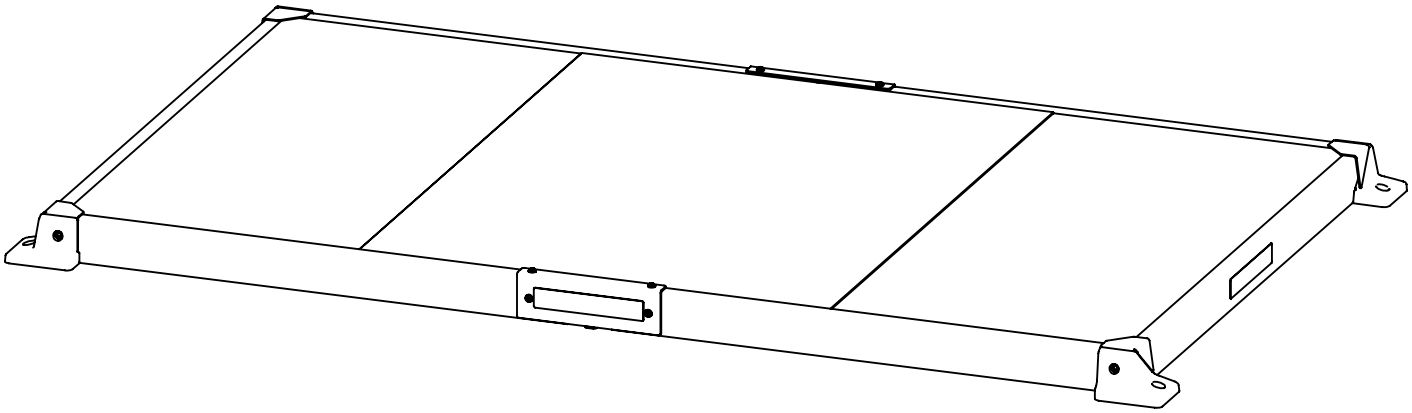
PLATFORM ASSEMBLY GUIDE

VERSION: PRSA-4, PWSA-4

PART #: 6076701 Rev B



TORQUE USA

WARNING !

Important safety instructions for using Equipment

There is a risk assumed by the individuals who use this type of equipment. To minimize risk, you must follow these precautions:

1. **READ ALL INSTRUCTIONS AND WARNING LABELS COMPLETELY PRIOR TO ANY USE OR ASSEMBLY. Failure to read and follow the safety instructions and warnings within the Assembly and Maintenance Guide may result in possible serious injury or death. Use this product only for the intended uses described in the Assembly and Maintenance Guide and exercise booklet. DO NOT** modify equipment in any way. **Any use other than as intended or modification of product will void any and all product warranties.**
2. Consult your physician before starting any exercise program. Warm up properly before engaging in resistance training. Stop exercising and consult a physician immediately if you experience dizziness, nausea, faintness, chest pain, shortness of breath or any other abnormal symptoms during use of this equipment.
3. Certain exercise equipment and/or equipment may not be suitable or appropriate for pregnant women, people with heart conditions, balance impairment or other pre-existing health problems. Persons with disabilities should consult a physician and obtain medical approval prior to using this product and should only use this product under close supervision. **Failure to comply with these instructions will void any and all product warranties.**
4. Carefully inspect equipment before each use. Replace all parts at the first sign of wear or damage. Tighten all loose connections. Do not disassemble, remove any parts or components or otherwise attempt to repair this product. **DO NOT** use product if product appears damaged. **DO NOT** attempt to fix a broken or jammed machine, obtain assistance by contacting **service@torquefitness.com**. **Failure to comply with these instructions will void any and all product warranties.**
5. Keep body and clothing clear of all moving parts. Wear comfortable clothing which does not impair freedom of movement. Do not wear clothing which is too loose and could get caught in moving parts..
6. Children and pets must not be allowed near this machine. Supervise teenagers. This product is not a toy.
7. If unsure of proper use of this product, contact Torque Fitness Customer service at: 763-754-7533 or service@torquefitness.com

Important Safety Instructions for Assembling Equipment

1. **Assistance is required. Torque Fitness recommends using more than one person to assemble this equipment.**
2. This product must be assembled on a flat, level surface to assure its proper function. Locate the unit a few inches from walls or furniture to allow easy access during assembly and use.
3. Read each numbered step in Assembly and Maintenance Guide and follow the steps in sequence. Skipping ahead may result in damage to the equipment and may require components to be disassembled.
4. Wear proper attire during the assembly process. Do not wear clothing which is too loose. Do not wear open toed shoes.

Obtaining Service

Do not attempt to service the product yourself except for maintenance tasks described in this manual.

Refer to the Adjustments and Maintenance section at the back of this manual for information on product operation and service.

For further information, visit our website at **www.torquefitness.com** or contact us at **service@torquefitness.com**

If you call or email customer service, have the model number and serial number(s) available. The location of the model and serial numbers are indicated in the back of this manual. For future reference, write the model and serial number(s) in the space below.

Model Number:_____

Serial Number(s):_____

GENERAL NOTES

CAUTION: More than one person is required to assemble this unit. Do not attempt to assemble by yourself.

Unpacking the Equipment

This product may be packaged and shipped in multiple boxes. Parts from all of the boxes are required for various steps during the assembly process.

Carefully open each box and arrange all the parts near the area where assembly is to take place.

