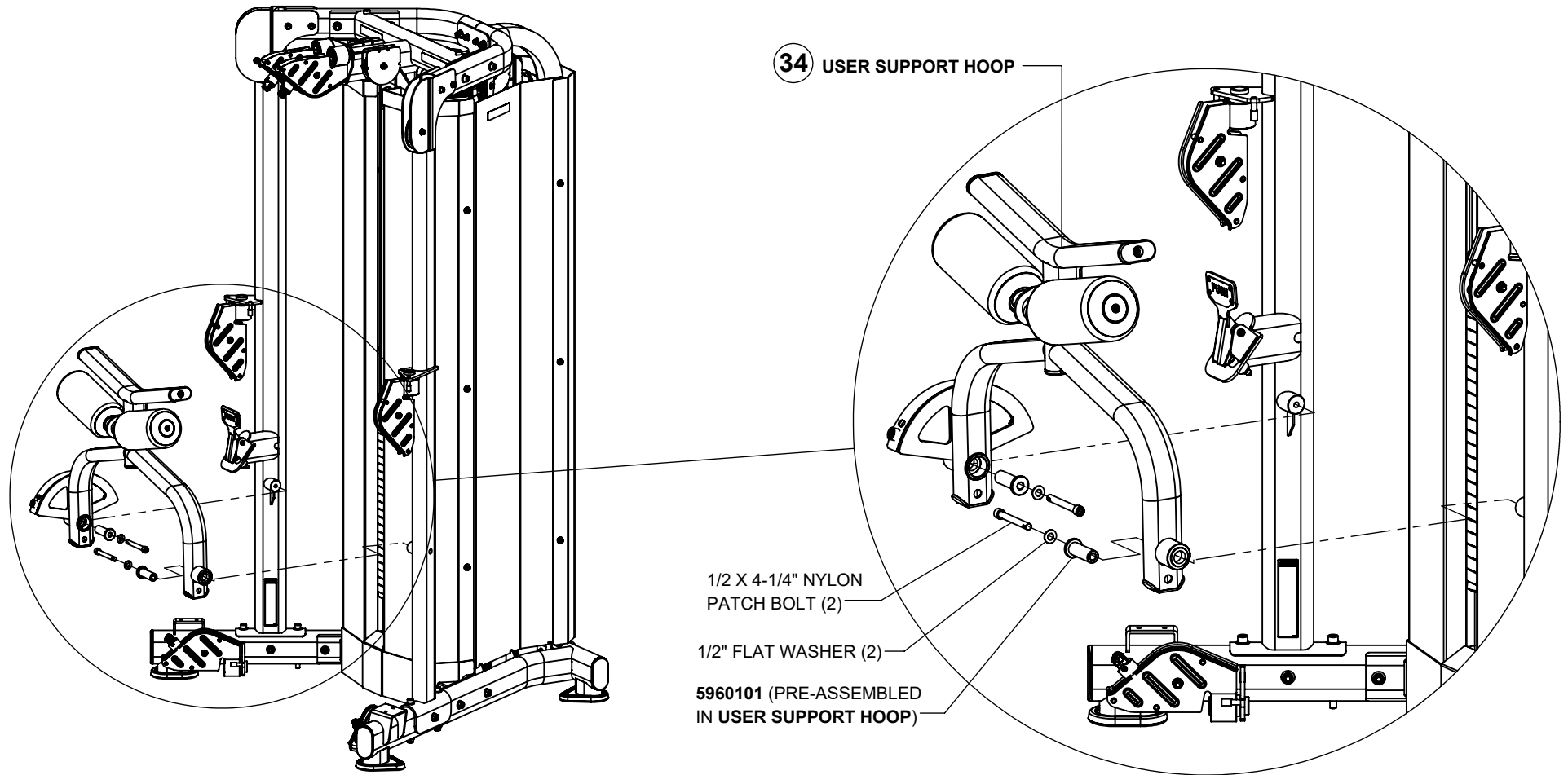
NOTES:

Repeat this step on both sides.

SECURELY tighten bolt connections in this step and previous step.

