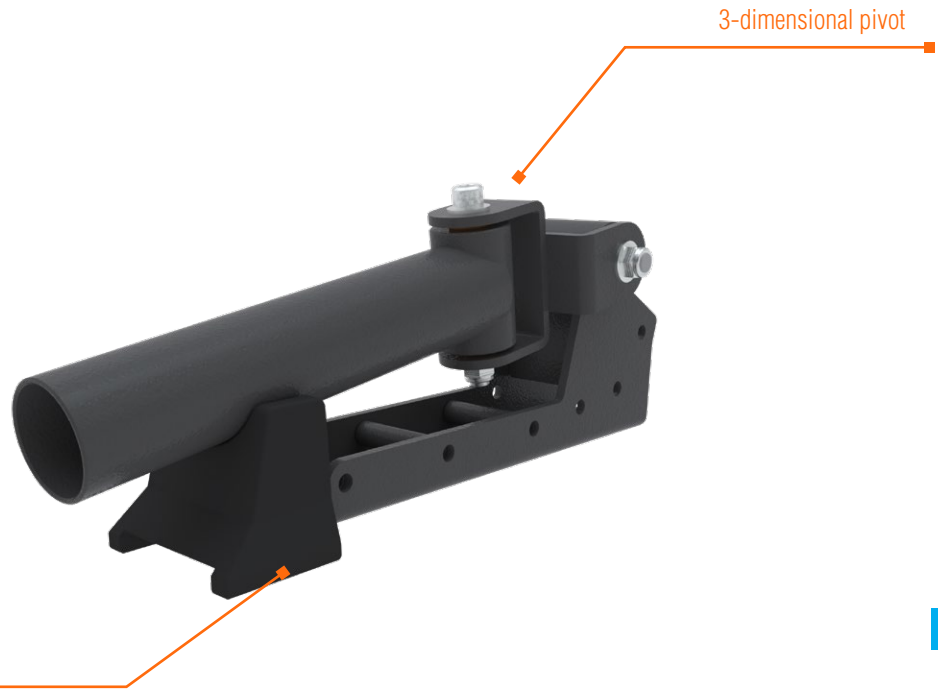


Also referred to as a landmine, the ground rotational trainer attaches to the base of the X-Create upright to provide rotational training with any sized Olympic Bar.

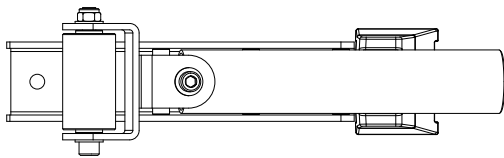
Compatible with Bar and Plate storage which can be interchangably mounted on either the left or the right side of the GRT to accommodate area requirements



Molded rubber keeps GRT centered in the storage position

Model number	XCREATE-GRT
Dimensions	18.5" x 5.5" x 7.4" (47.1 cm x 14.0 cm x 18.8 cm)
Weight	18.0 lb (8.2 kg)
Compatibility	X-Create

### TOP VIEW



### NOTE

- MOUNTS TO X-CREATE UPRIGHTS
- XCREATE-GRTBS AND XCREATE-GRTPS CAN BE ADDED FOR ADDITIONAL BAR OR PLATE STORAGE