CAUTION: Use extreme care when cutting plastic tie wraps and package banding. A wire cutter works best for protecting yourself and the parts.

CAUTION: Some of the internal boxes may contain upholstery. Do not use a utility knife to open any boxes or the pads may be damaged.

The hardware is packed in bags. Carefully open each bag and sort them per parts list on the next page.

Before starting assembly, identify each part and hardware item as listed in the parts list on the next page. If any items are missing, contact Torque Fitness Customer service at: 763-754-7533 or service@torquefitness.com

Note: Some items listed in the parts list may already be pre-installed on the product.

Tools Required

- Phillips screw driver
- 7/16" Socket
- 1/2" Socket
- Rachet for sockets and bits
- T40 Torx bit
- 3/8" Allen wrench or bit
- Wire snips (to cut plastic tie wraps)
- Scissors or utility knife (to cut hardware bags)
- Tape measure

Optional Equipment

Optional equipment may be available for this product.

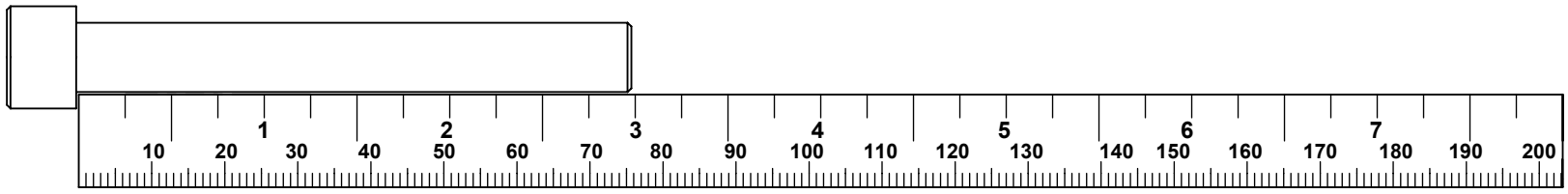
Follow the instructions included with the optional equipment to assemble it to the base product.

Assembly Tips

- In a continual effort to improve our products, specifications are subject to change.
- A 8" scale is provided at the bottom of this page. To correctly measure the bolts, measure from underneath the bolt head to the end of the bolt as illustrated below.
- Read all notes on each page before beginning that step.
- Some of the items shown in the assembly steps may already be pre-assembled.

Assembly Tips Continued

- **Note:** Some items have been hidden for assembly clarity.
- **Note:** Some pre-assembled parts may need to be temporarily removed in order to complete the step. Follow the instructions or damage to the product could occur.
- Some parts may have extra holes that will not be used. Use only the holes depicted in the instructions.
- Certain parts make reference to the right and left side of the machine. In order to determine the left and right side, stand in front of the machine.
- Provide ample space around the product for ease of assembly.
- **DO NOT** fully tighten any connections until instructed to do so. This will help insure that the alignment of all of the parts will be correct.
- Insert all bolts in the direction indicated in the instructions. Failure to do so may result in clearance issues and will degrade the aesthetics of the product.
- Carefully follow instructions for all pivot points. In general, primary rotating parts have connections that should be securely tightened, while secondary connections need to be loosen 1/4 turn.