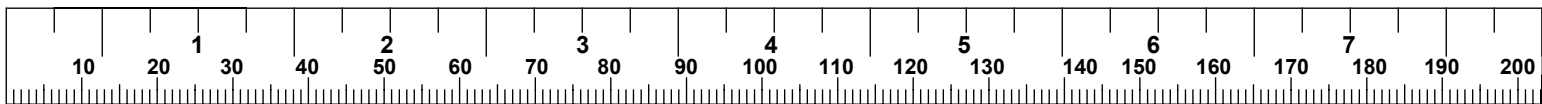


STEP 26

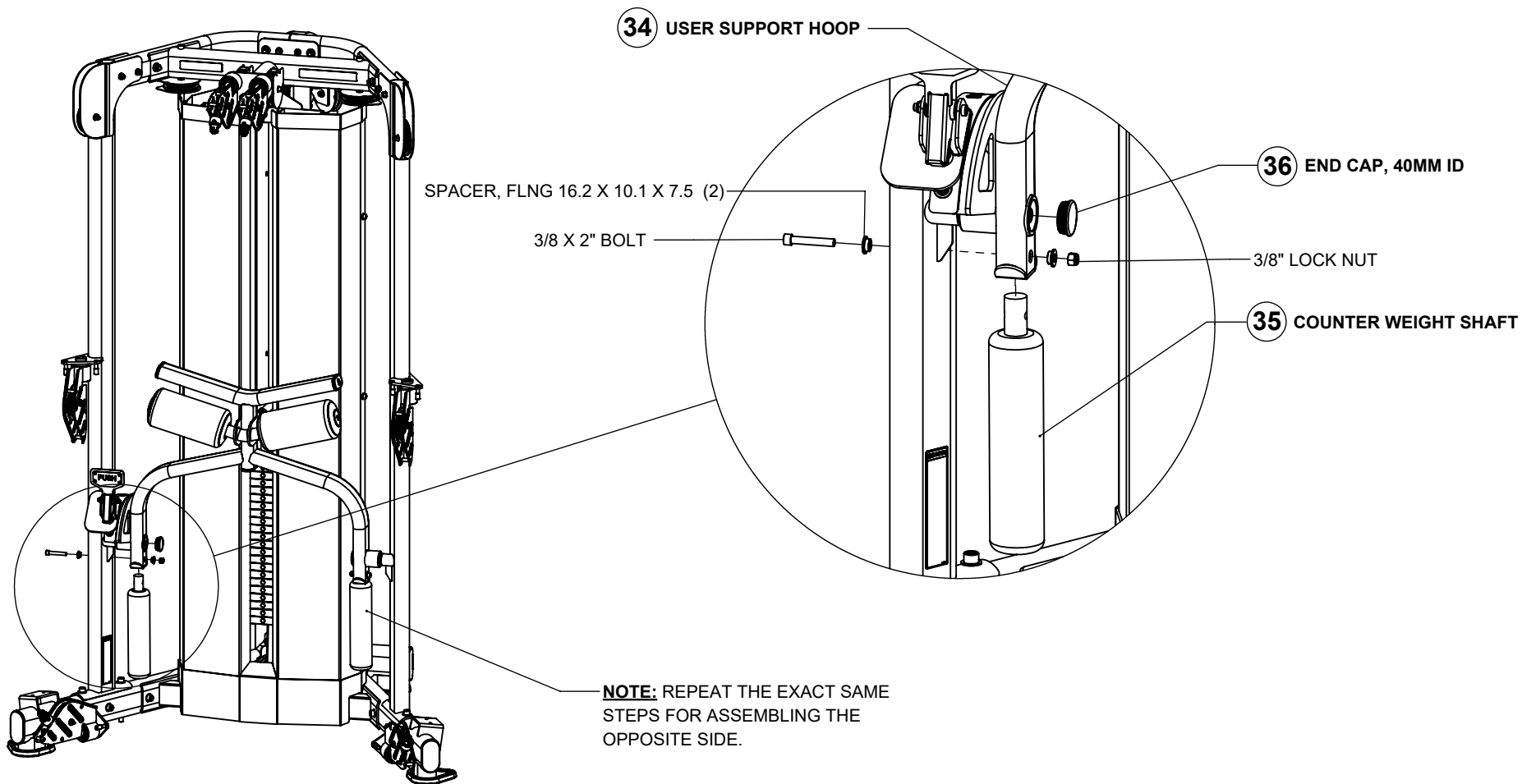


NOTES:

SECURELY tighten bolt connections in this step.