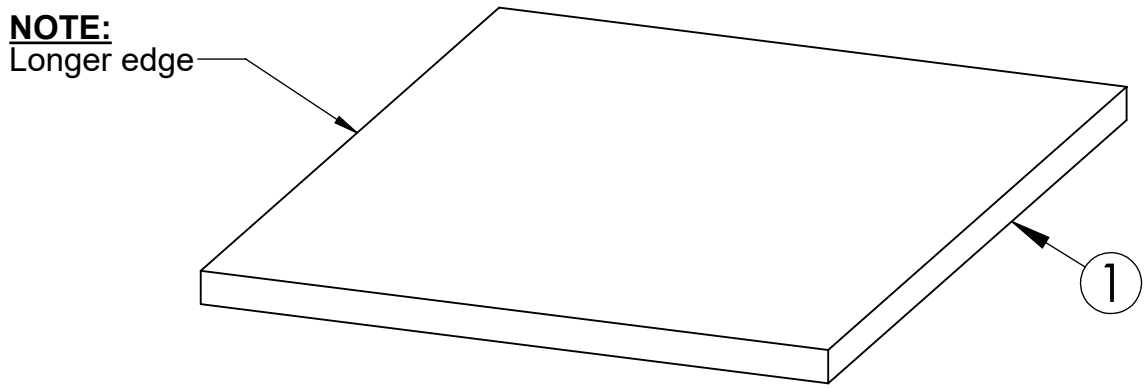
PRSA-4 PARTS LIST

ITEM NO.	PART NUMBER	DESCRIPTION	QTY.
1	PFC-4-101	PLATFORM FOAM CENTER, 4 FT (1.2 M)	1
2	PRC-4-101	PLATFORM, RUBBER CENTER, 4 FT (1.2 M)	1
3	5948401	WELDMENT, THREADED HOLD	2
4	2044301	SCREW, M4 X 35 SELF-TAPPING PAN HEAD, SS	4
5	6065901	ASSEMBLY, BACKING BRACKET	2
6	5947301	WELDMENT, PLATFORM, LEFT FRONT	2
7	5947101	WELDMENT, PLATFORM, RIGHT FRONT	2
8	2051401	WASHER, M8 X 16 X 1.6 SS	10
9	2001601	NUT, 5/16-18 LK ST ZN	2
10	2054201	HHCS, 1/4-20 X 1/2, GR 5 CZ	4
11	6004101	ASSEMBLY, PLATFORM COVER BRACKET	2
12	2054301	TBHCS, M8X1.25 X 20L, SS	8
13	6066001	ASSEMBLY, PLATFORM SIDE, SMALL	2
14	6040301	BRKT, CORNER COVER 1	2
15	6040401	BRKT, CORNER COVER 2	2
16	5872701	CASTING, BASE FOOT 1	2
17	5872801	CASTING, BASE FOOT 2	2
18	2006804	BOLT, 1/2-13 X 1-1/4" (32mm) SOCKET HEAD W/NP	4
19	PLZB-101	PLATFORM LANDING ZONE BLOCK, COVERED	4
20	TORF026	RUBBER MAT, SHORT	2
21	PRMP-101	PLATFORM RAMP (OPTIONAL - SEE PAGE 13)	1 or 2

PWSA-4 PARTS LIST

ITEM NO.	PART NUMBER	DESCRIPTION	QTY.
1	PFC-4-101	PLATFORM FOAM CENTER, 4 FT (1.2 M)	1
2	PWC-4-101	PLATFORM, WOOD CENTER, 4 FT (1.2 M)	1
3	5948401	WELDMENT, THREADED HOLD	2
4	2044301	SCREW, M4 X 35 SELF-TAPPING PAN HEAD, SS	4
5	6065901	ASSEMBLY, BACKING BRACKET	2
6	5947301	WELDMENT, PLATFORM, LEFT FRONT	2
7	5947101	WELDMENT, PLATFORM, RIGHT FRONT	2
8	2051401	WASHER, M8 X 16 X 1.6 SS	10
9	2001601	NUT, 5/16-18 LK ST ZN	2
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13	6066001	ASSEMBLY, PLATFORM SIDE, SMALL	2
14	6040301	BRKT, CORNER COVER 1	2
15	6040401	BRKT, CORNER COVER 2	2
16	5872701	CASTING, BASE FOOT 1	2
17	5872801	CASTING, BASE FOOT 2	2
18	2006804	BOLT, 1/2-13 X 1-1/4" (32mm) SOCKET HEAD W/NP	4
19	PLZB-101	PLATFORM LANDING ZONE BLOCK, COVERED	4
20	TORF026	RUBBER MAT, SHORT	2
21	PRMP-101	PLATFORM RAMP (OPTIONAL - SEE PAGE 13)	1 or 2

STEP 1

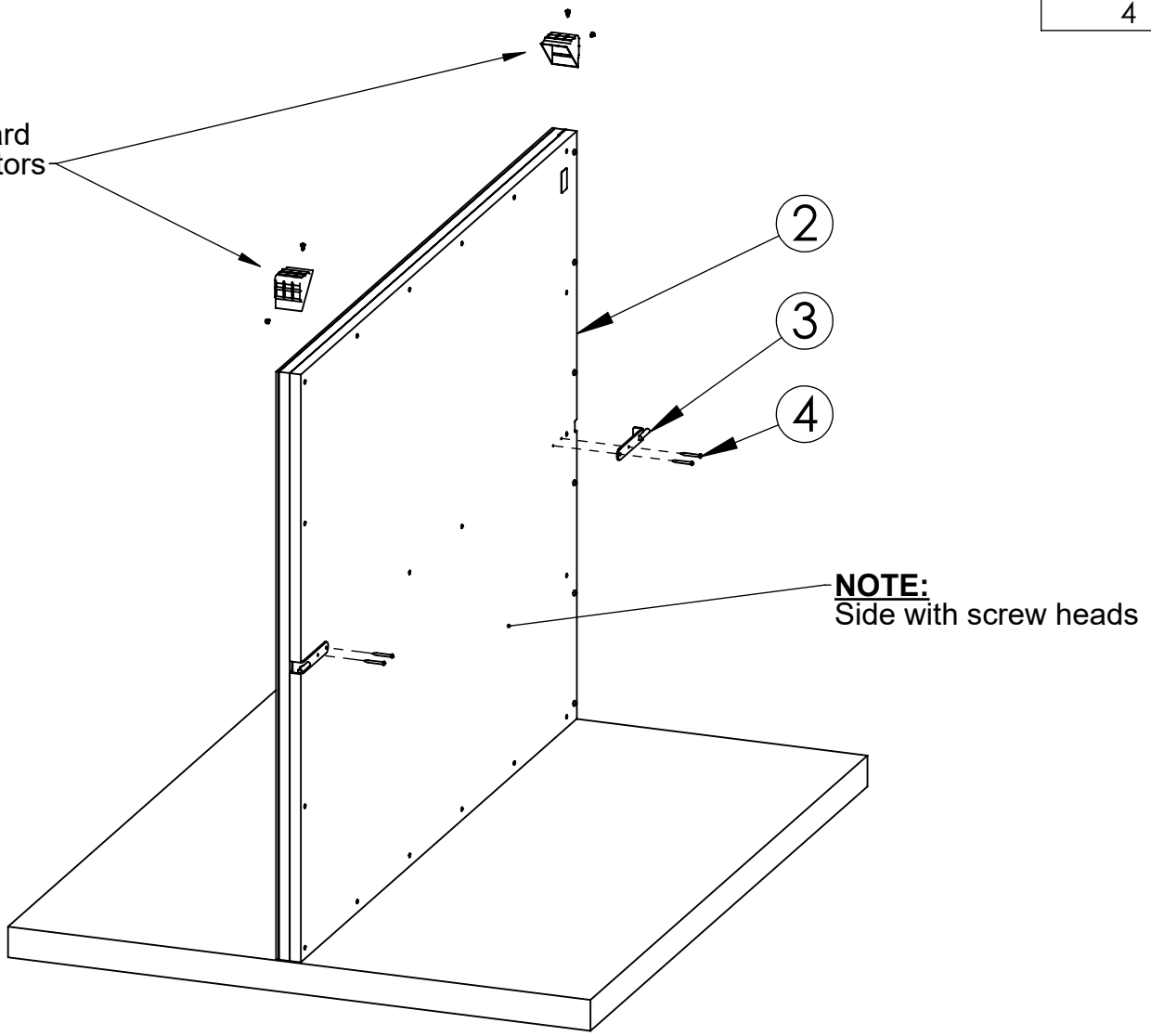


NOTE:

PLACE CENTER FOAM ON FLOOR

STEP 2

HARDWARE REQUIRED	
ITEM NO.	QUANTITY
4	4

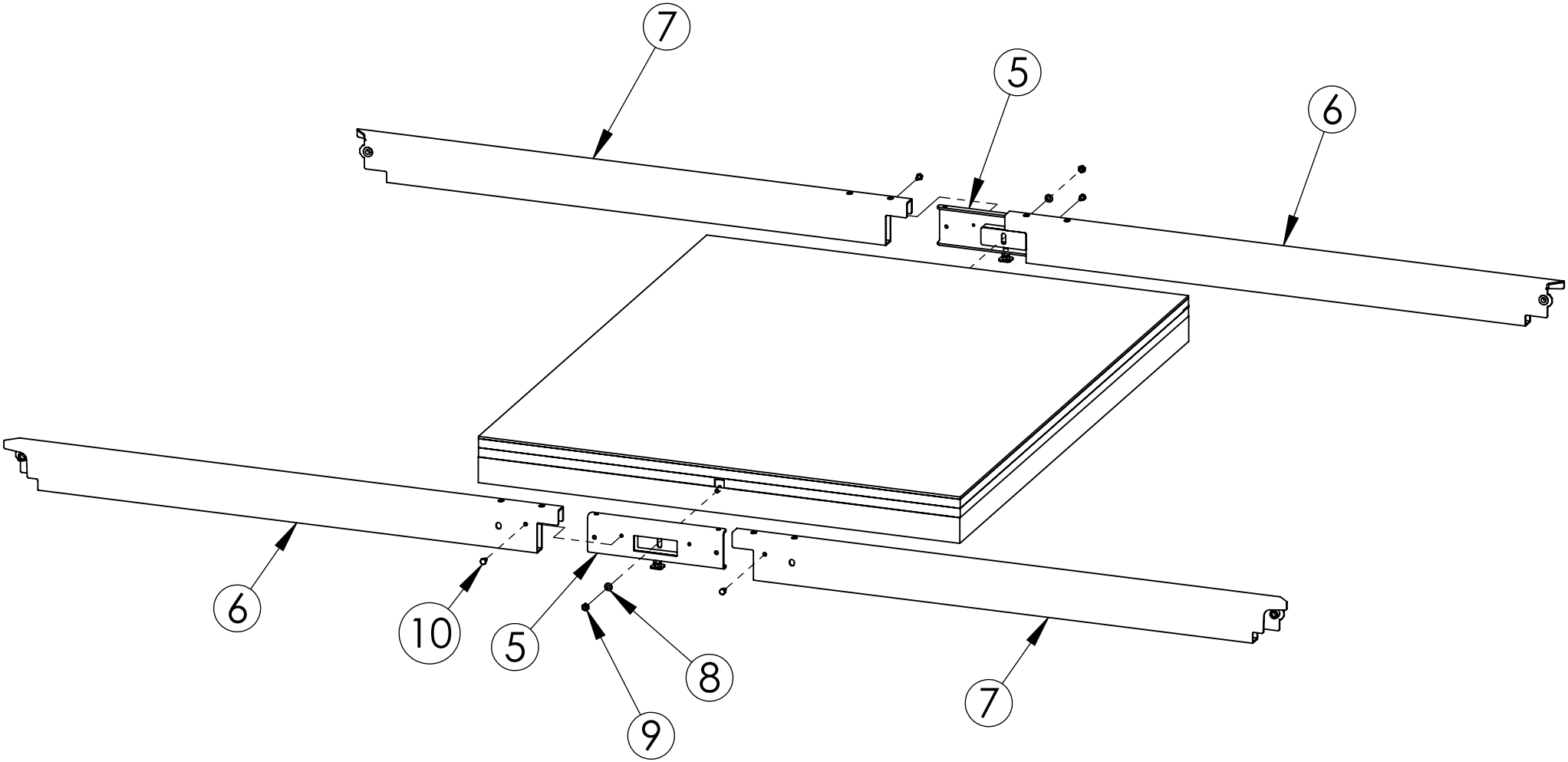


NOTE:

SECURELY tighten all bolt connections in this step.