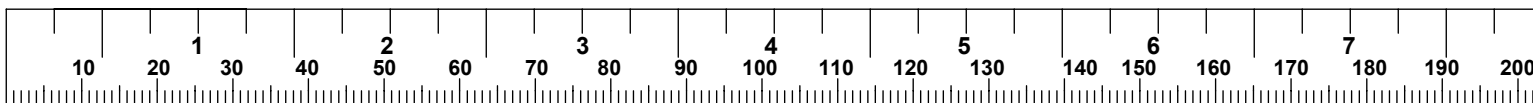


STEP 27

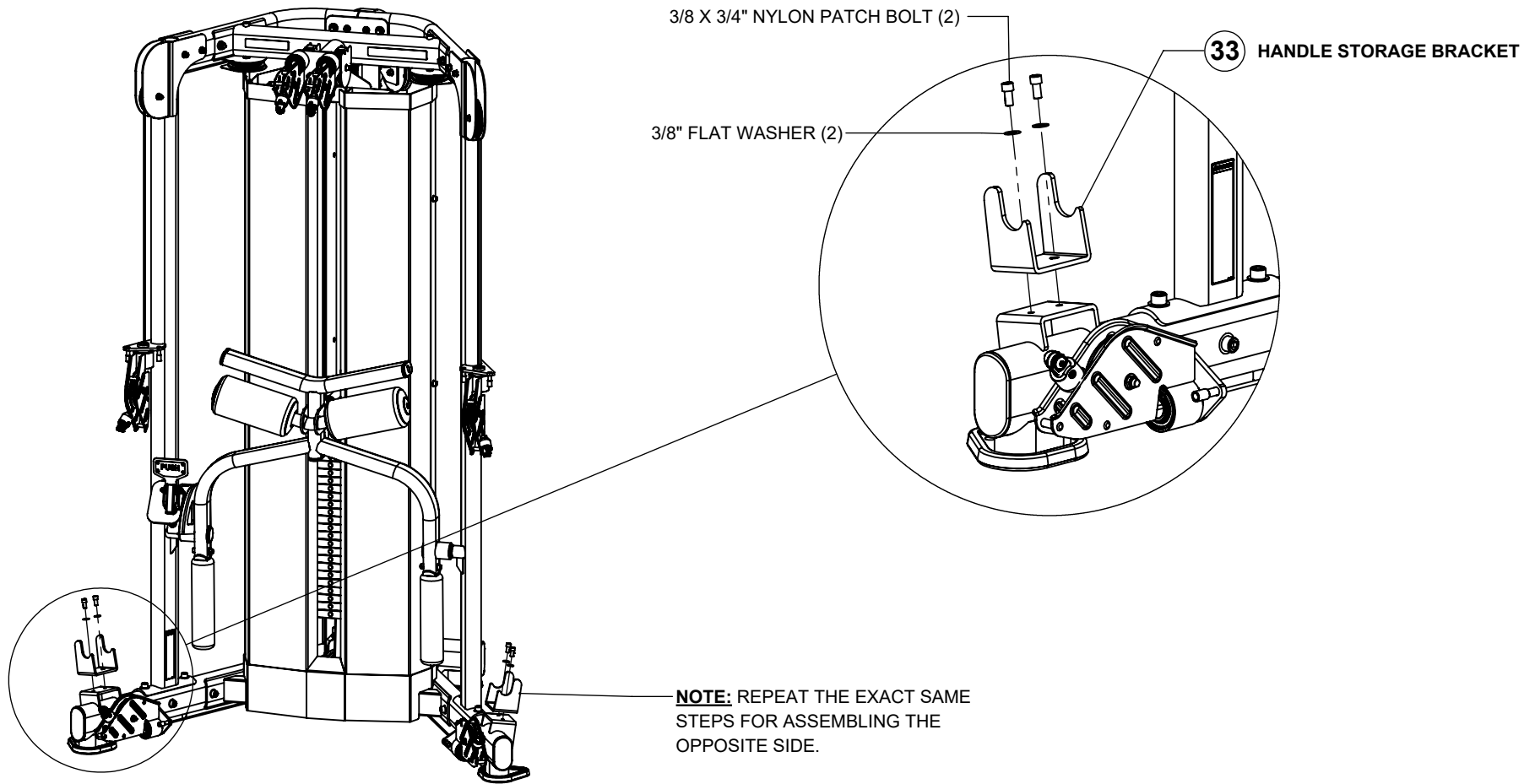


NOTES:

SECURELY tighten bolt connections in this step.

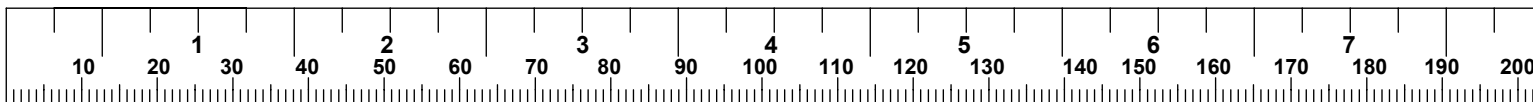


STEP 28

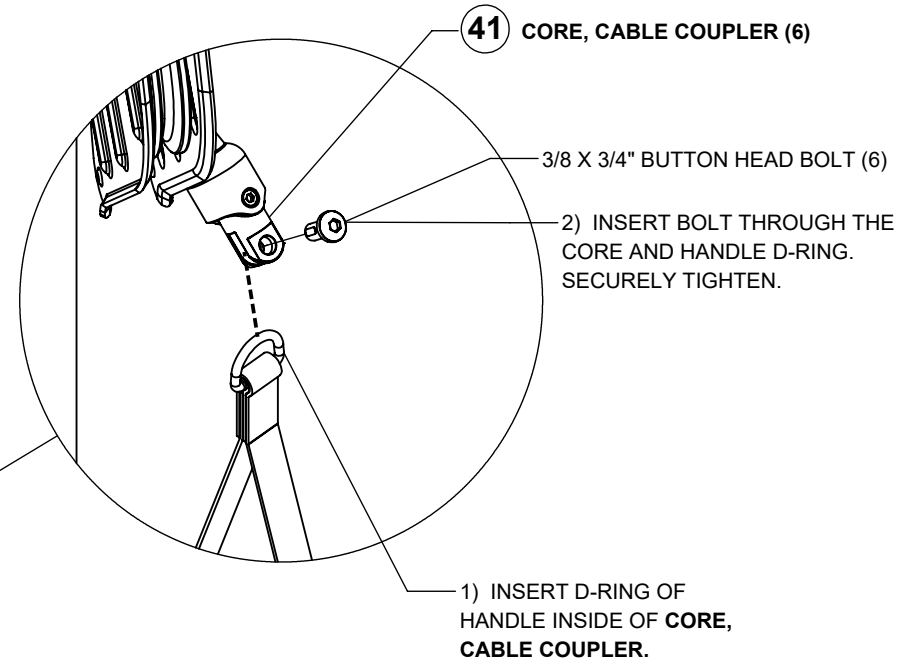
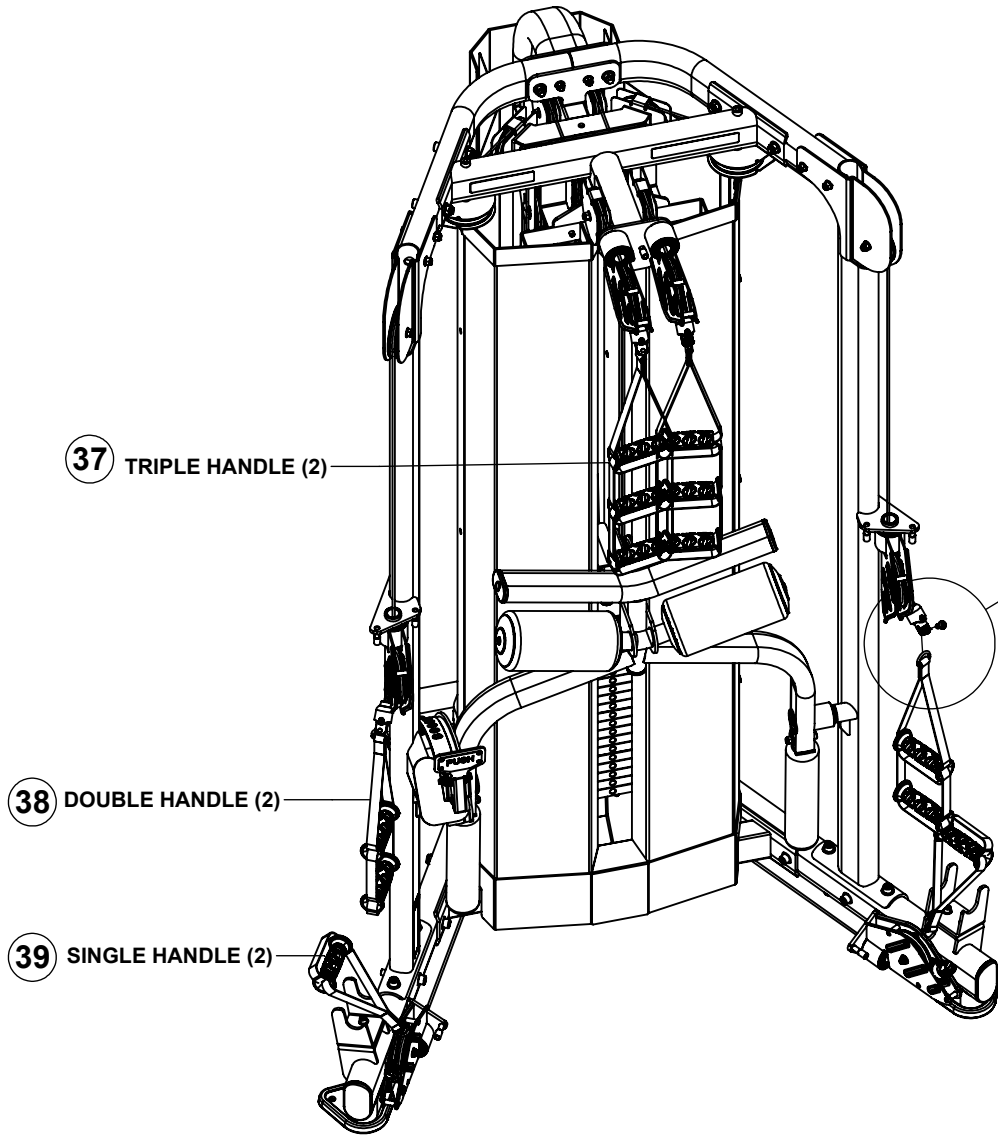