STEP 3

HARDWARE REQUIRED	
ITEM NO.	QUANTITY
8	2
9	2
10	4

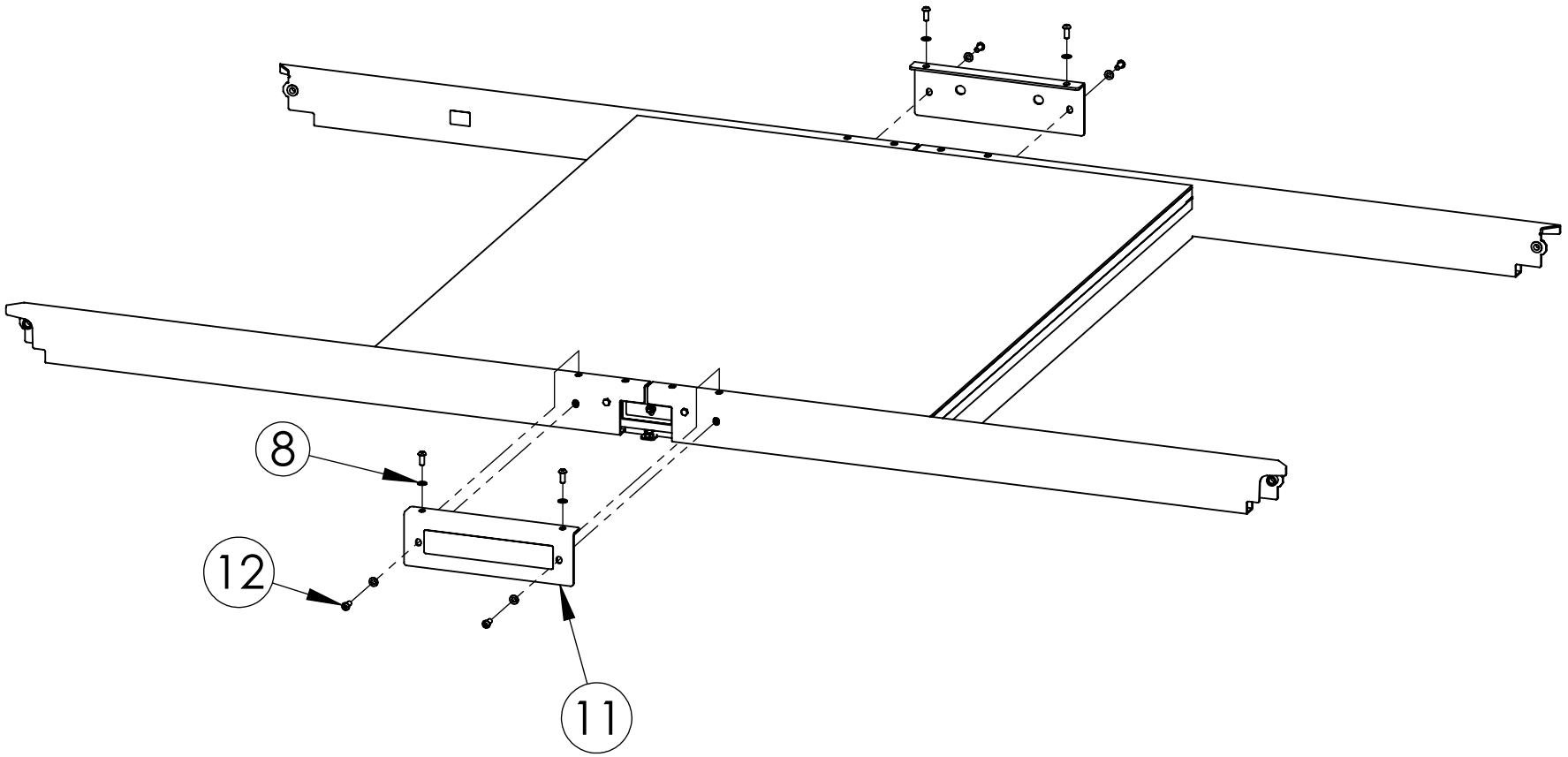


NOTE:

SECURELY tighten all bolt connections in this step.