NOTES:

SECURELY tighten bolt connections in this step.

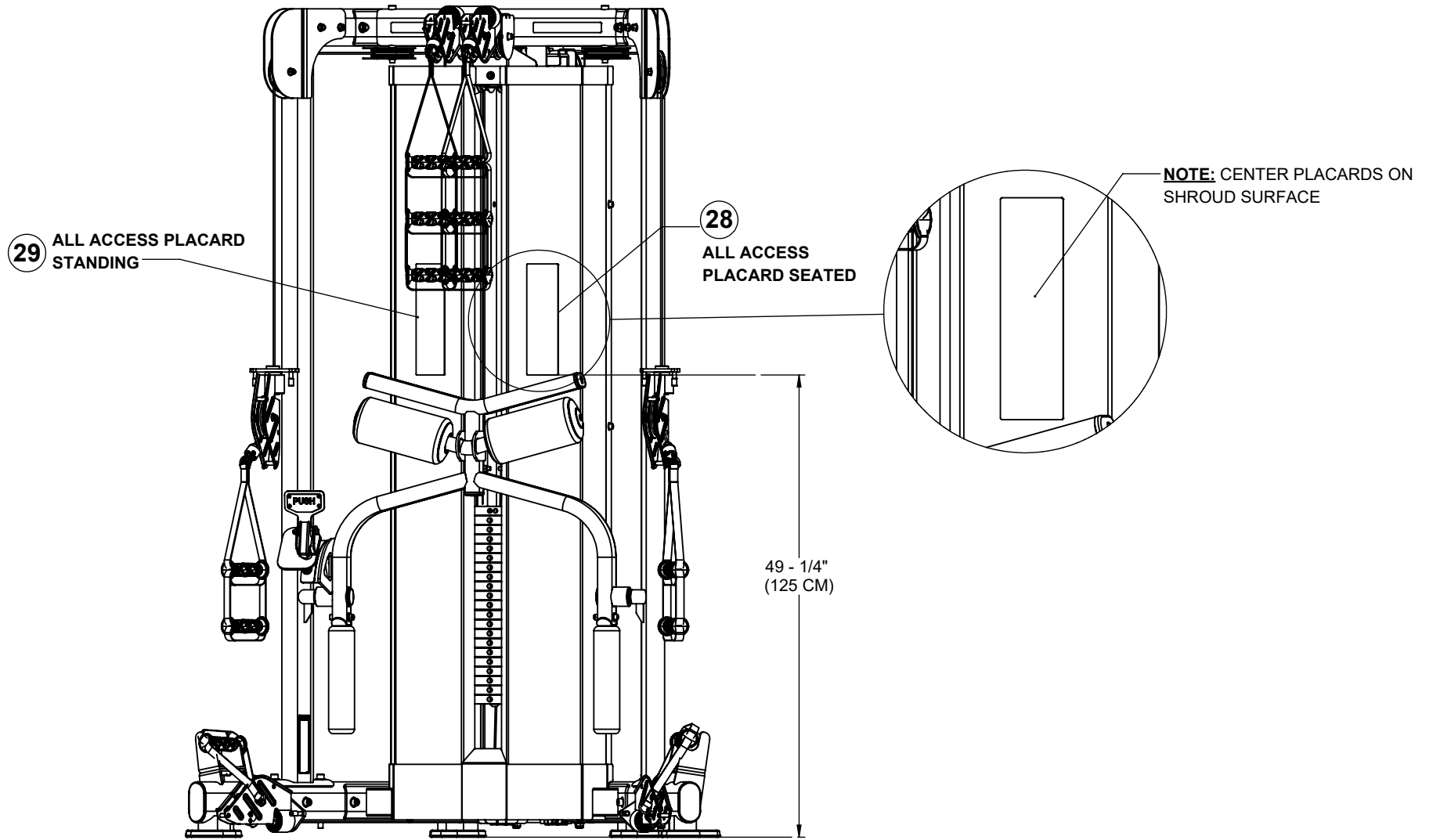


STEP 29

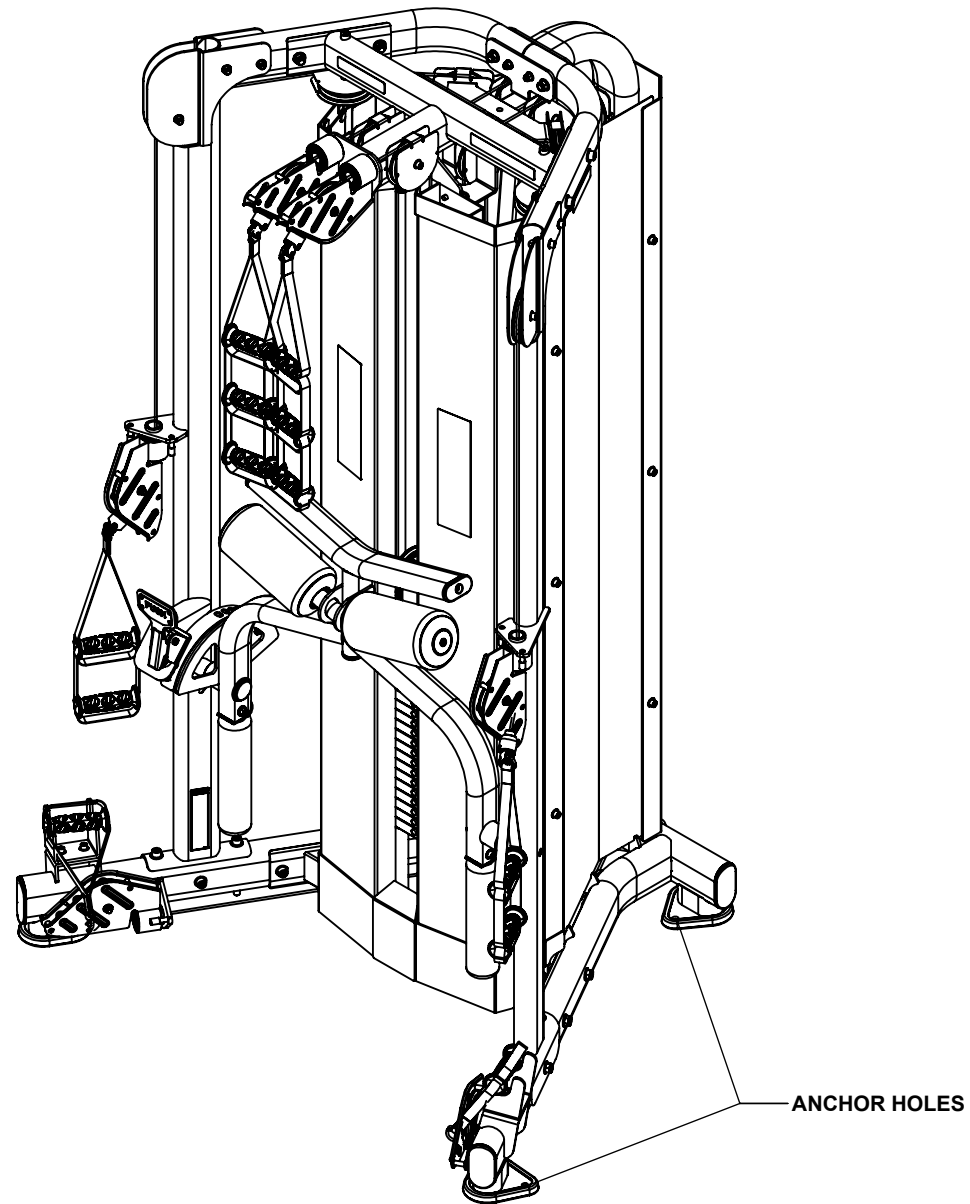


NOTE: REPEAT THIS STEP FOR ALL 6 HANDLES.