STEP 4

HARDWARE REQUIRED	
ITEM NO.	QUANTITY
8	8
12	8

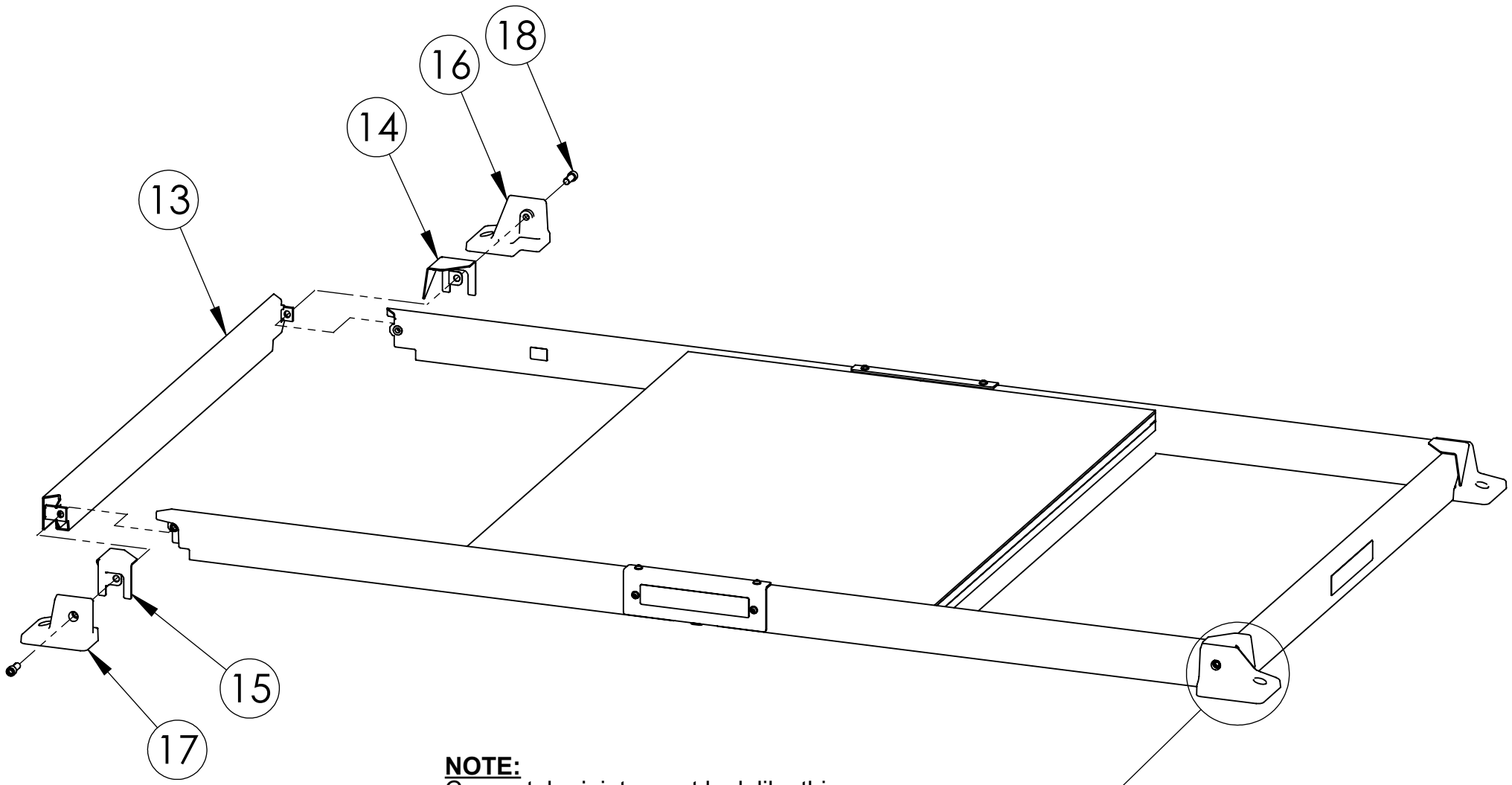


NOTE:

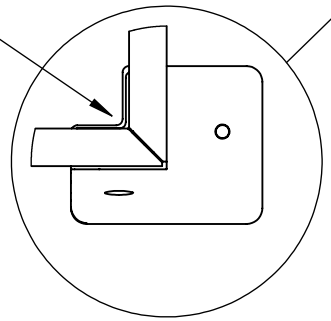
SECURELY tighten all bolt connections in this step.

STEP 5

HARDWARE REQUIRED	
ITEM NO.	QUANTITY
18	4



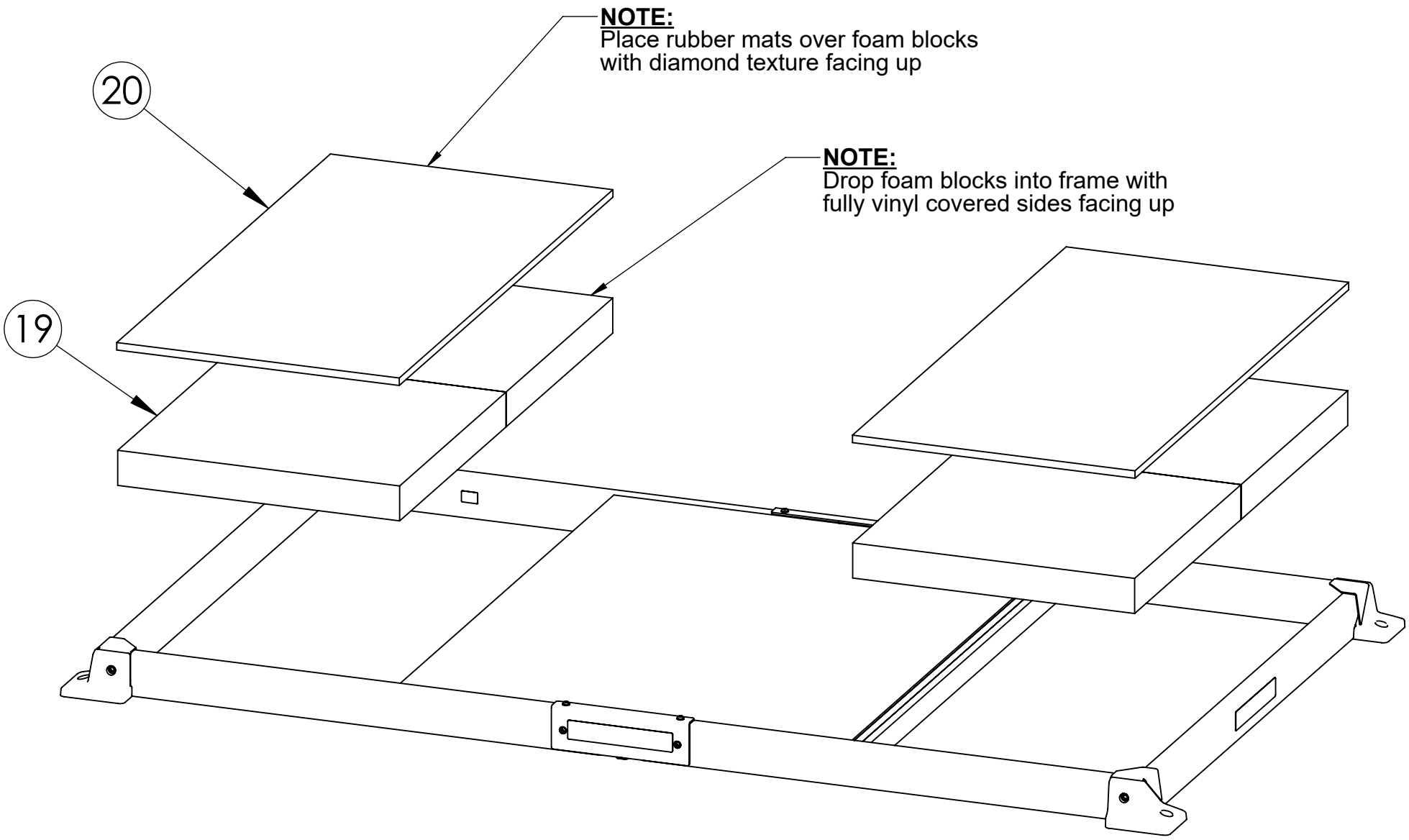
NOTE:
Corner tube joints must look like this
Shown without corner cover bracket