STEP 30



FLOOR ANCHORING



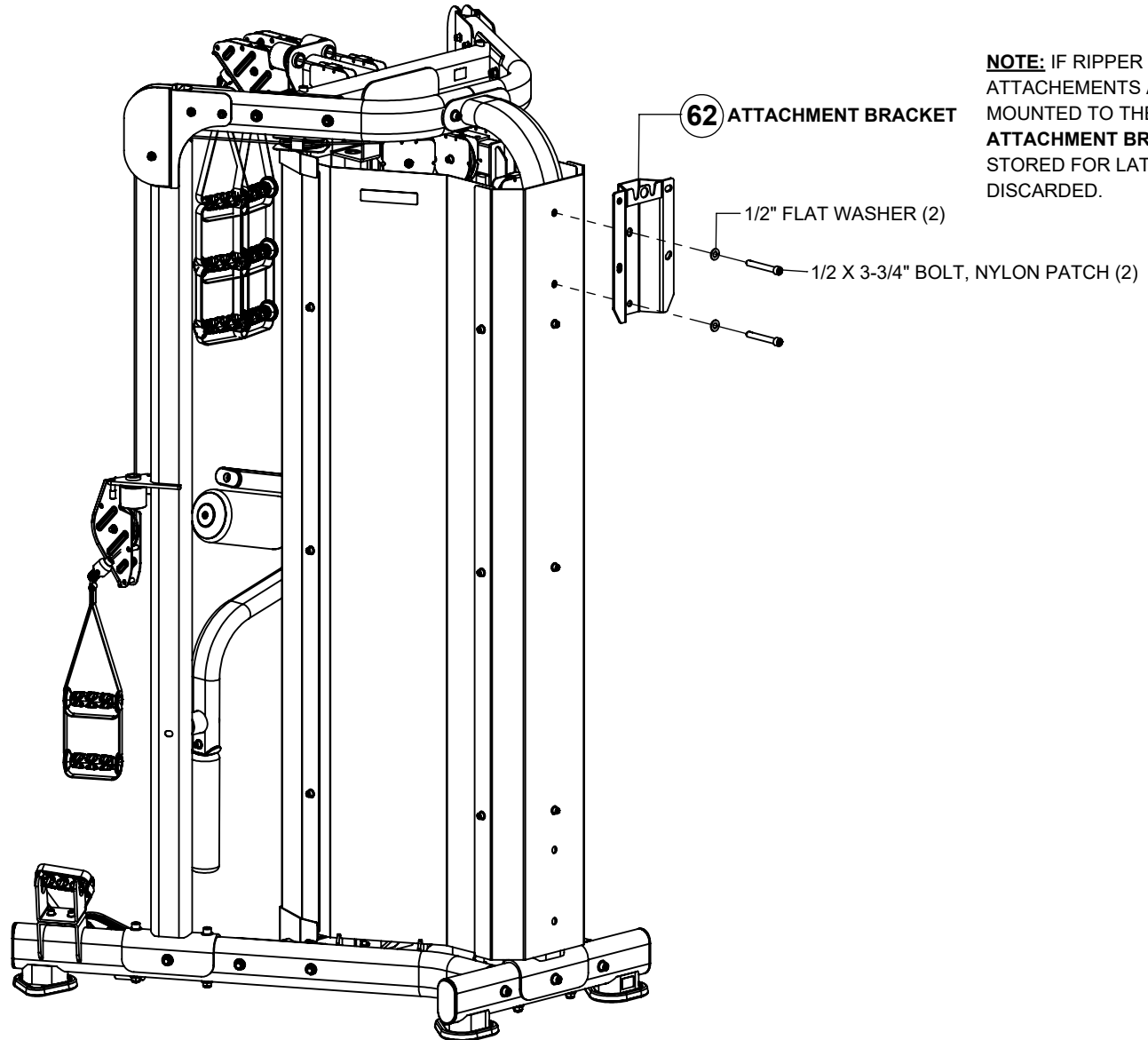
NOTES:

Make sure all bolts are **SECURELY** tightened.

Position unit to desired location in the room.

Anchor the unit to the floor. For more floor anchoring instructions, reference www.torquefitness.com/assembly-manuals

OPTIONAL RELENTLESS RIPPER / RELENTLESS ROPE MOUNT

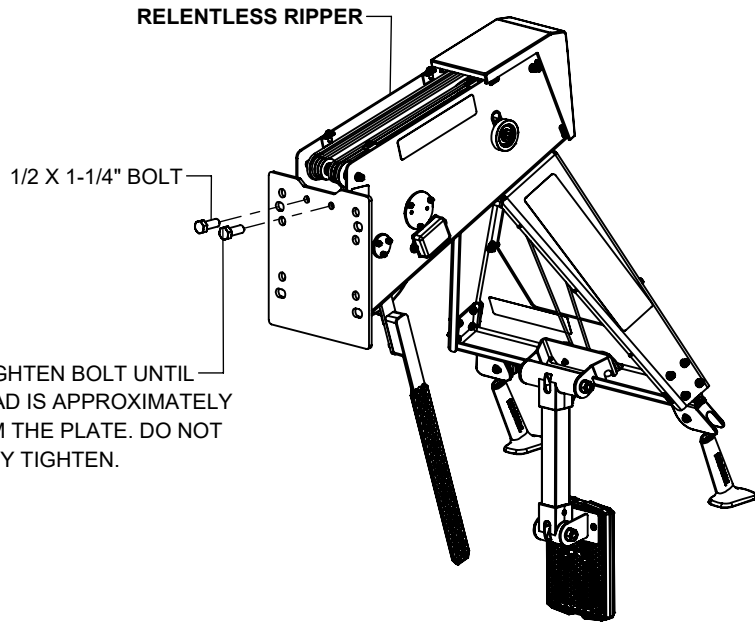


NOTE: IF RIPPER OR ROPE ATTACHEMENTS ARE NOT BEING MOUNTED TO THE UNIT, **ATTACHMENT BRACKET** MAY BE STORED FOR LATER USE OR DISCARDED.

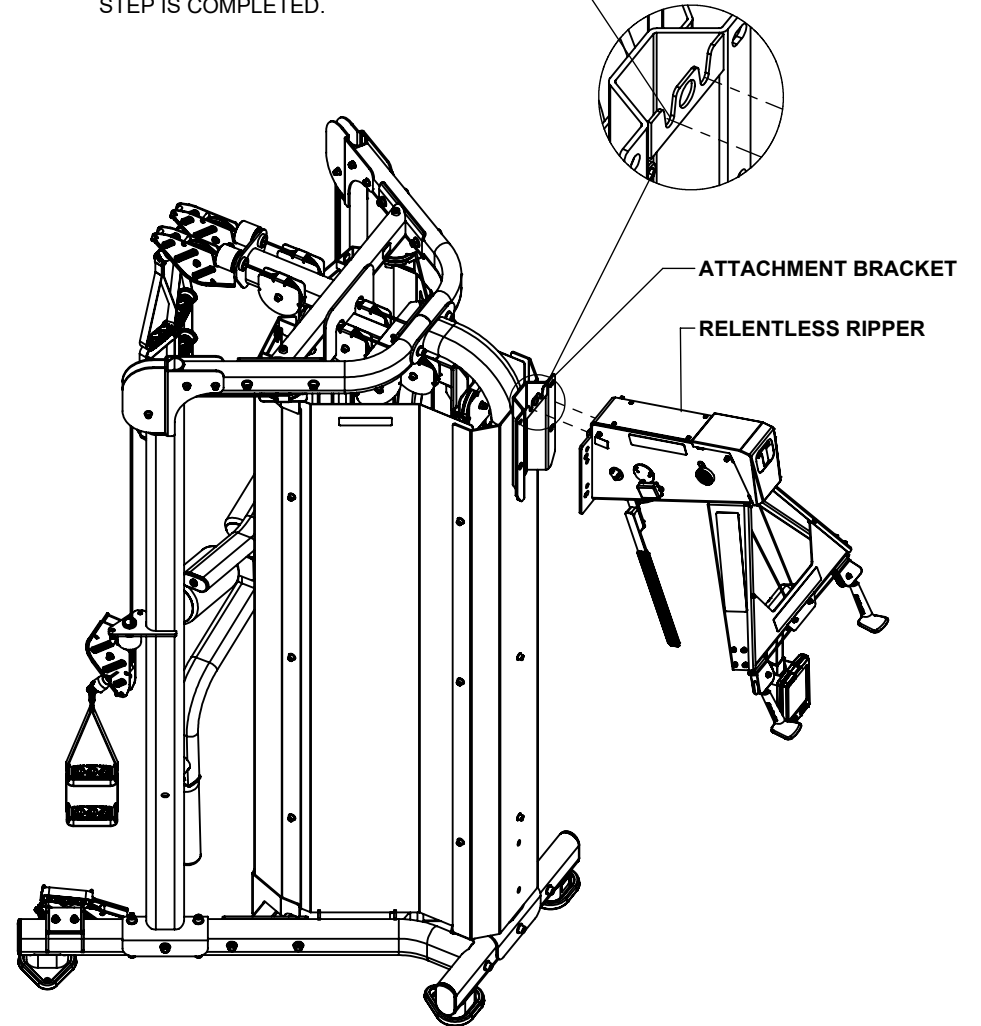
NOTES:

SECURELY tighten bolt connections in this step.