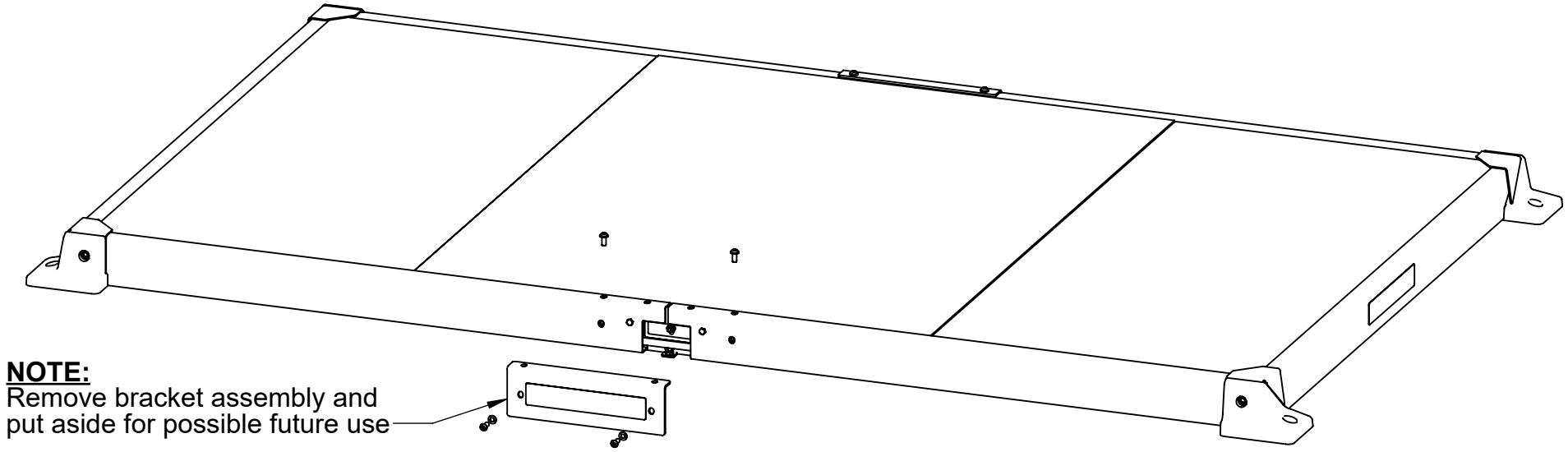
NOTE:

SECURELY tighten all bolt connections in this step.