OPTIONAL RELENTLESS RIPPER / RELENTLESS ROPE MOUNT



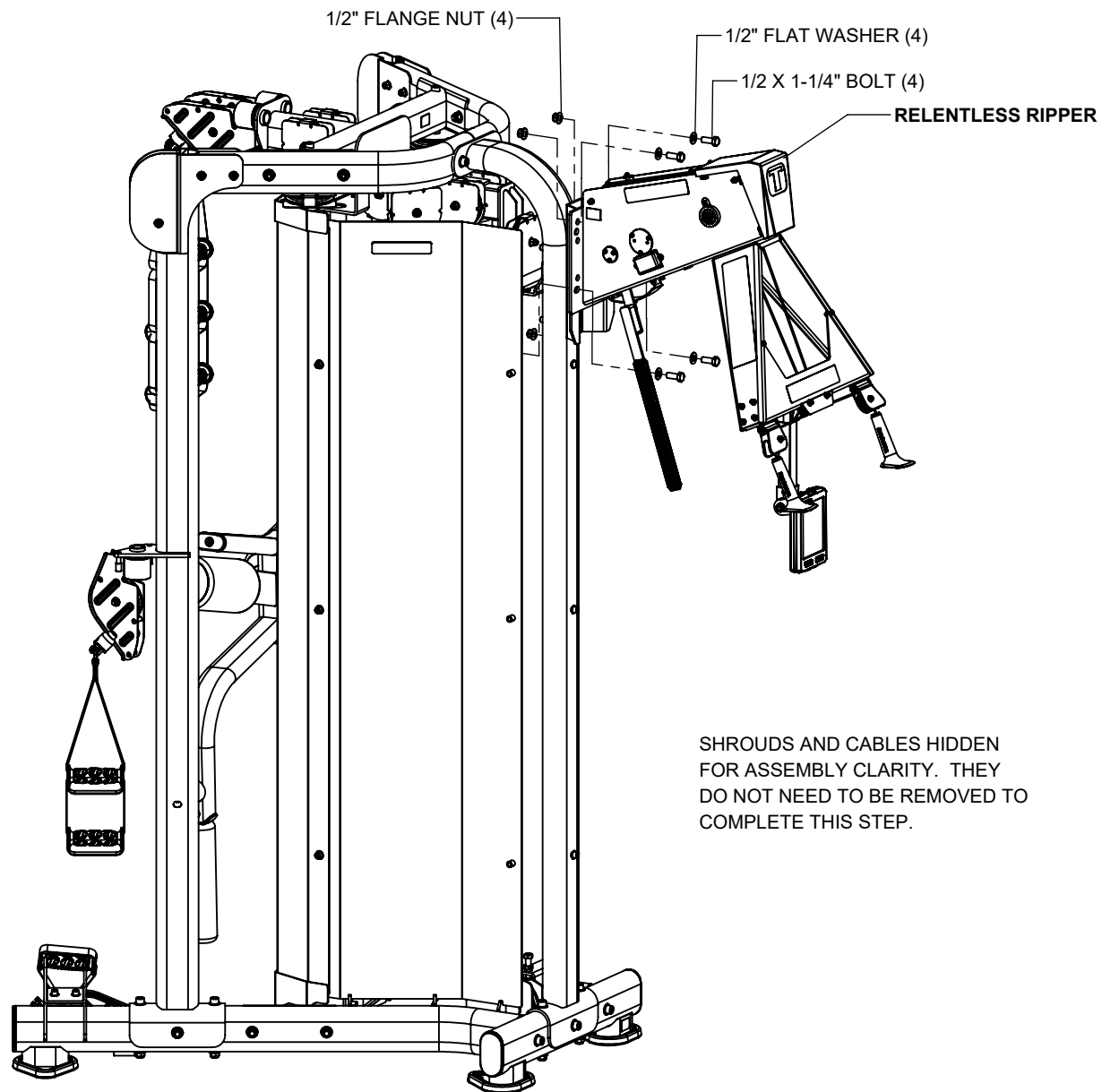
NOTE: THE BOLTS INSTALLED IN THE PREVIOUS STEP MAY BE USED TO TEMPORARILY HANG THE ATTACHMENT IN PLACE. DO NOT LEAVE UNATTENDED UNTIL NEXT STEP IS COMPLETED.



NOTES:

RELENTLESS RIPPER is shown. The **RELENTLESS ROPE** is assembled the exact same way.

OPTIONAL RELENTLESS RIPPER / RELENTLESS ROPE MOUNT



NOTES:

RELENTLESS RIPPER is shown. The **RELENTLESS ROPE** is assembled the exact same way.

SECURELY tighten bolt connections in this step and previous steps.

MAINTENANCE

GUIDE RODS: Clean and lubricate with a silicone or teflon based lubricant

INSPECTION: Once a month, check for loose bolts. Tighten if necessary.

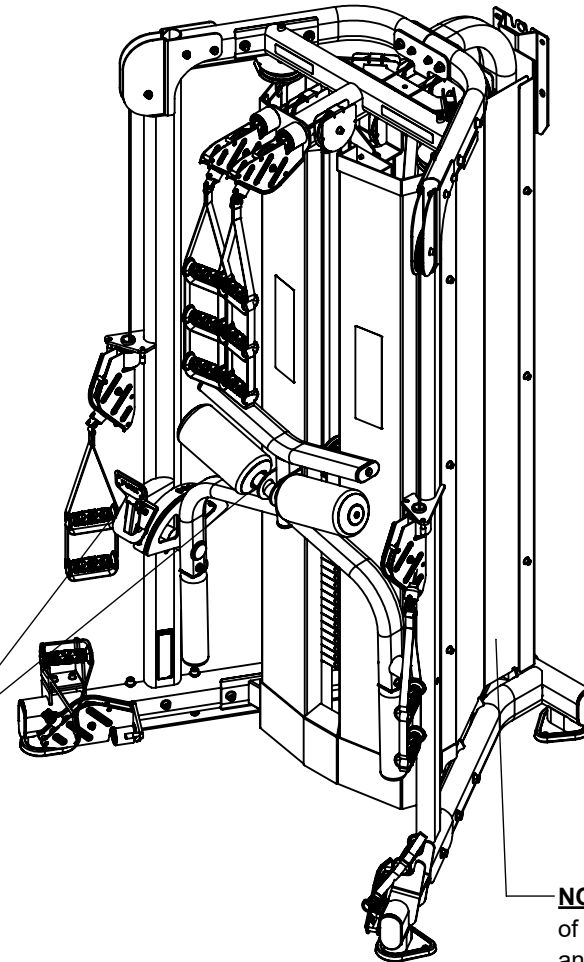
CABLES: Check tension, end fitting and cable coating. Replace if damage or worn. (NOTE: NEW CABLES ALWAYS STRETCH DURING USE. REFER TO STEP 17, PAGE 27 TO ADJUST CABLE TENSION) To access inside of the unit to adjust tension and check cables, side shrouds from step 22, page 33 may be temporarily removed.

FRAME: Clean with a damp cloth.

SPRING PINS: Check that spring pin fully engages the hole when released. Tighten spring pin nut as needed.

UPHOLSTERY: Wipe down and dry after each use. Clean and condition periodically.

NOTE: To adjust the user support push handle and rotate the pad assembly.



NOTE: To access the inside of the unit to adjust tension and visually check cables for wear, side shrouds from step 23, page 33 may be temporarily removed.