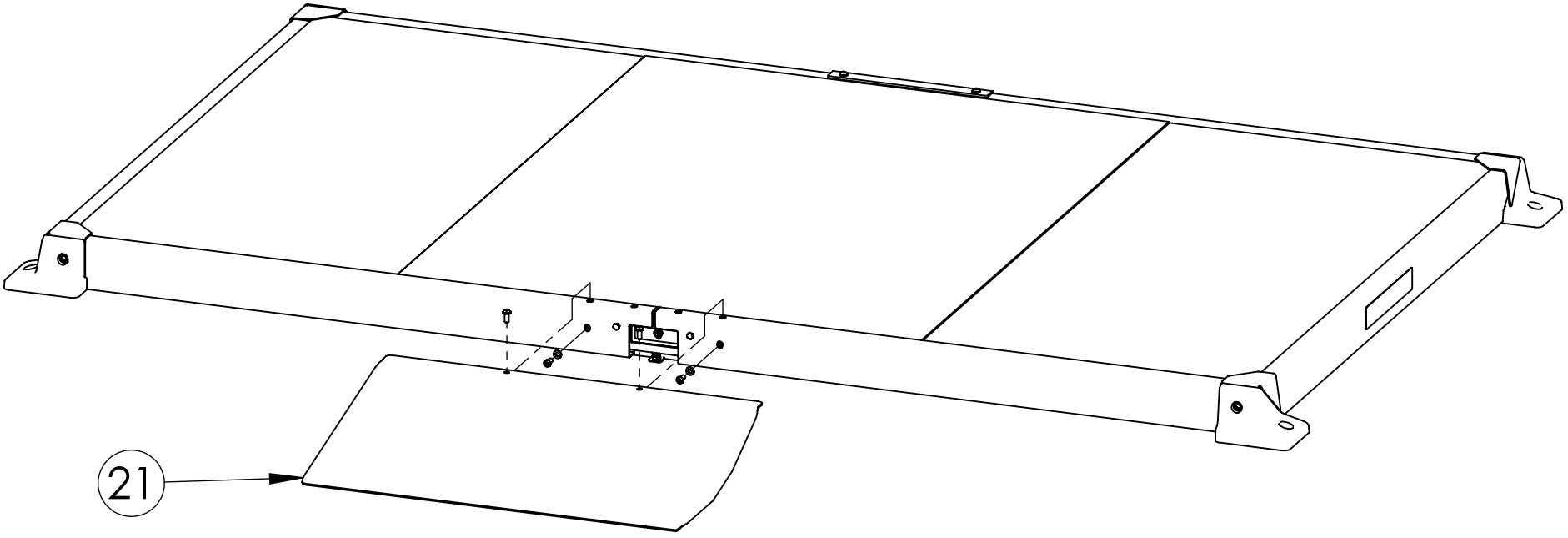
STEP 6


NOTE:
Place rubber mats over foam blocks
with diamond texture facing up
20
NOTE:
Drop foam blocks into frame with
fully vinyl covered sides facing up
19

OPTIONAL RAMP



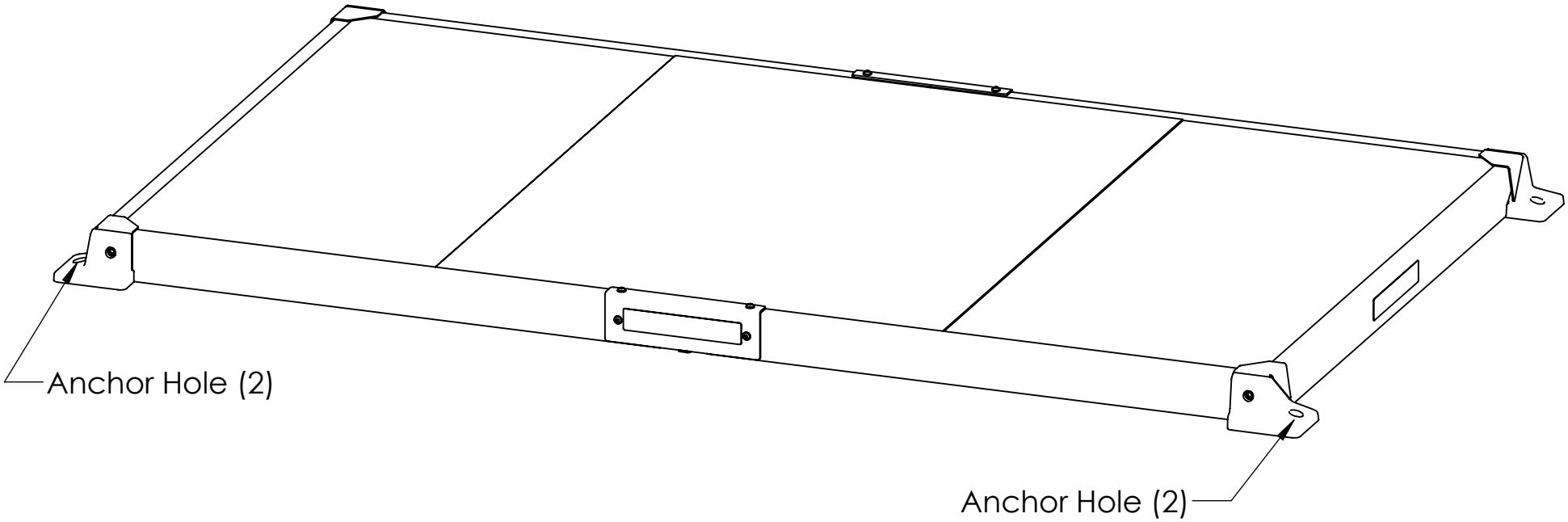
NOTE:
Remove bracket assembly and
put aside for possible future use



NOTE:

SECURELY tighten all bolt connections in this step.

ANCHORING



NOTE:

Anchor RACK and PLATFORM to the floor referencing X-SERIES FLOOR ANCHORING INSTRUCTIONS that can be downloaded from commercial.torquefitness.com/pages/assembly-manuals

MAINTENANCE

FRAME: Wipe down with damp cloth

FOAM BLOCKS IN LANDING ZONES:
For greater longevity, rotate each foam block a 1/4 turn every few months or upon noticing a depression in the center of the rubber tile. The amount of use your equipment gets will dictate the frequency required.

The landing zone components are considered wear and tear materials.

For customer service contact Torque
Fitness Customer service at: 763-754-7533
(8:30 am - 5:00 pm CST) or service@torquefitness.com

